# **Bio-Inspired Design**

### **Biograsping: biomechanisms of hands**

Just Herder



www.imagedirekt.com



Faculty of Mechanical, Maritime, and Materials Engineering Department of BioMechanical Engineering



**Delft University of Technology** 

### **Overview**

Biomechanisms in grasping

- Grasping in biology
- Biomechanics of the human hand
- Application in mechanical hand prosthesis design
  - Bio-inspired joints and ligament topologies
  - Underactuation and redundancy



March 10, 2010

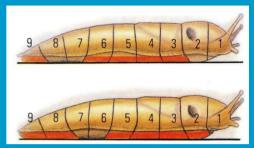
Grasping

Suction

### Adhesion

Grip increases by:
> Friction coefficient
Changing Fn-direction
Using shape Grip





Play with size & shape contact area & viscosity



Flexible surface increases friction

Release by unsticking or unrolling







March 10, 2010

© 2008 Paul Breedveld

### **Overview**

- Focus of Paul's lecture: grasper-object interaction and variety of principles to create these effects
- Focus of this lecture: biological solutions to mechanically control the grasp motion and force

...but first yet another example



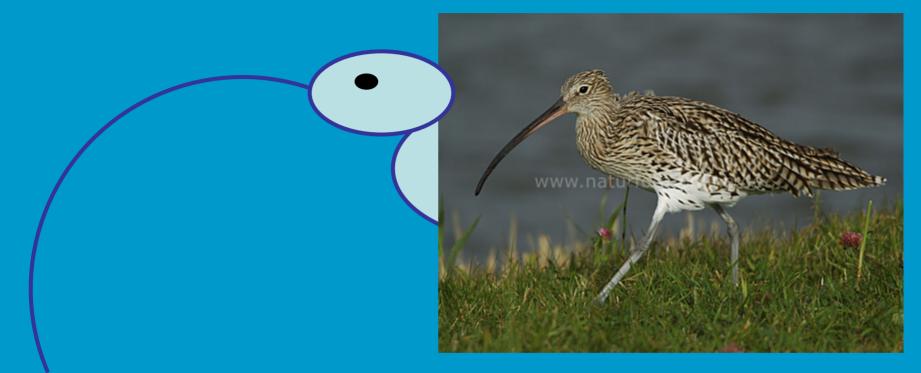
March 10, 2010



**Großer Brachvogel** Western Curlew *Numenius arquata* Bontbekplevier



March 10, 2010

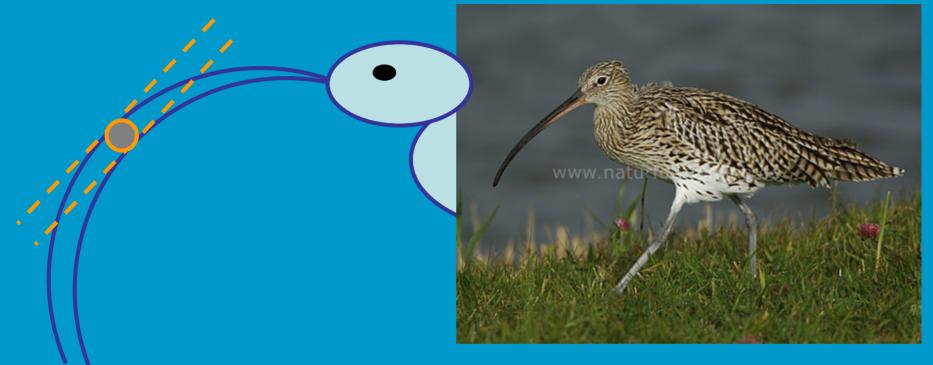


**Großer Brachvogel** Western Curlew *Numenius arquata* Bontbekplevier



6

March 10, 2010



**Großer Brachvogel** Western Curlew *Numenius arquata* Bontbekplevier



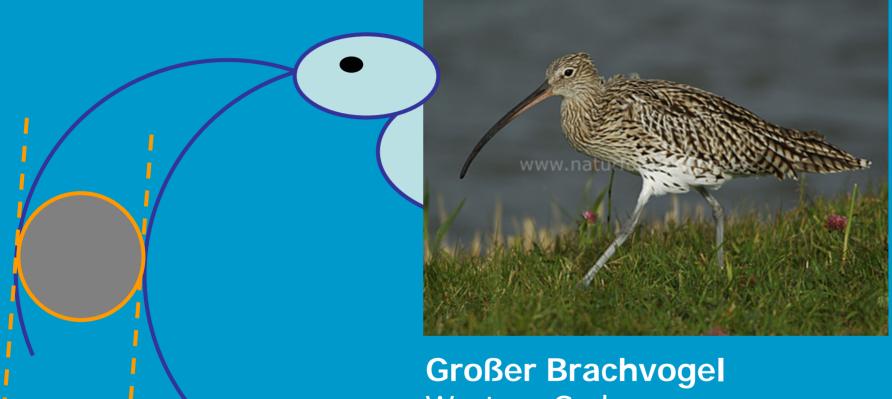
March 10, 2010



**Großer Brachvogel** Western Curlew *Numenius arquata* Bontbekplevier



March 10, 2010



Großer Brachvogel Western Curlew *Numenius arquata* Bontbekplevier



March 10, 2010



**Großer Brachvogel** Western Curlew *Numenius arquata* Bontbekplevier



March 10, 2010

March 10, 2010



### The human hand

http://www.onlinekunst.de/februarzwei/22\_02\_chopin\_2bio.html

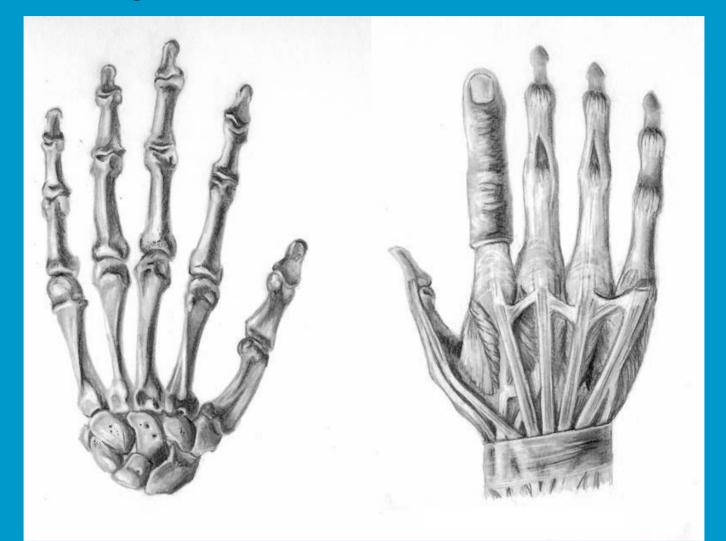
# Particularly... cast of Frederic Chopin's left hand

March 10, 2010

**∀ T**UDelft 12

http://www.usc.edu/dept/ polish music/news/nov04.html

### Anatomy



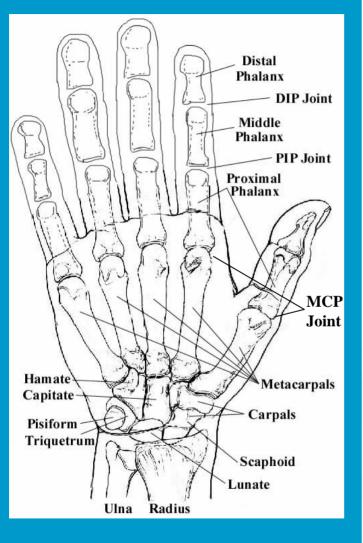
March 10, 2010

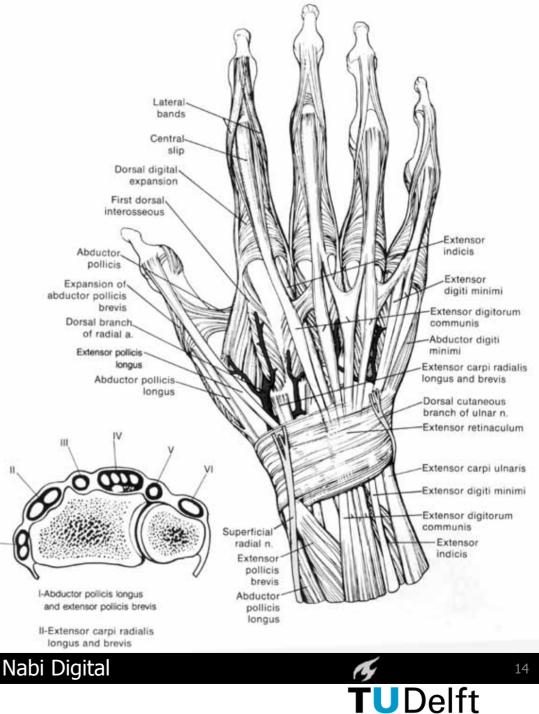
Nabi Digital



13

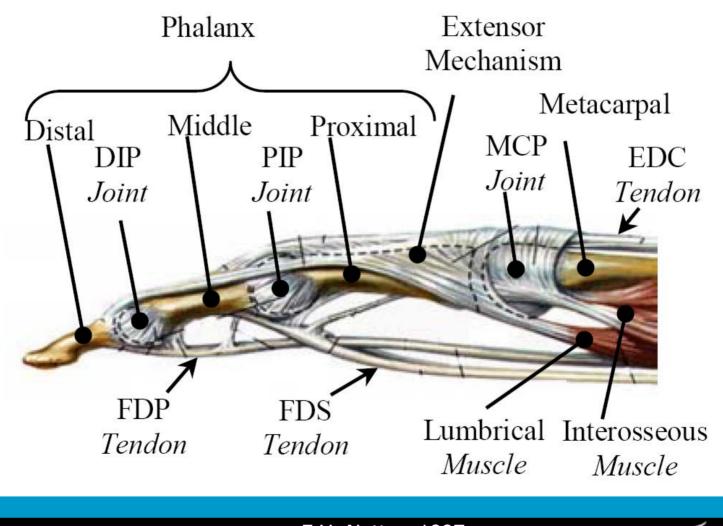
### Anatomy





March 10, 2010

### Ligaments and tendons



March 10, 2010

F.H. Netter, 1997

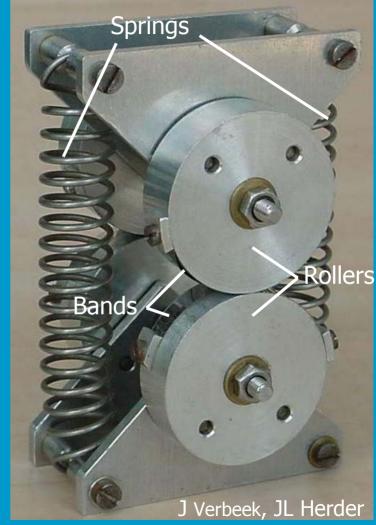
© 2008 Just L. Herder

**TU**Delft

# **Bio-inspired joints**

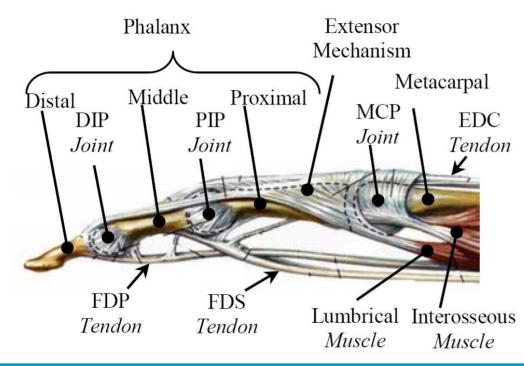


March 10, 2010

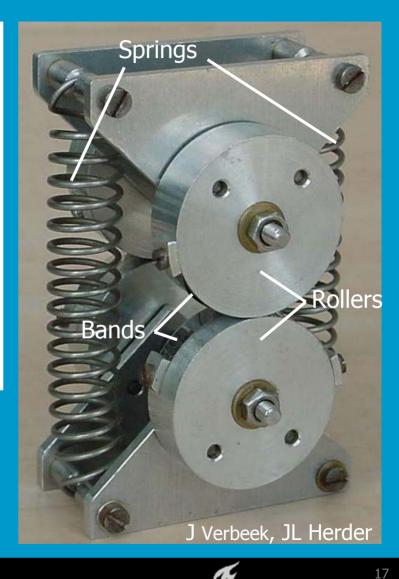




# **Bio-inspired joints**



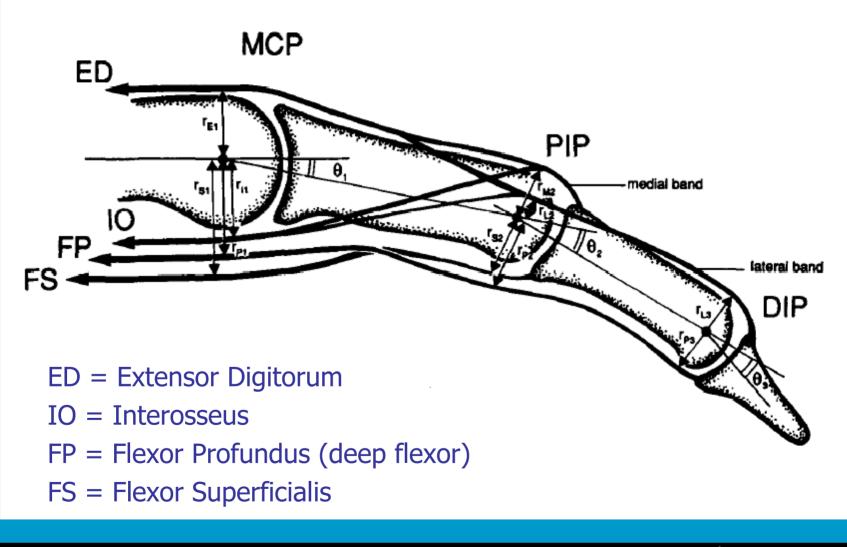
F.H. Netter, 1997





March 10, 2010

### **Landsmeer Model**



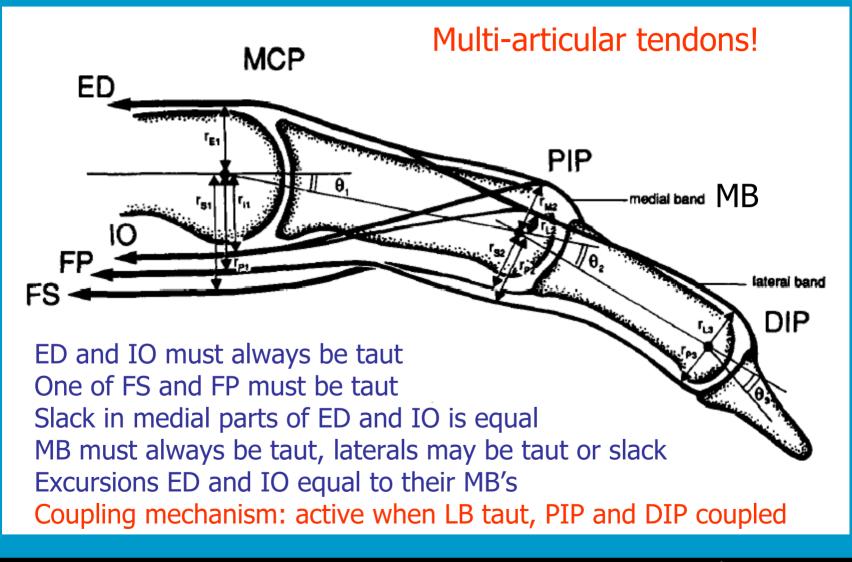
Landsmeer model, in J.N.A.L. Leijnse, 1992

18

**TU**Delft



March 10, 2010

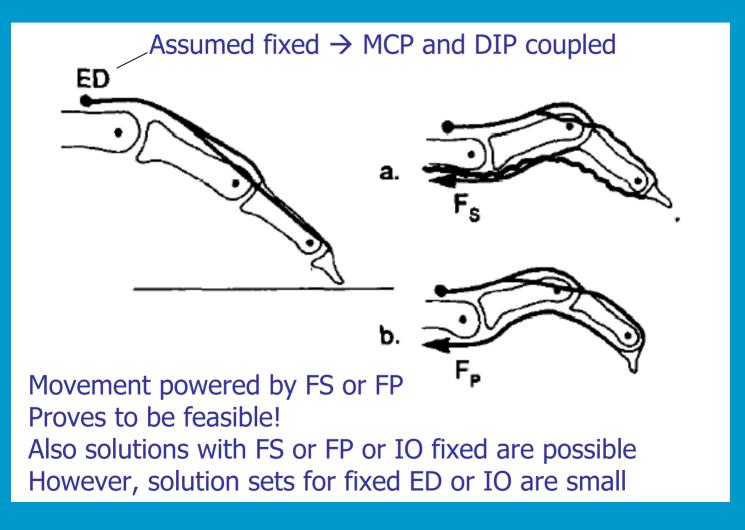


March 10, 2010

J.N.A.L. Leijnse et al., 1992



19



March 10, 2010

J.N.A.L. Leijnse et al., 1992

© 2008 Just L. Herder



Delft

### **Biomechanics** Juncturae tendini

- Connections between tendons
- Challenge wrt independence
   of fingers
- Source of problems in musicians hands



March 10, 2010

Figure: Carl Toldt

UDelft

### **Biomechanics Muscle coactivation**

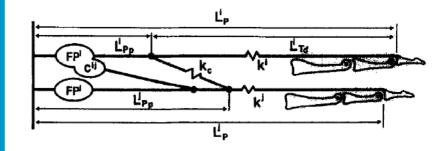


Fig. 2. Model of two deep flexors with coactivation  $c^{ij}$  and interconnected by a connection with stiffness  $k_c$ 

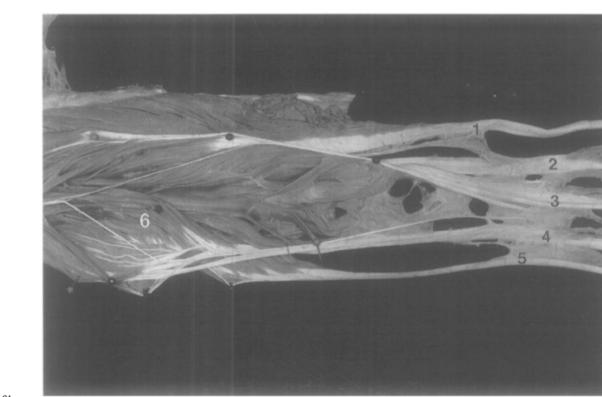


Fig. 3. Models of coactivation: (a)  $N_i$  and  $N_j$  are the muscle fibres activated with muscle  $M_i$  and  $M_j$ , resp. Some of these fibres cross-insert the other end tendon, distal to a strong passive connection.

(b)

Fig. 1. Dissection photograph of a deep flexor muscle group. Tendon 1: thumb. Tendons 2. .... 5: index to into the wrong tendon. (b) Muscle fibres activated with  $N_i$  insert into little finger. 6: common muscle part from which tendon fibres to the tendons 4 and 5 originate. Such common muscle parts may explain the phenomenon of coactivation.

J.N.A.L. Leijnse, 1997



22

#### March 10, 2010

Ni

© 2008 Just L. Herder

Ν

(a)

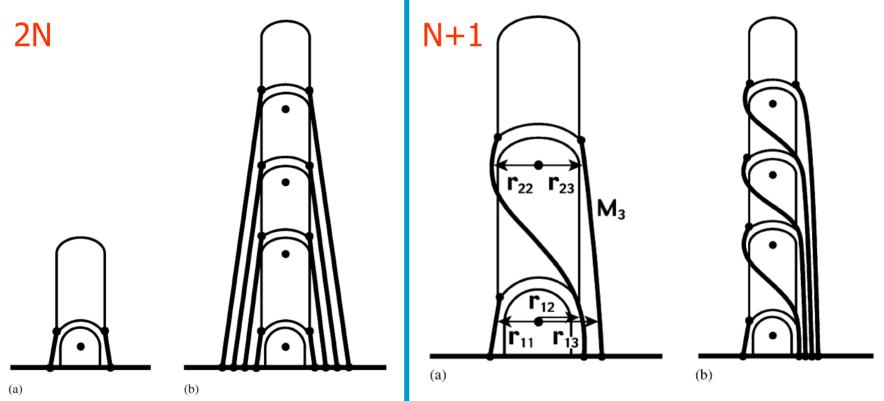
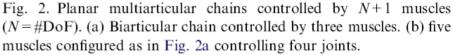


Fig. 1. Planar multiarticular chains with 2N muscles (N=#DoF). (a) Two antagonistic muscles controlling one joint. (b) Multiarticular chain with two antagonistic muscles per joint.



#### March 10, 2010

J.N.A.L. Leijnse, 2005

**TU**Delft

23

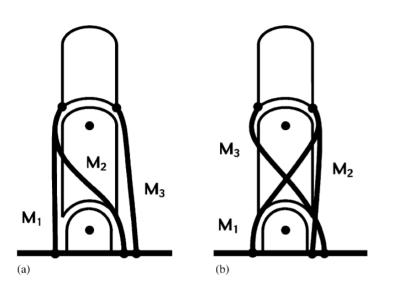


Fig. 4. Tendon configurations in which it is not visually clear if the chain is controllable. (a) Three-muscle biarticular chain as described by Landsmeer (1976). (b) Chain of Fig. 4a with the moment arms at the end joint reversed.

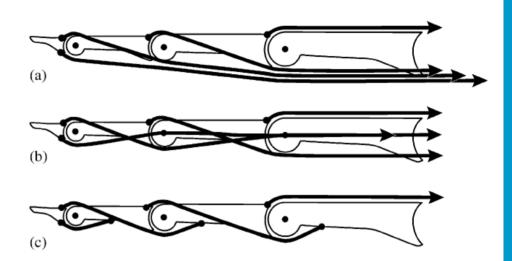


Fig. 3. Planar multiarticular chains controlled by N+1 muscles (N=#DoF). (a) Human finger joints controlled by the tendon configuration of Fig. 2b. (b) Muscles with non-zero moment arms at no more than two joints. (c) Control of the finger by mono- and biarticular muscles only.

March 10, 2010

J.N.A.L. Leijnse, 2005

UDelft

24

Human finger 5 DoF (3+1+1) 5 muscles, however Lumbrical and Interosseus dependent **Uncontrollable?** 1 tenodesis: CL at MCP 1 split tendon: E splits into  $T_M$ and  $T_{D}$ Hence even (some) redundancy 4 DoF and 5<sup>+</sup> DoA

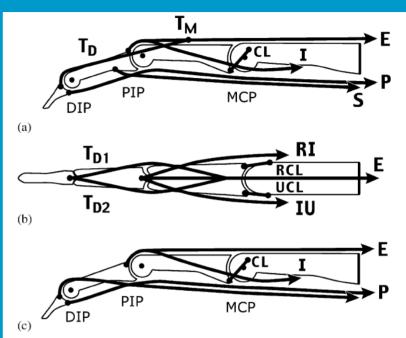


Fig. 6. (a) Simplified model of the human finger in the sagittal plane. E = extensor digitorum, I = interosseus, P = flexor digitorum profun $dus, S = flexor digitorum superficialis. <math>T_M$ ,  $T_D =$  insertions of extensor tendon in middle and end phalanx, respectively, CL = collateral ligaments of the MCP. The lumbrical is omitted. (b) Simplified model of the finger at the dorsal side, showing the two end tendons  $T_{D1}$  and  $T_{D2}$  of the extensor to the DIP joint and the radial (RI) and ulnar (UI) interossei. (c) Adaptation of the tendon configuration of Fig. 6a to allow independent control of the DIP joint. The superficial flexor S replaces the tendon  $T_D$  as antagonist of the deep flexor P at the DIP joint.

March 10, 2010

© 2008 Just L. Herder

J.N.A.L. Leijnse, 2005

25

Delft

### **Rock climbing**

MBI



March 10, 2010

C.



# **Rock climbing**

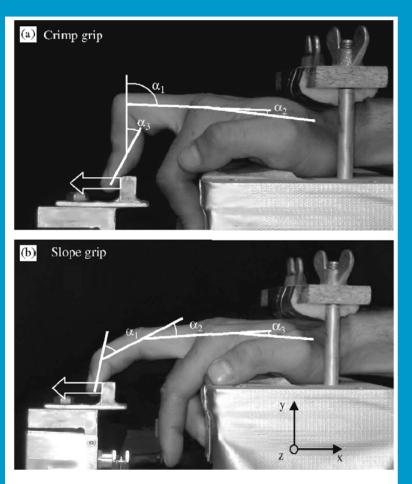


Fig. 1. Finger grip techniques tested in the experiment. A vice stabilized the wrist and a clamp stabilized the palm of the hand in order to ensure an isometric contraction of the finger flexor muscles.

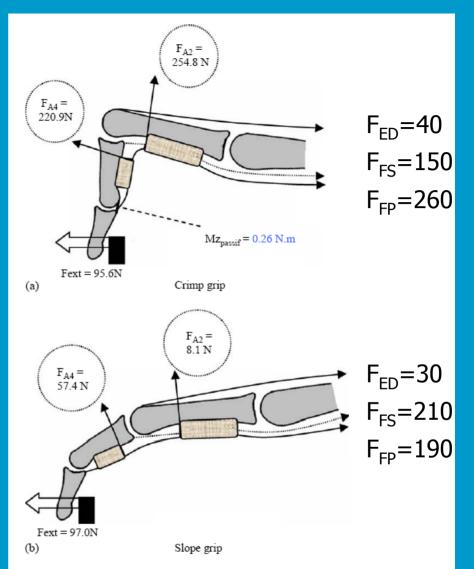


Fig. 6. Mean estimated tendon tensions and mean forces acting on A2  $(F_{A2})$  and A4  $(F_{A4})$  pulleys in the crimp grip (a) and in the slope grip (b). The intrinsic muscles were not presented to make the chart clearer.

#### March 10, 2010

Vigouroux, 2005

**TU**Delft

# **Rock climbing**

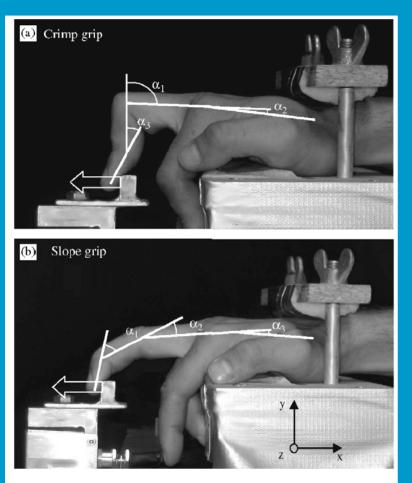


Fig. 1. Finger grip techniques tested in the experiment. A vice stabilized the wrist and a clamp stabilized the palm of the hand in order to ensure an isometric contraction of the finger flexor muscles.

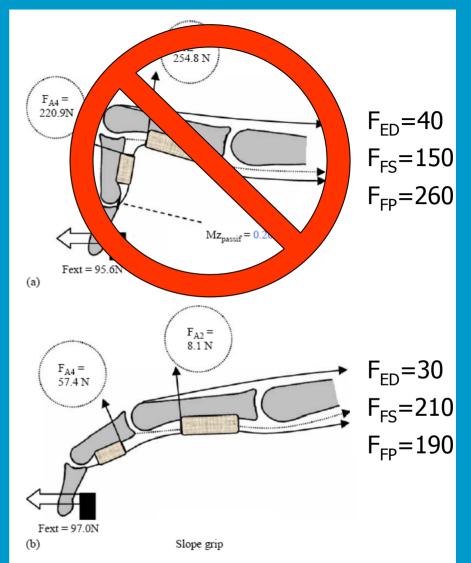


Fig. 6. Mean estimated tendon tensions and mean forces acting on A2  $(F_{A2})$  and A4  $(F_{A4})$  pulleys in the crimp grip (a) and in the slope grip (b). The intrinsic muscles were not presented to make the chart clearer.

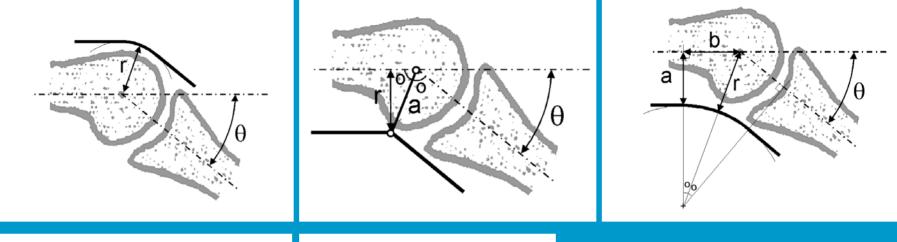
#### March 10, 2010

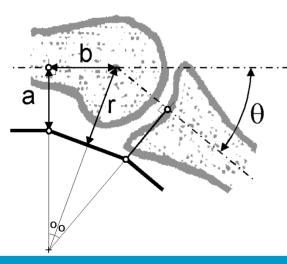
Vigouroux, 2005

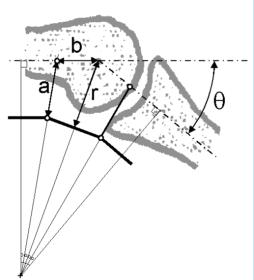


28

### **Finger models**





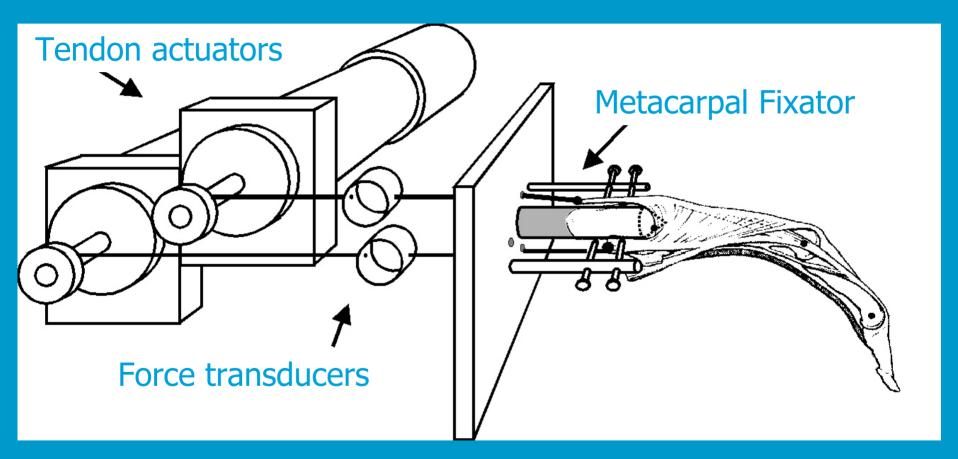


Top: Landsmeer 1,2, and 3 modelsBottom: Bowstring1 and 2 models



March 10, 2010

### **From kinematics to statics**

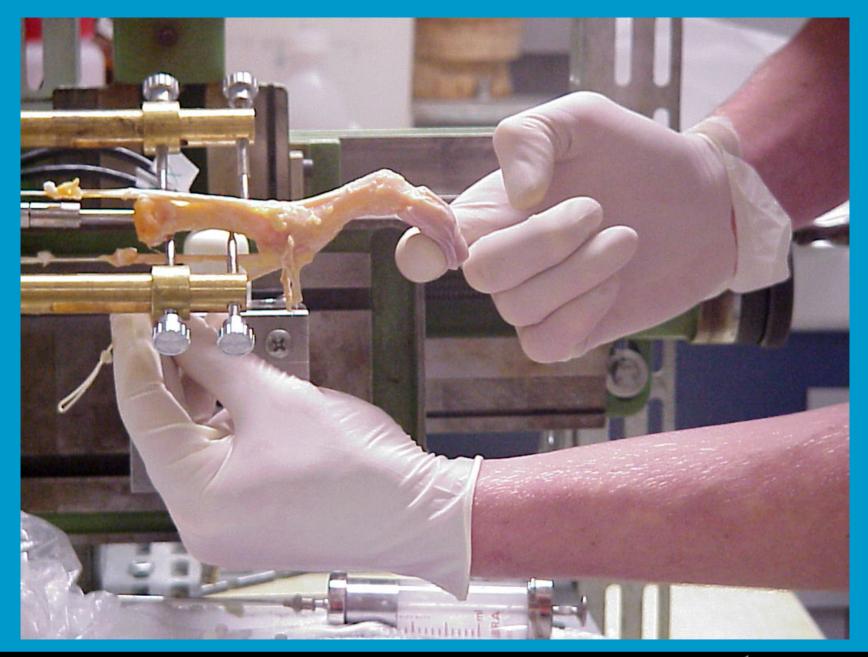


March 10, 2010 De Bruijne, Oderwald, Herder, Leijnse (1999)

© 2008 Just L. Herder

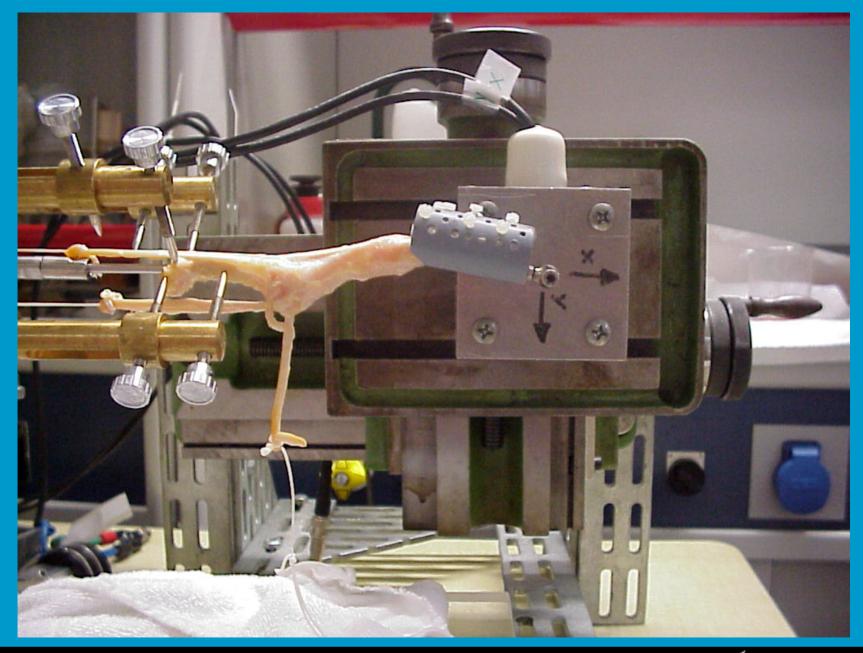


30



March 10, 2010 De Bruijne, Oderwald, Herder, Leijnse (1999)

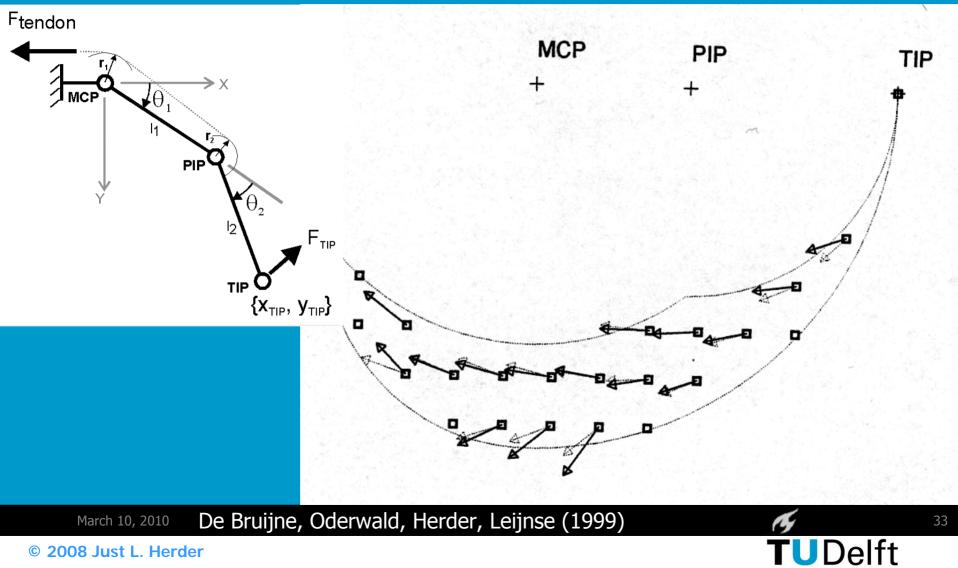




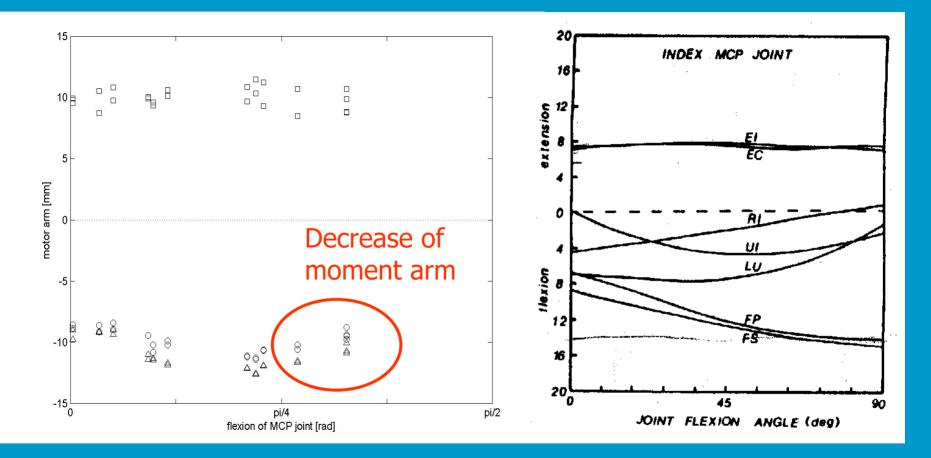
March 10, 2010 De Bruijne, Oderwald, Herder, Leijnse (1999)



### **Force transmission**



### **Moment arm determination**



An et al. (1983)

Moment arms for index finger (  $\Box \Box$  = Extensor ;  $\Delta$  = Flexor Superficialis; O = Flexor Profundus) at the MCP joint

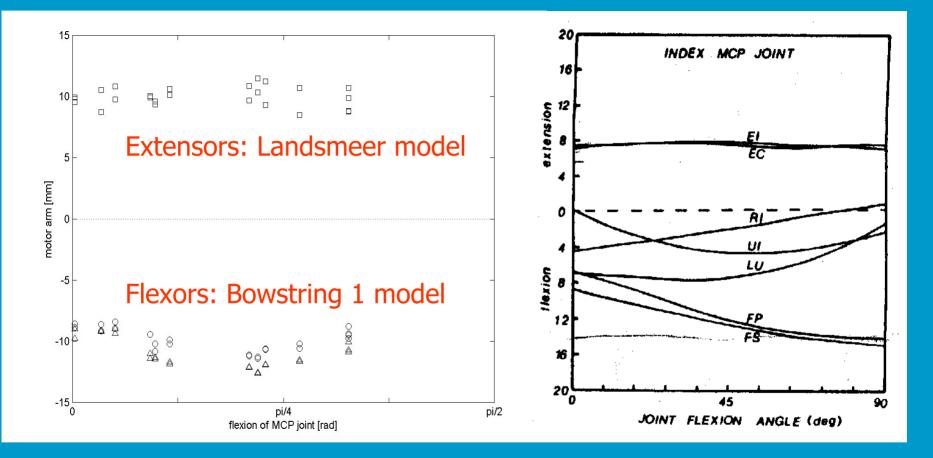
March 1 De Bruijne et al. (1999)

© 2008 Just L. Herder

34

UDelft

### **Moment arm determination**



An *et al.* (1983)

Moment arms for index finger (  $\Box \Box$  = Extensor ;  $\Delta$  = Flexor Superficialis; O = Flexor Profundus) at the MCP joint

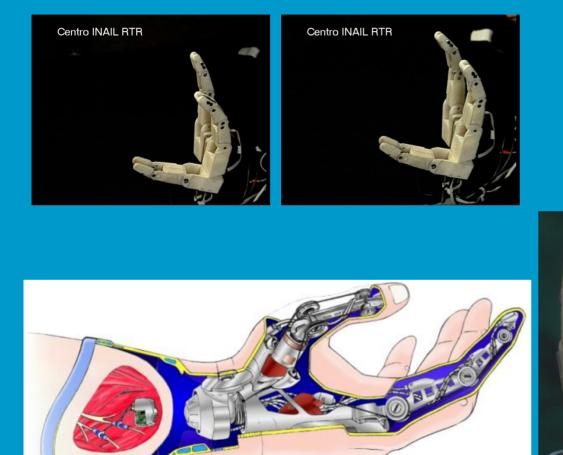
March 1 De Bruijne *et al.* (1999)

© 2008 Just L. Herder

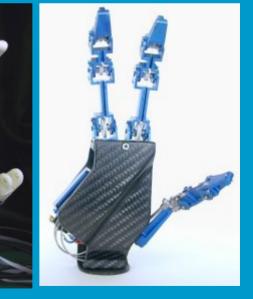
#### 35

**U**Delft

# **Application in hand prosthesis**

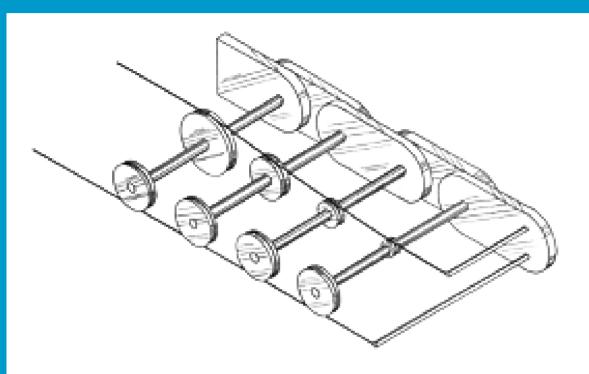


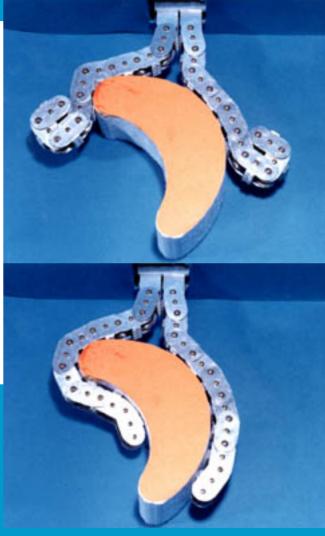
Cyberhand.org ARTS, Pisa, Italy



**∀ T**UDelft 36

March 10, 2010

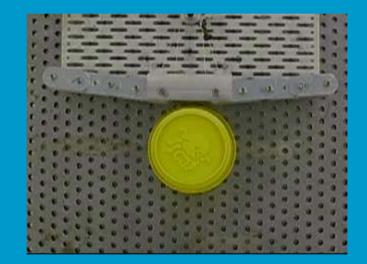




March 10, 2010

#### Shape Gripper, Shigeo Hirose, TITECH



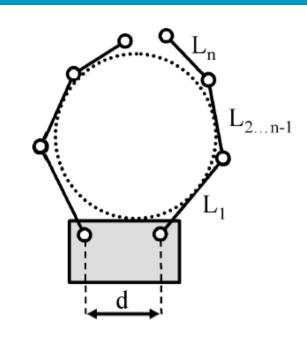


March 10, 2010

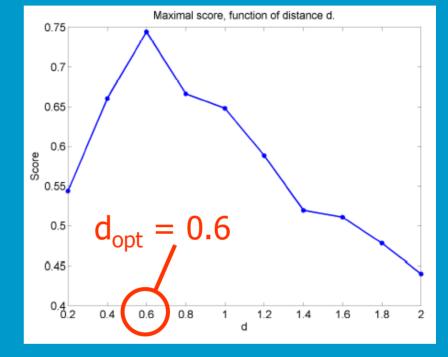
#### Jasper Schuurmans, TUD BMechE, 2004



38



Three phalanges [ $L_1 L_2 L_3$ ]=[0.7 0.2 0.1]  $d_{opt} = 0.6$ 



| No. of phalanges $n$ | $\max(G)$ | w.r.t. $n - 1$ |
|----------------------|-----------|----------------|
| 1                    | 0.532     | N/A            |
| 2                    | 0.613     | +15 %          |
| 3                    | 0.744     | +21 %          |
| 4                    | 0.803     | +8 %           |

Jasper Schuurmans, TUD BMechE, 2004

© 2008 Just L. Herder

March 10, 2010

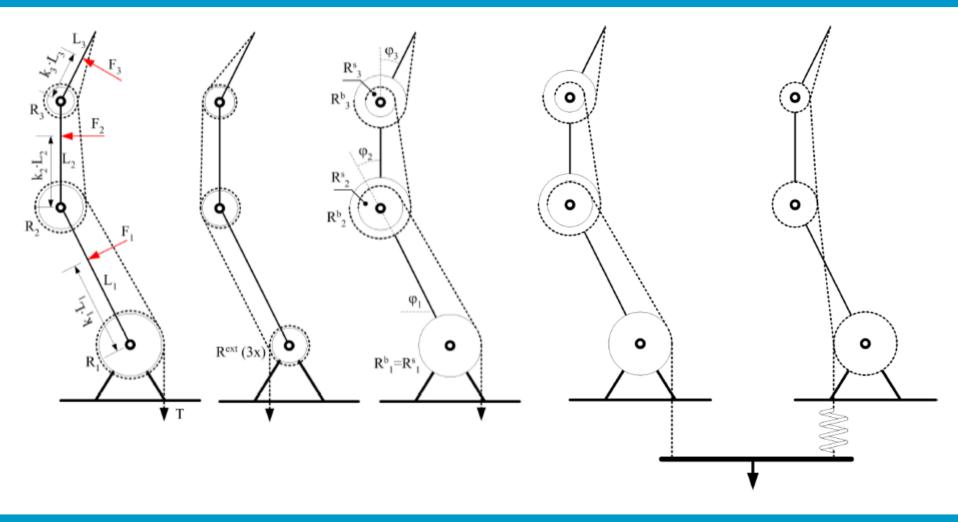
Delft

- Mechanism 1: according to Soft Gripper
  - Optimized for uniform force distribution in straight configuration
- Mechanism 2: Similar with modified pulleys
  - Optimized for uniform force distribution throughout range of motion
- Mechanism 3: Additional bi-articular tendon (flexing PIP and DIP, extending MCP)
  - Optimized as previous mechanism

March 10, 2010

Jasper Schuurmans, TUD BMechE, 2004



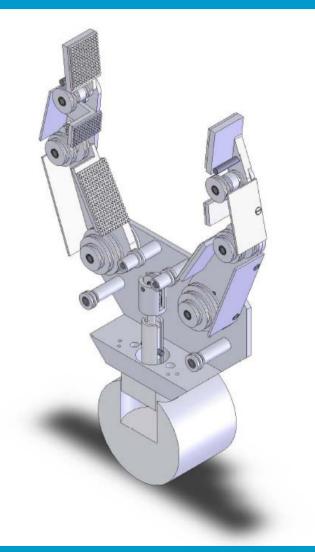


March 10, 2010

#### Jasper Schuurmans, TUD BMechE, 2004

**TU**Delft



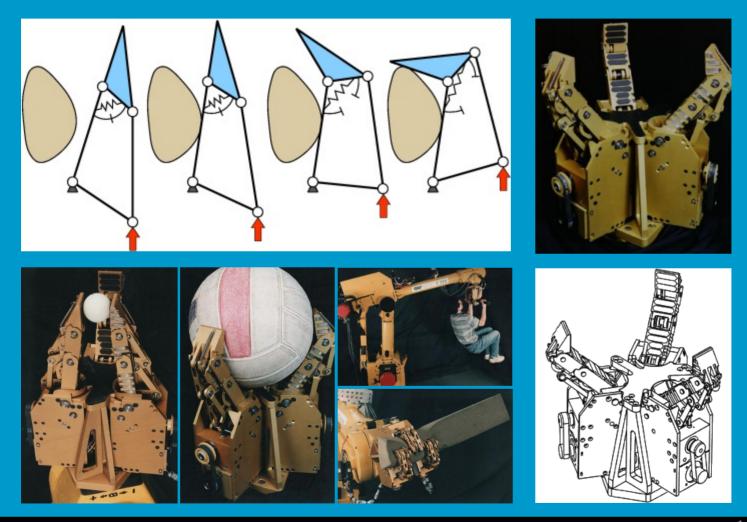


March 10, 2010

#### Jasper Schuurmans, TUD BMechE, 2004



### Application in mechanical hands Underactuated hands LAVAL



March 10, 2010

#### http://wwwrobot.gmc.ulaval.ca



43

## Application in mechanical hands Underactuation LAVAL

Highly Underactuated Self-Adaptive 10-DOF Robotic Hand (2 external motors)

http://www.robot.gmc.ulaval.ca/publications/brevets/pat6505870.pdf

© 2008 Just L. Herder



44

### Application in mechanical hands DLR Hand II



http://www.dlr.de/rm/Desktopdefault.aspx/tabid-397/

© 2008 Just L. Herder



45

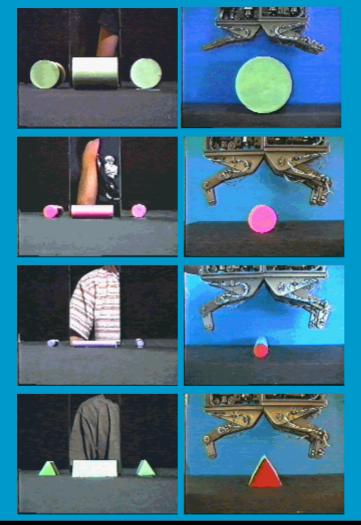
### **Application in mechanical hands** 100G Hand, Hiroshima University

Direct grasp

Sliding based grasp

Regraping based grasp

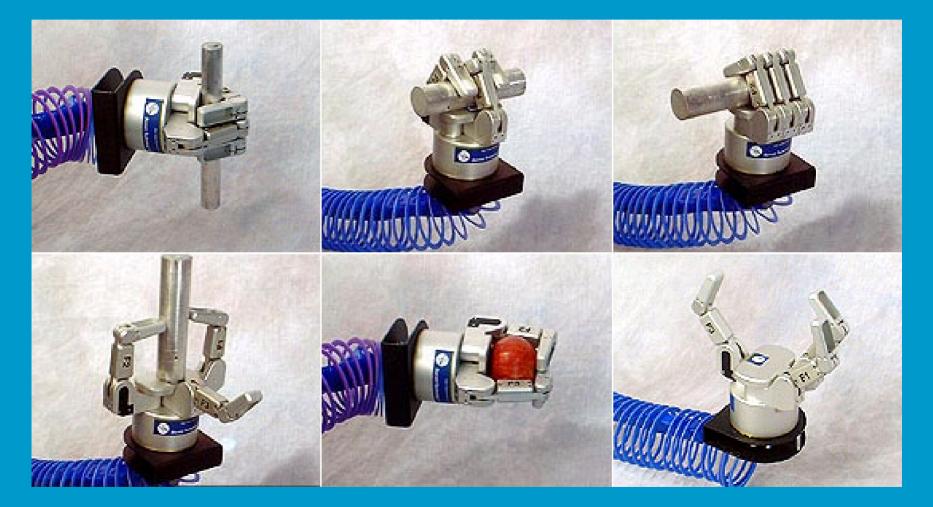
**Rotating motion** 



http://www.hfl.hiroshima-u.ac.jp/%7Ekaneko/english/research\_grasp.html



### **Application in mechanical hands** Barrett hand, commercially available



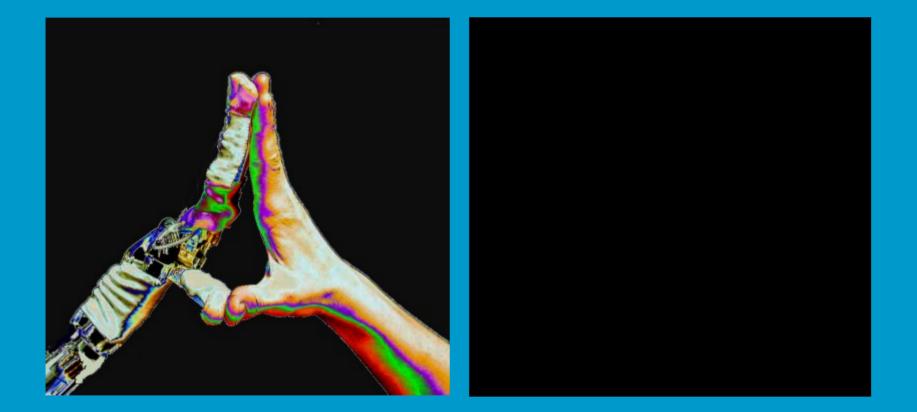
http://www.barretttechnology.com/robot/products/hand/handfram.htm

© 2008 Just L. Herder



47

### Application in mechanical hands FZK Schnelle Hand



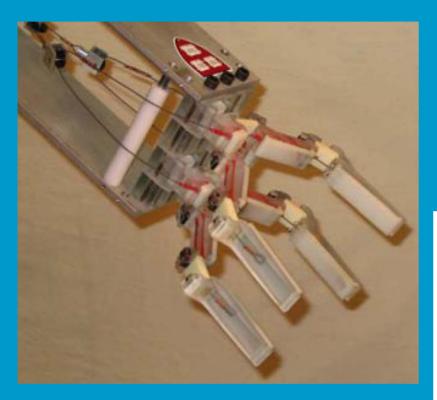
March 10, 2010

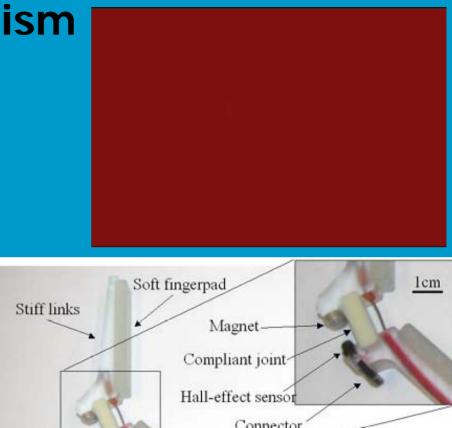
http://fifserver.iai.fzk.de/fluidgruppe/

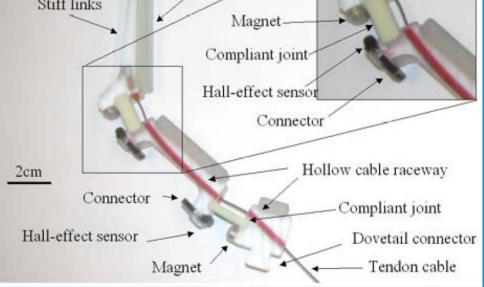


48

## **Compliant mechanism**







#### SDM Hand, Aaron Dollar

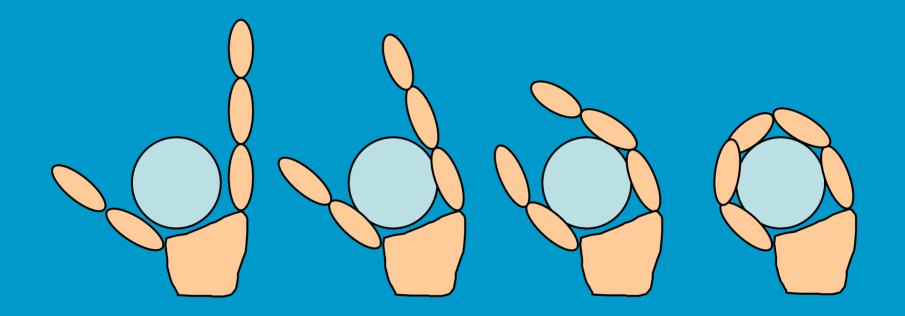
March 10, 2010

© 2008 Just L. Herder

49

**TU**Delft

## Hand prosthesis



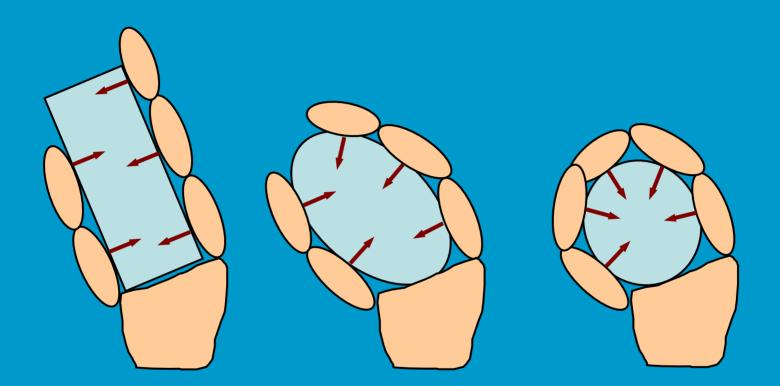
### Motion Directed Design

Precise motion much less relevant than distribution of forces and force transfer

March 10, 2010



## Hand prosthesis

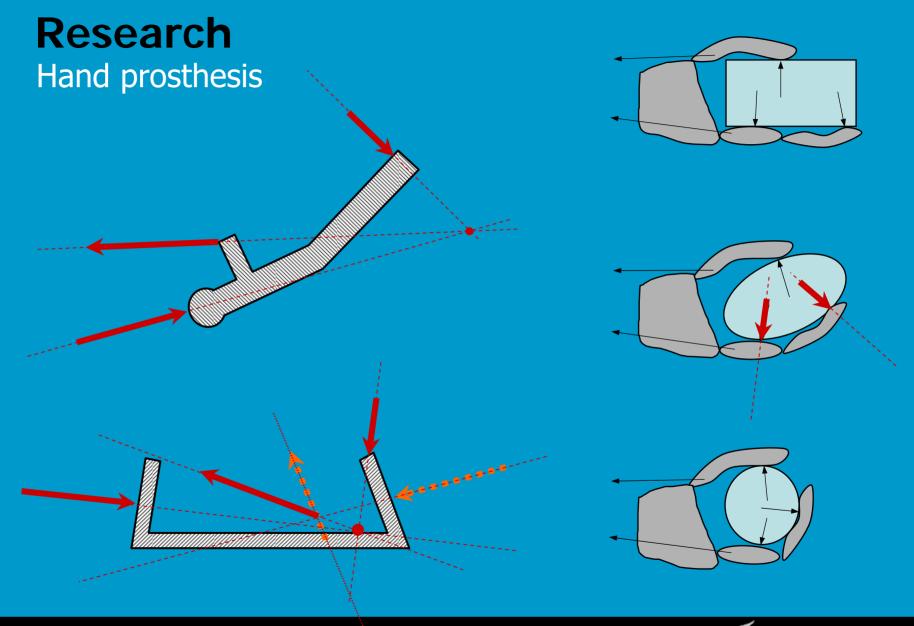


#### **Force** Directed Design

Uniform distribution of forces regardless of size and shape of object



March 10, 2010

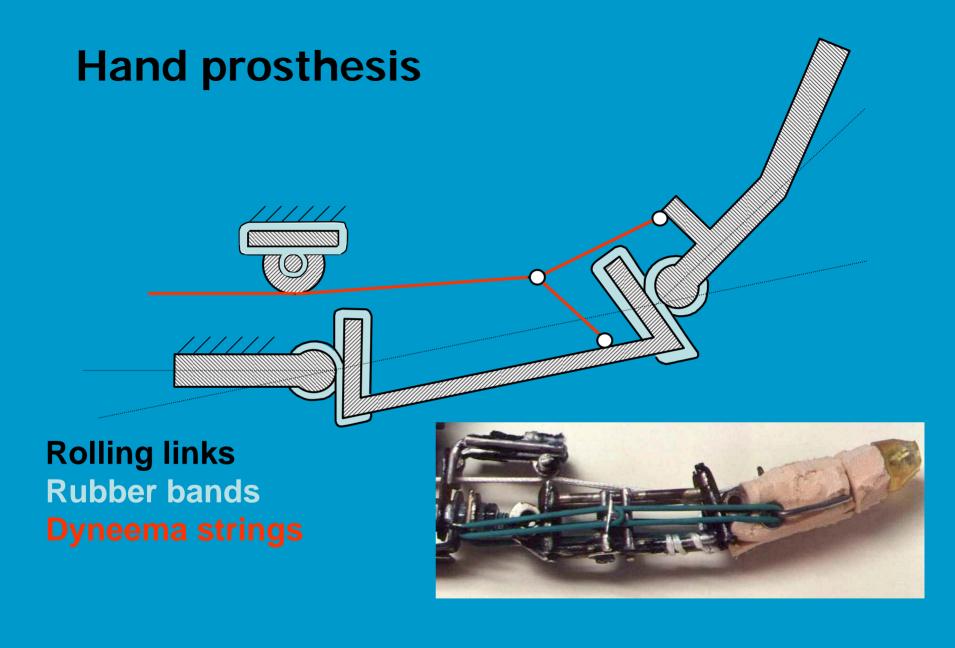


March 10, 2010

© 2008 Just L. Herder

52

**TU**Delft



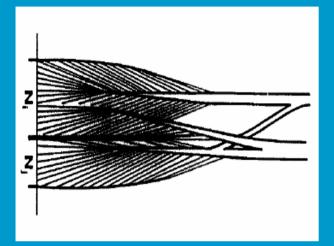
March 10, 2010

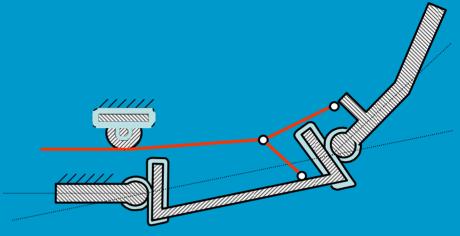
Herder and de Visser, 1998



53

## **Application in hand prosthesis**



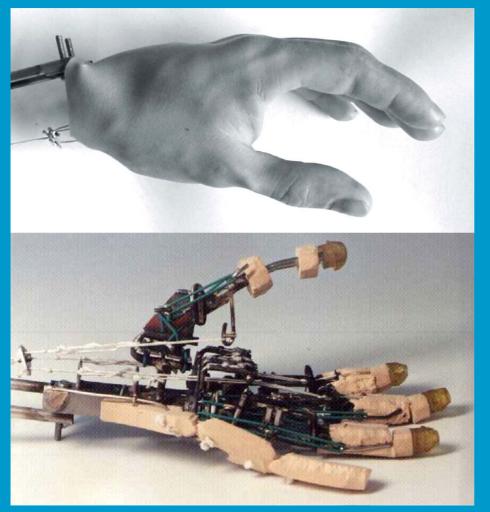


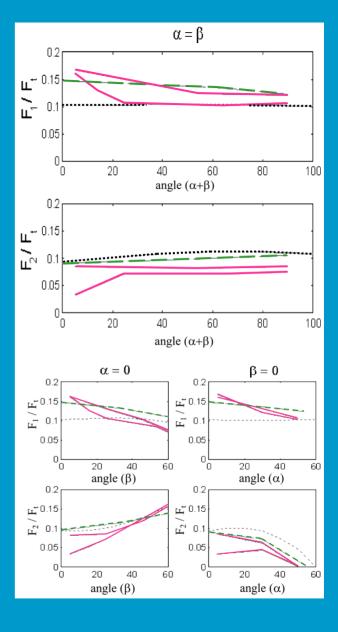


54

March 10, 2010

## First prototype



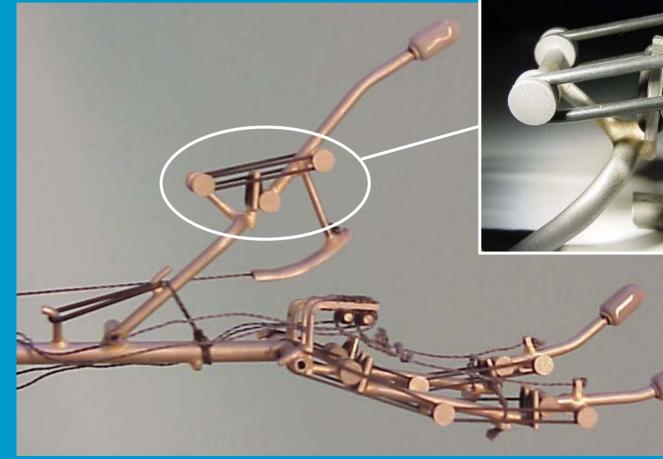


March 10, 2010

#### Herder and de Visser, 1998



## **Second prototype**





#### 47 grams

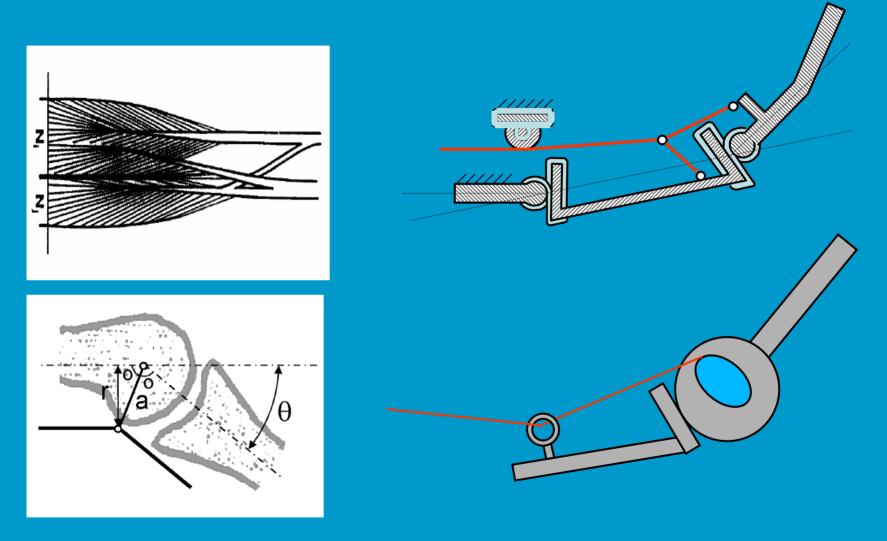
March 10, 2010

#### Herder, van de Burgt, 2001



56

## **Application in hand prosthesis**



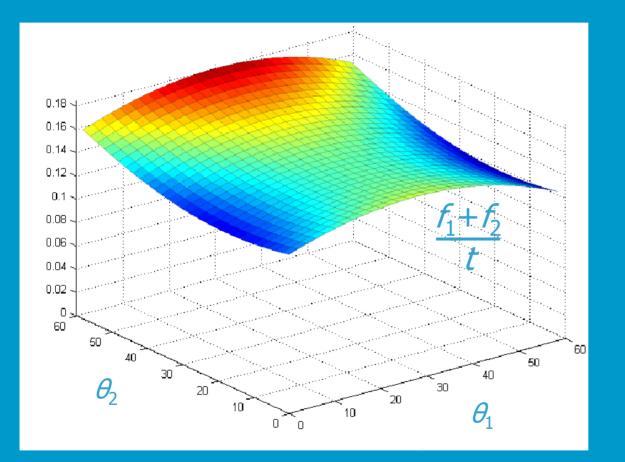
Just Herder, Hans de Visser, Jean Philippe Jobin

© 2008 Just L. Herder

March 10, 2010

## **TU**Delft

### **Underactuated Finger** Optimization result



March 10, 2010

#### Just Herder, Jean Philippe Jobin, 2004



58

### **Underactuated Finger** Prototype finger



Van Dam, de Groot, van Rijn, Herder, 2005

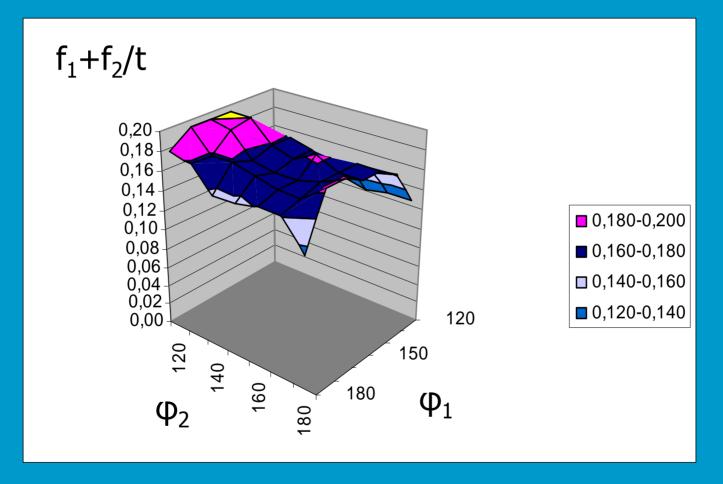


March 10, 2010



# **Underactuated Finger**

#### **Measurement result**



Van Dam, de Groot, van Rijn, Herder, 2005

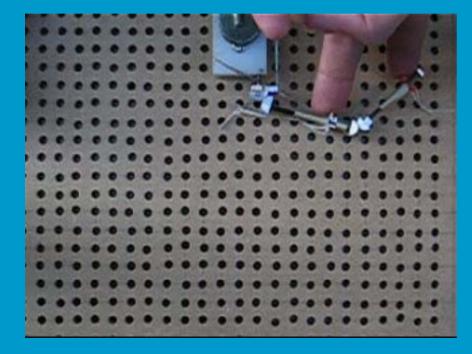
March 10, 2010

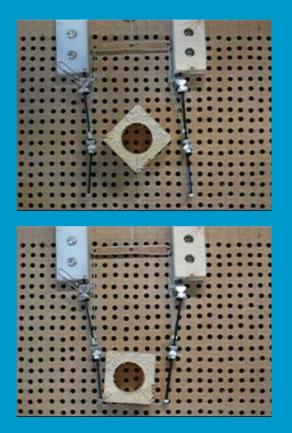
#### © 2008 Just L. Herder

## UDelft

60

### **Underactuated Finger** Movies

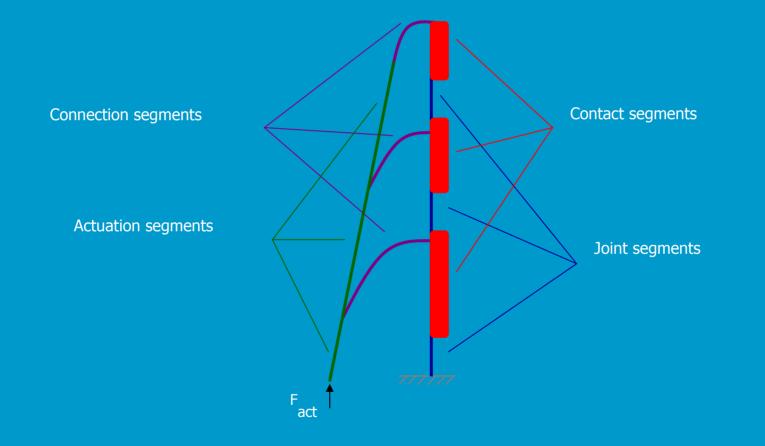




March 10, 2010

Van Dam, de Groot, van Rijn, Herder, 2005



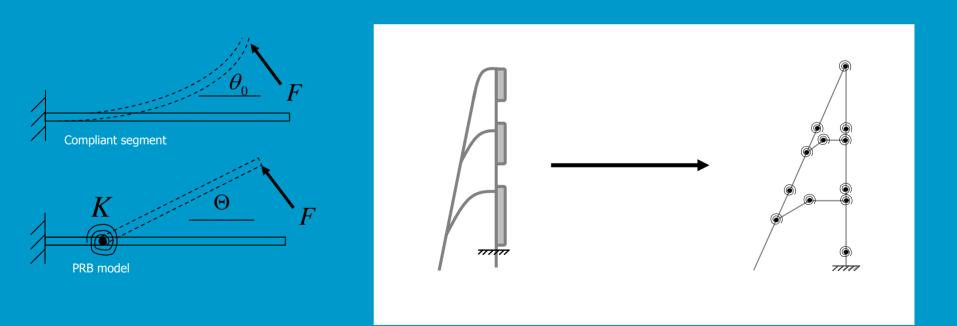


March 10, 2010

Steutel, Kragten, Herder, 2005



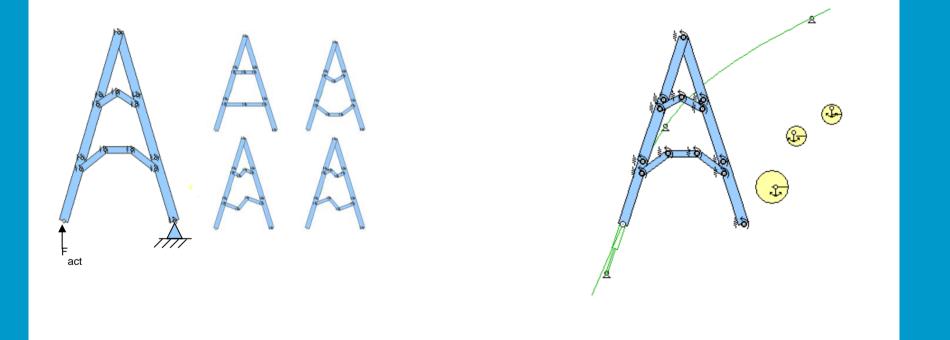
62



March 10, 2010

Steutel, Kragten, Herder, 2005

UDelft

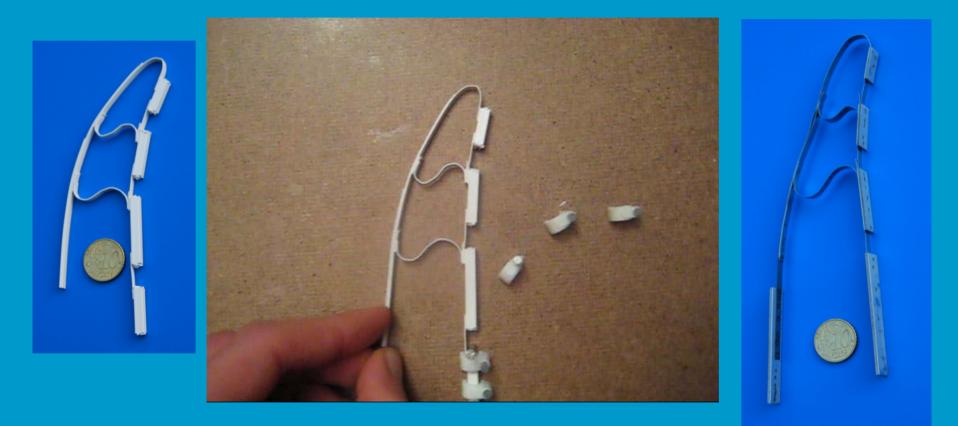


March 10, 2010

Steutel, Kragten, Herder, 2005



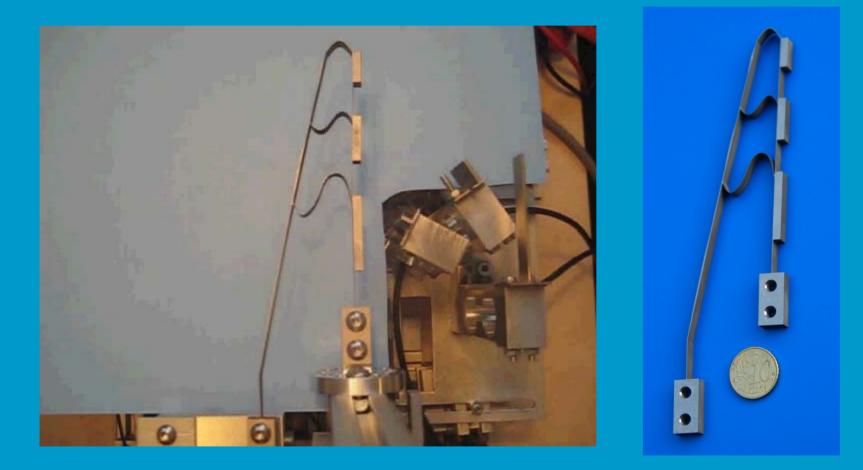
64



March 10, 2010

#### Steutel, Kragten, Herder, 2005

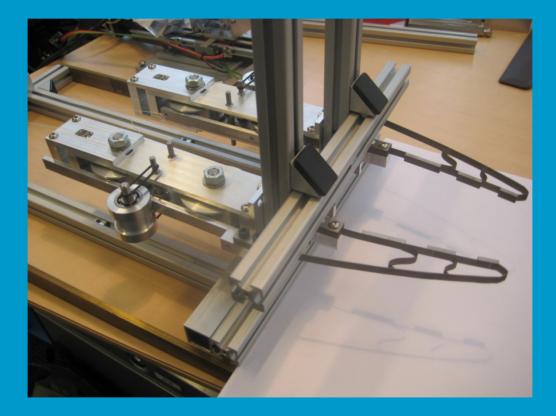




March 10, 2010

#### Steutel, Kragten, Herder, 2005





March 10, 2010

Steutel, Kragten, Herder, 2005

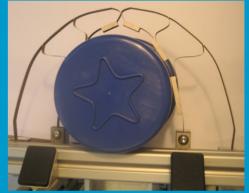




Round, D = 90 mm



Round, D = 85 mm



Round, D = 75 mm



Square, L = 75 mm



Square, L = 65 mm



Pinch, Square, L = 50 mm



Pinch, Square, L = 28 mm

March 10, 2010

#### Steutel, Kragten, Herder, 2005



68