

# Exoskeletons

## Arm Orthoses

Just Herder

Biomechatronics

J.L. Herder PhD

April 11, 2007

1

# Overview

- Exoskeletons
- Casus: Neuromuscular diseases, arm orthosis
- Assignment: make device suitable for the very weak

# EXOSKELETON: Dictionary Entry and Meaning

Pronunciation: `eksow'skelitn

## WordNet Dictionary

**Definition:** [n] the exterior protective or supporting structure or shell of many animals (especially invertebrates) including bony or horny parts [such](#) as nails or scales or hoofs

**See Also:** body covering, carapace, cuticle, frame, shell, skeletal system, skeleton, systema skeletale

## Webster's 1913 Dictionary

**Definition:** \Ex`o\*skel"e\*ton\, n. [Exo- + skeleton] (Anat.)  
The hardened parts of the external integument of an animal, including hair, feathers, nails, [horns](#), scales, etc., as well as the armor of armadillos and many reptiles, and the shells or hardened integument of numerous invertebrates; external skeleton; dermoskeleton.



Cockroach

## Biology Dictionary

- Definition:**
1. A skeleton, or support structure, which supports the organism's body from the outside and is formed from the [ectoderm](#). All arthropods (spiders, insects, [crustaceans](#), horseshoe crabs, etc.) possess one. Compare [endoskeleton](#).
  2. Any structure that is formed from the ectoderm in vertebrates, like nails, claws, hair, fur, horns, or teeth. (Note: does not include skin, which is an organ.)

# Exoskeletons

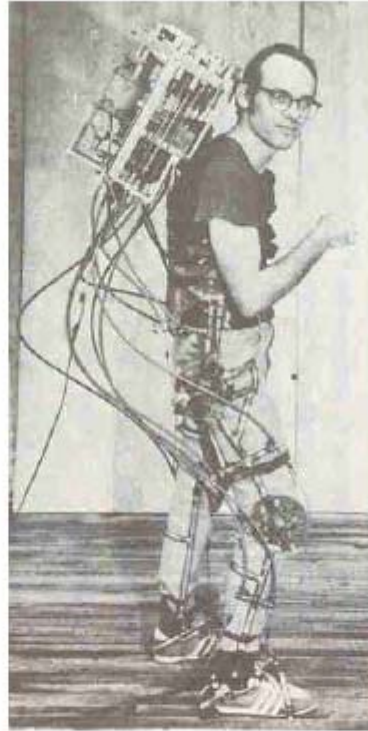
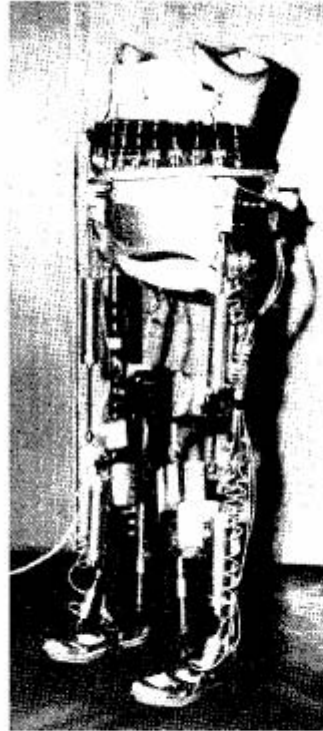
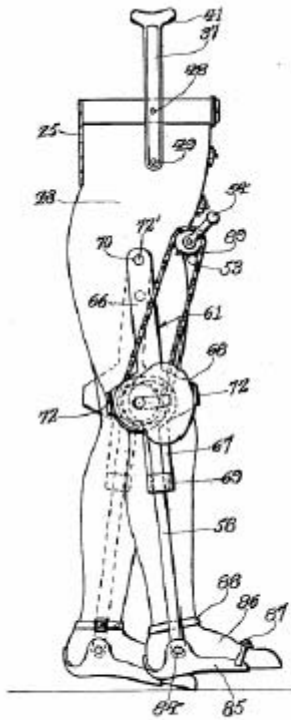


Fig. 5. Cobb's "wind-up" orthosis [ref], Pupin Institute 'complete' exoskeleton [ref], Wisconsin exoskeleton [ref], and Sogang orthosis and walker [ref]. (permission needed)

From Aaron Dollar, 2007

# Exoskeletons



Fig. 6. MIT active ankle-foot orthosis [ref], Michigan ankle orthoses [ref], Northeastern University knee orthosis [ref], and the weight-bearing control orthosis [ref]. (permission needed)

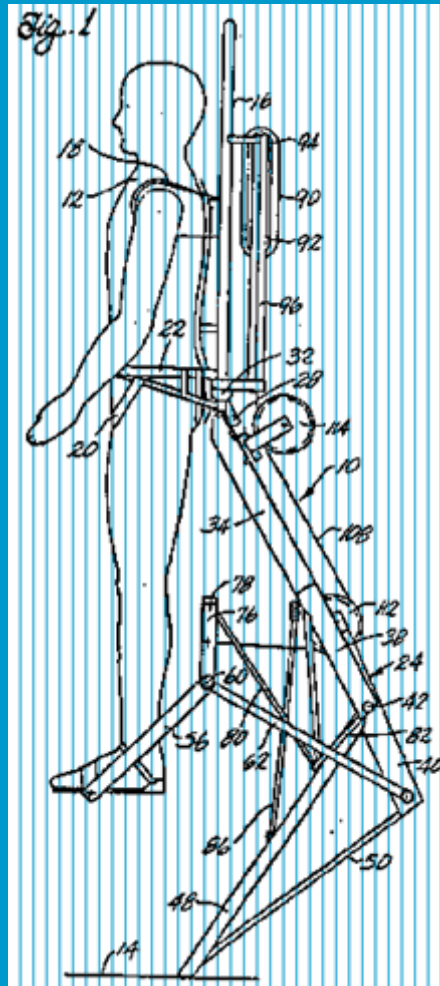
From Aaron Dollar, 2007

5

# Exoskeletons: lower extremities



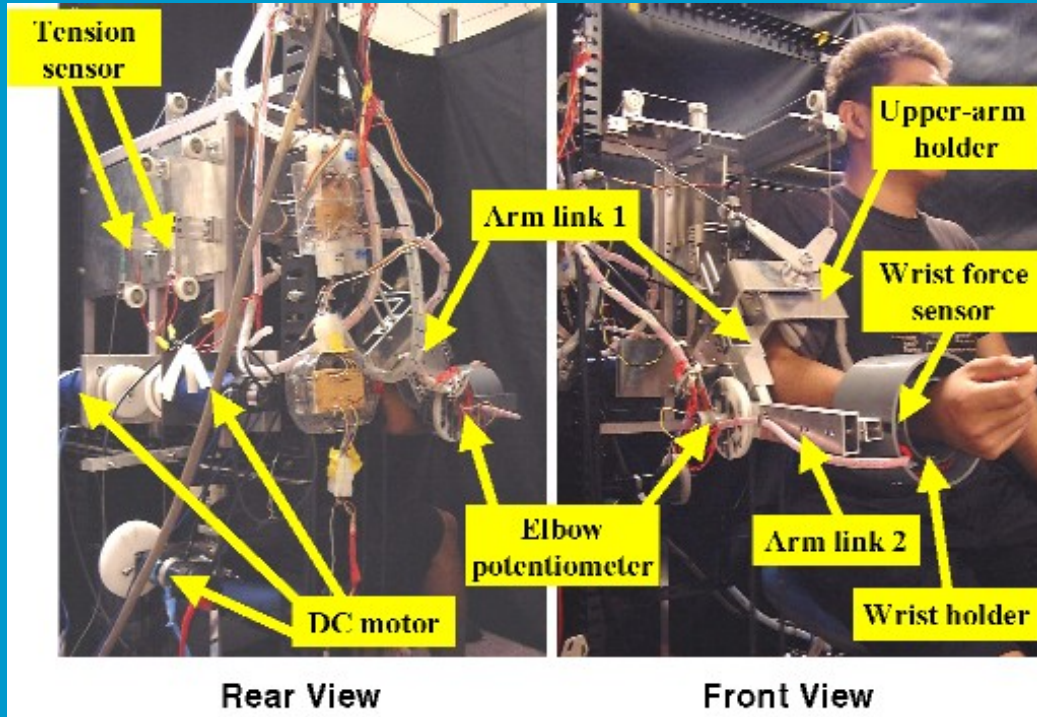
SpringWalker



BLEEX Berkeley



# Exoskeletons: upper extremities

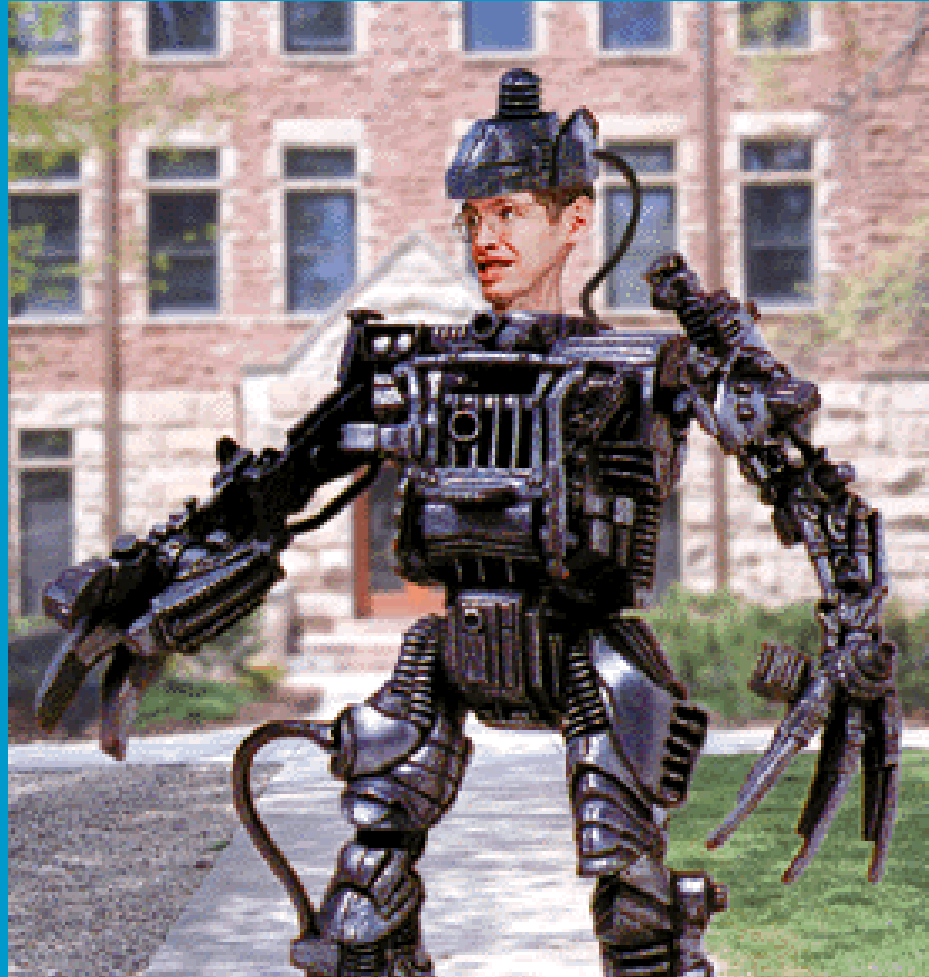


**SAGA**



**Biorobotics Washington**

# Exoskeletons: all extremities?



Stephen Hawkin?



# Pneumatically Controlled Glove to Assist in Grasp Activities

- Extension assist
- VR
- EMG feedback



Tiffany Kline, B.S., Derek Kamper,  
Ph.D., Brian Schmit, Ph.D.  
Rehabilitation Institute Chicago

# Control System for Pneumatically Controlled Glove to Assist in Grasp Activities

Tiffany Kline, RIC and Marquette University, Milwaukee, WI  
Derek Kamper, RIC and Northwestern University, Chicago, IL  
Brian Schmit, Marquette University, Milwaukee, WI

- Finger extension is the motor function most likely impaired following stroke
- A pneumatic glove was designed to assist finger extension during grasp-and-release training using both real and virtual objects
- The control system regulates pressure in the bladder to control finger joints to desired angles
- Data from a single subject shows improvement in the time required to carry out activities on the Wolf Motor Assessment



# Design of a Robotic Upper Extremity Repetitive Therapy Device

Jiping He, Arizona State University, Tempe, AZ, USA

E. Koeneman, R. Schultz and J. Koeneman, Kinetic Muscles, Tempe, AZ; H Huang, J. Wanberg, D. Herring and T. Sugar, Arizona St. Univ., Tempe, AZ; R. Herman, Banner Good Sam Medical Center, Phoenix, AZ

- A wearable (exoskeleton) rehabilitation robot to assist repetitive therapy
- Pneumatic muscles as actuators to reduce weight and provide compliance for safety
- Dynamic model of the robot with arm to assist the design and estimate the voluntary muscle torques
- Four degrees of freedom at shoulder, elbow and wrist
- Can be used for in clinic and in home therapy



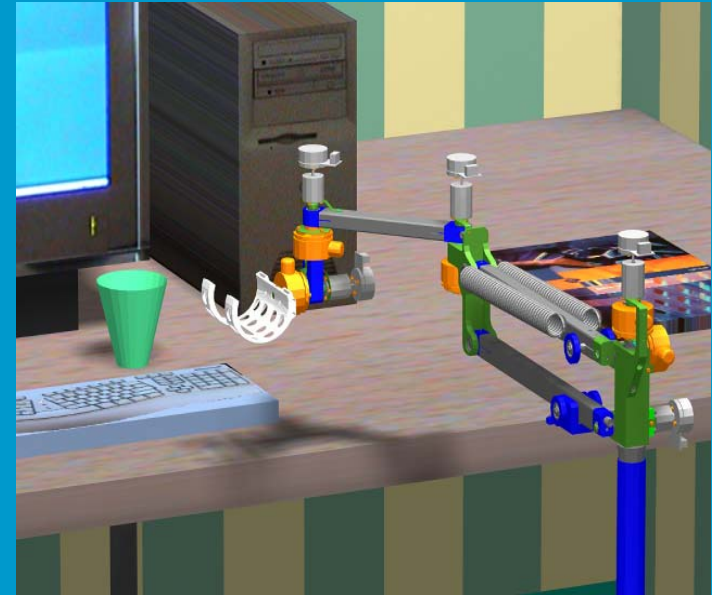
Version I of the  
RUPERT™

11

# a Motorized gravity compensation mechanism used for Active Rehabilitation of upper limbs

**Michel van Elk, Bart Driessen, Michiel Dorrepaal,  
John van der Werff, Eduard van der Meché, Anton Aulbers,  
TNO Science & Industry, Delft, The Netherlands**

- Projectname: ACRE (ACTIVE REhabilitation)
- Our second prototype features gravity compensation using springs and 5 motorized degrees of freedom
- The system provides movement therapy supported by interactive entertaining software
- Evaluations are planned for Q3&4 2005
- The ultimate goal is a motivating training system for home use

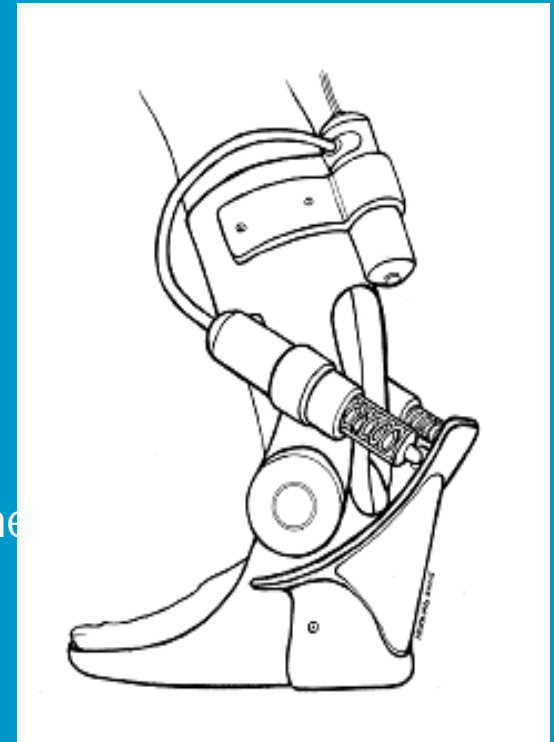


The prototype in a virtual 3D environment

# Adjustable Robotic Tendon using a 'Jack Spring'<sup>TM</sup>

Kevin W. Hollander, Mechanical Engineering, Arizona State University  
Thomas G. Sugar, Mechanical Engineering, Arizona State University  
Donald E. Herring, Industrial Design, Arizona State University

- New compliant actuator concept, utilizing '*structure controlled*' tuning of stiffness.
- Power *input* is 1/3 of required power *output*.
- Motor size is reduced by a factor of 8.
- Actuator provides 100% of the *power* needed for ankle gait in a *0.84kg* package.
- Lightweight spring based actuator where the *spring* is the *gearbox*, *force sensor* and *compliant interface*.



Ankle Gait Robot Concept



# Agrawal et al., Univ of Delaware

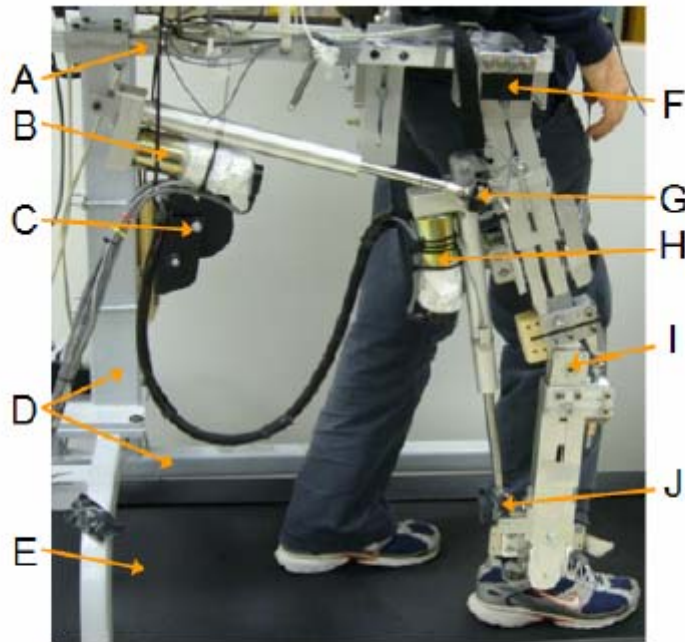
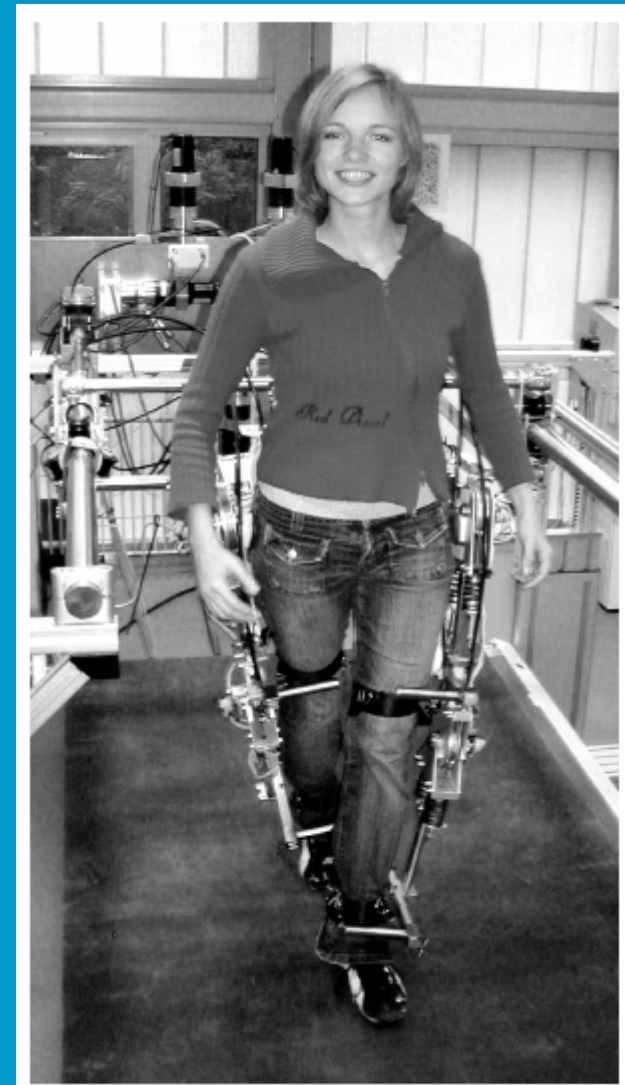
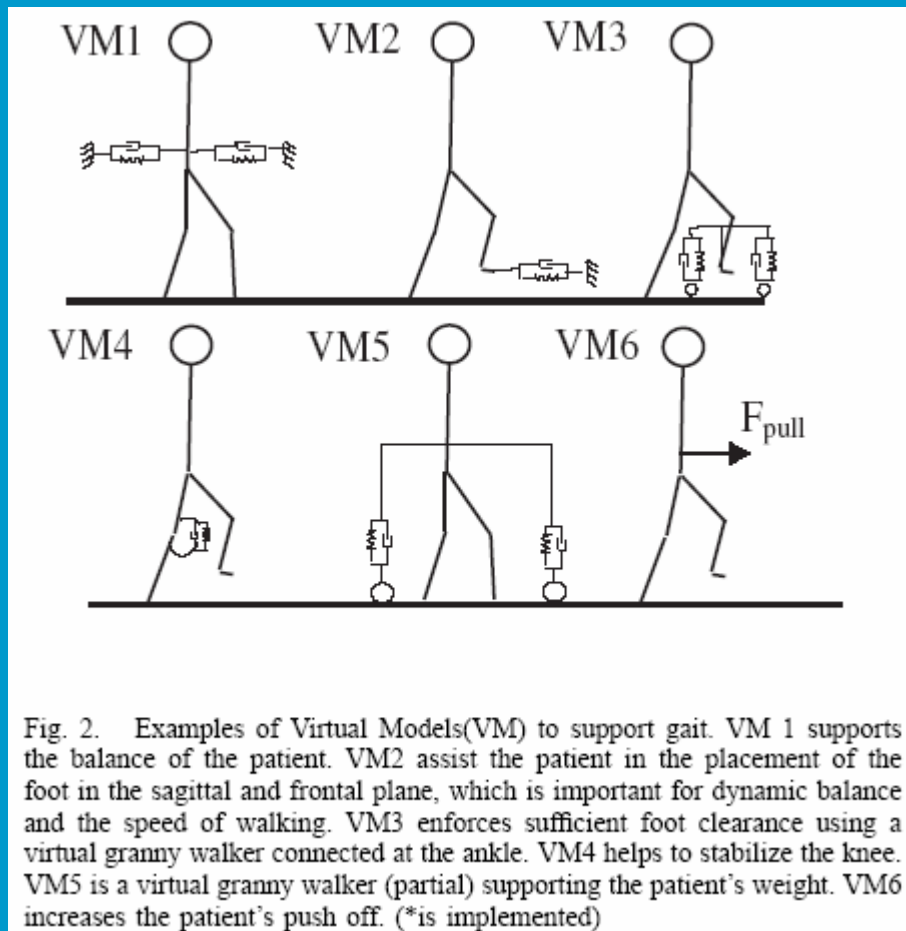


Fig. 1. Powered leg orthosis with a human subject. A: boom to support hip motor, B: hip linear actuator, C: spring-loaded winch to support device weight, D: walker to support the device, E: treadmill F: hip joint, G: load-cell on hip linear-actuator, H: knee linear actuator, I: knee joint J: load-cell on knee linear actuator.

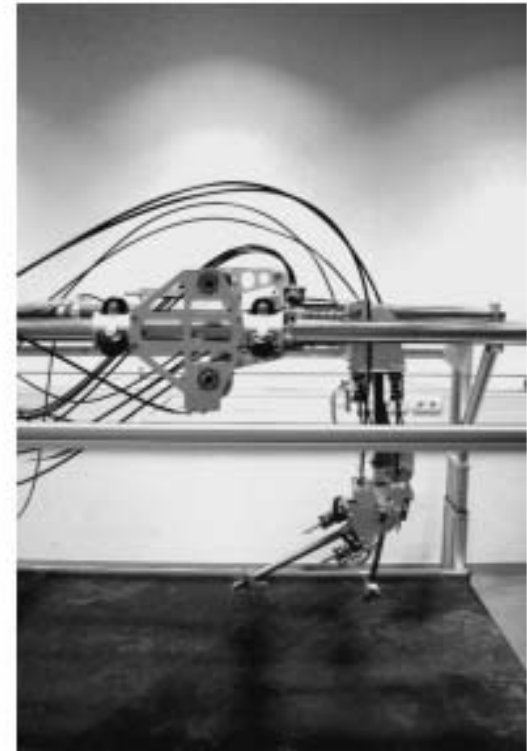
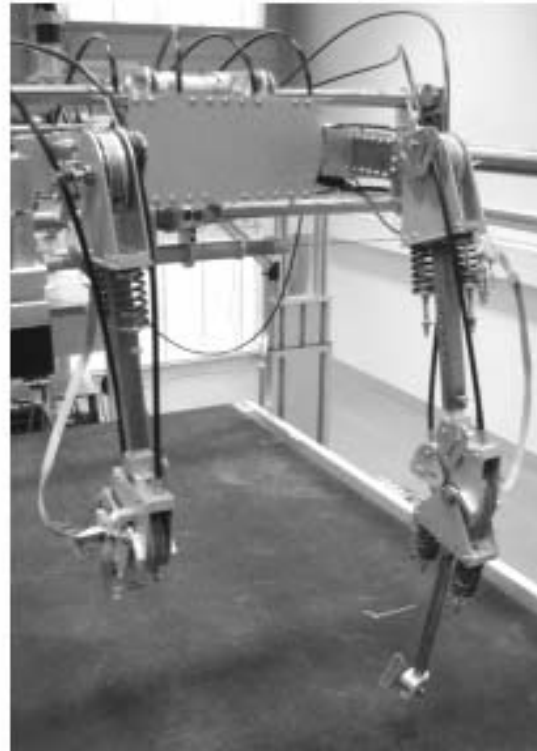


Fig. 2. Gait training exoskeleton on the treadmill, a facility at University of Delaware. The subject walks on a treadmill and the active orthotic device is connected to the right leg. The computer display in front of the subject is for visual feedback of his gait trajectory during training.

# LOPES, Univ Twente



# LOPES, Univ Twente

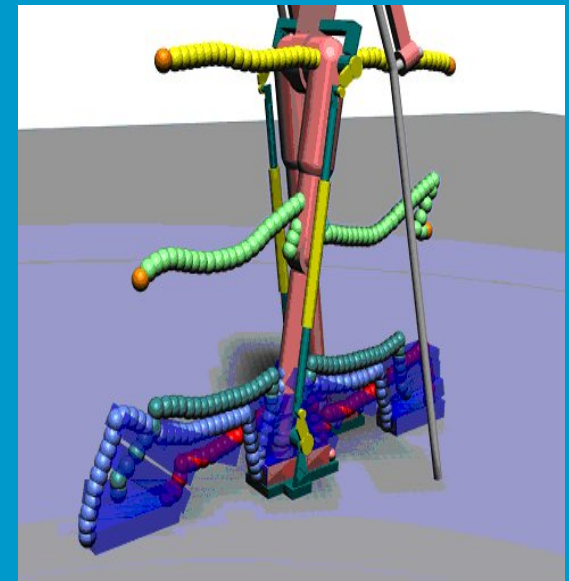


*First prototype of LOPES with 8 actuated Degrees of Freedom by means of series elastic actuation. Knee flexion/extension, hip flexion/extension, hip ab/adduction of both legs are actuated as well as the horizontal movements of the pelvis.*

# The Analysis, Design and Implementation of a Model of an Exoskeleton to Support Mobility

**David Bradley, University of Abertay Dundee, UK**  
**Camilo Acosta-Marquez, University of Abertay Dundee, UK**

- The paper considers the design of a lightweight exoskeleton for mobility.
- Modelling links motion capture to the design.
- Evaluation with quarter-scale model.
- Use of crutches for static balance
- Operator control using controls embedded in crutches.



Motion tracks using Virtual Nastran model

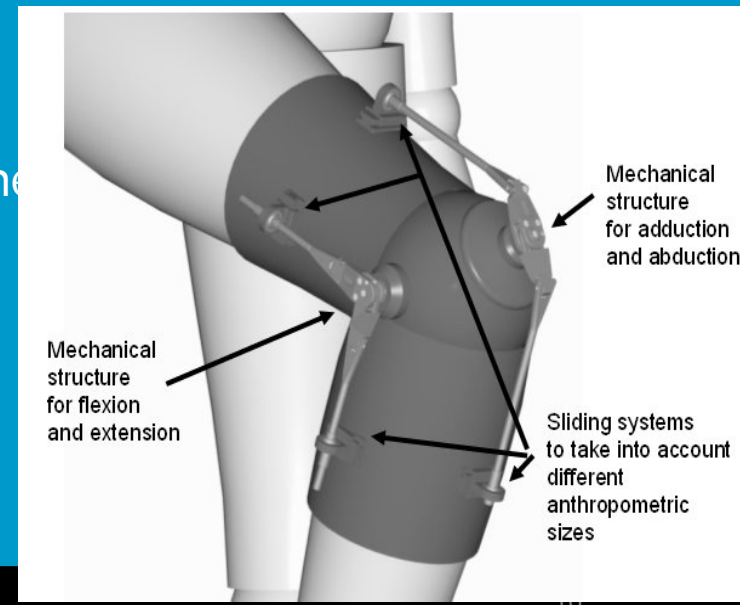


# Analysis of age-related modifications of lower limb motor control strategies by using a wearable biomechatronic system

**Silvestro Micera, ARTS Lab, Scuola Superiore Sant'Anna, Pisa (I)**

**G. Macrì, Scuola Superiore Sant'Anna, Pisa (I); A. Vaccaro, Scuola Superiore Sant'Anna, Pisa (I); J. Carpaneto, Scuola Superiore Sant'Anna, Pisa (I); M.C. Carrozza, Scuola Superiore Sant'Anna, Pisa (I); P. Dario, Scuola Superiore Sant'Anna, Pisa (I);**

- A wearable biomechatronic system has been used to analyze lower limb motor control strategies in elderly people
- A “dual-task” approach has been used to investigate the effects of different cognitive efforts
- This method can provide measurements useful to investigate age-related deficits

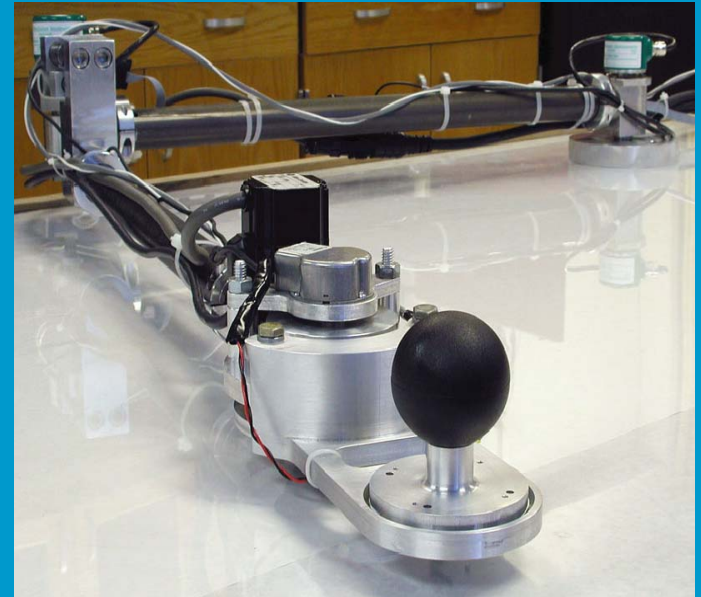




# Human Interaction with Passive Assistive Robots

**Peng Pan, Kevin M. Lynch, Michael A. Peshkin and J. Edward Colgate**  
**Laboratory for Intelligent Mechanical Systems**  
**Mechanical Engineering Department**  
**Northwestern University, Evanston, IL 60208**

- Programmable constraint machines for rehabilitation and assistive devices
- The manipulandum implements smooth, hard, low friction constraint curves
- Subjects apply significant forces against the constraint in reaching tasks
- Including passive forces due to human arm dynamics and forces actively generation by muscles
- Some motor adaptation is also evident

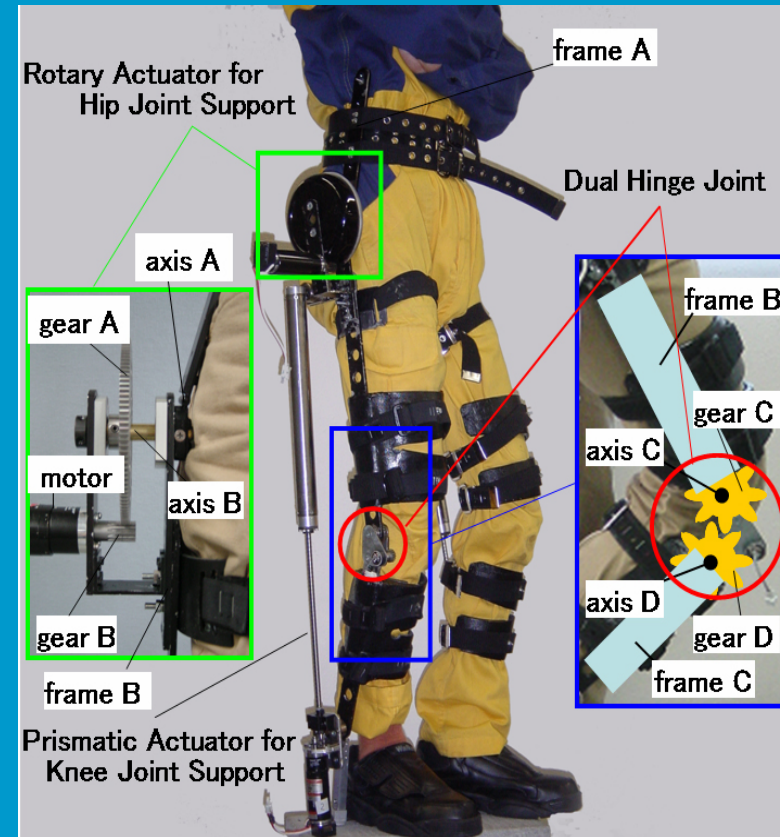


Two-joint cobot

# Realizing a Posture-based Wearable Antigravity Muscles Support System for Lower Extremities

Takahiko Nakamura, Kazunari Saito, ZhiDong Wang and Kazuhiro Kosuge  
Dept. of Bioengineering and Robotics, Tohoku University, JAPAN

- To support activities of physically weak persons, a wearable antigravity muscles support system is proposed
- In this system, Posture-based control algorithm is implemented to a wearable antigravity muscles support device
- In this algorithm, joint support moments are calculated based on user's posture without biological signals
- Wearable Walking Helper-KH is developed as a wearable support device
- Experimental results show the effectiveness of the proposed system



Wearable Walking Helper-KH

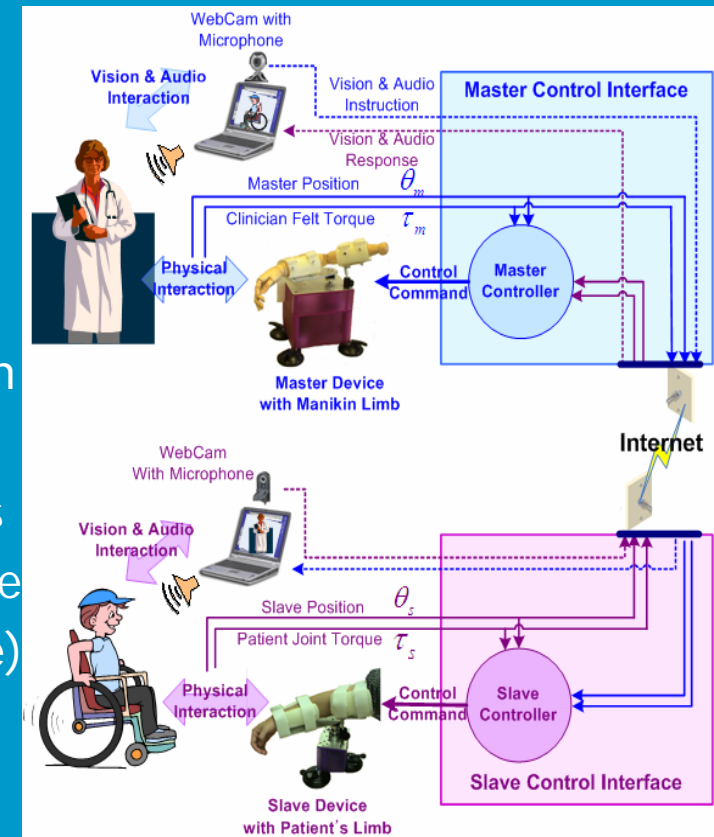
# Causality-Based Portable Control System Design for Tele-Assessment of Elbow Joint Spasticity

Hyung-Soon Park, Rehabilitation Institute of Chicago, Chicago, IL, USA

Qiyu Peng, Rehabilitation Institute of Chicago, Chicago, IL, USA

Li-Qun Zhang, RIC & Northwestern University, Chicago, IL, USA

- Low-cost & portable tele-assessment system
  - Master: Haptic device with manikin arm mounted
  - Slave: Portable patient's limb stretching device
  - Audio-visual devices for video conferencing
  - PC /Laptop-based control with internet connection
- Causality-based control architectures
  - Two types task causality of tele-assessment tasks
    - Position Commanded Tasks (Clinician is active)
    - Force Commanded Tasks (Clinician is passive)
  - Causality-based control architectures for stability and transparency

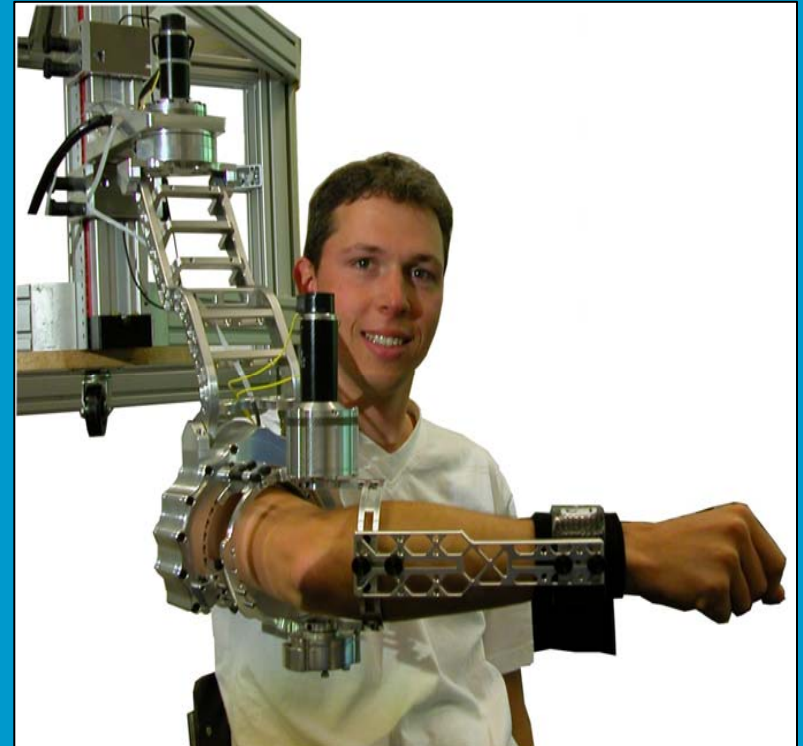


Schematic diagram of the tele-assessment system<sup>21</sup>

# Human-Centered Rehabilitation Robotics

**Robert Riener, ETH Zurich & University Hospital Balgrist**  
**Martin Frey, Michael Bernhardt, Tobias Nef, ETH Zurich**  
**Gery Colombo, Hocoma AG & University Hospital Balgrist**

- “Patient-cooperative” strategies can take into account the patient’s intention and efforts rather than imposing any predefined movement
- Three cooperative closed-loop controllers have been developed and tested
- Clinical evaluation will demonstrate if the therapeutic outcome will be improved by patient-cooperative rehabilitation robots



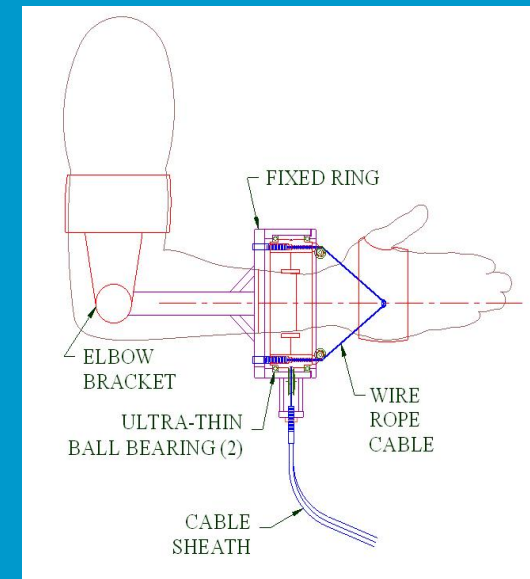
Armrobot ARMin used for patient-cooperative therapy

# Exoskeleton with EMG Based Active Assistance for Rehabilitation

Dinal Andreasen, Georgia Tech, Atlanta Ga

Sarah Allen, Georgia Tech, Atlanta GA; Debbie Backus, Shepherd Center, Atlanta GA

- Exoskeleton for pronation and supination of the forearm
- Programmable mechanical impedance
- EMG based active assistance
- Cable driven orthosis





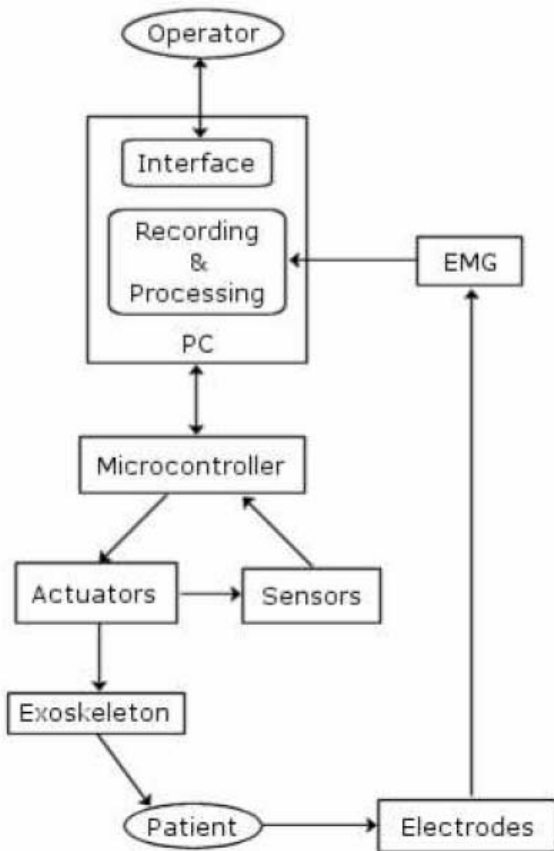


Fig. 1. Diagram of the hand rehabilitation system.

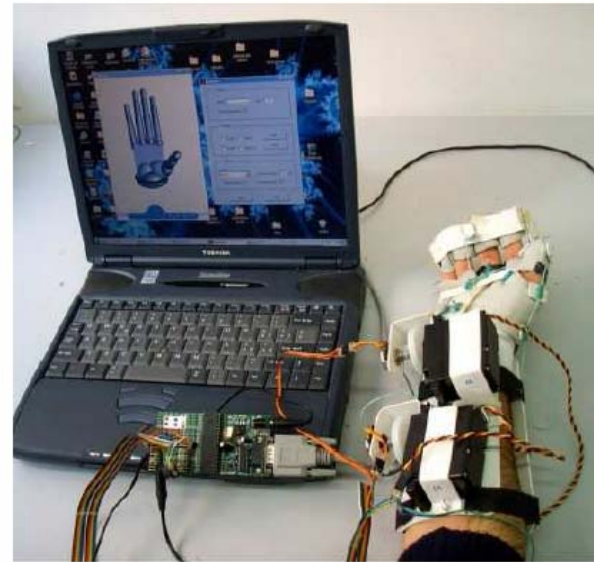


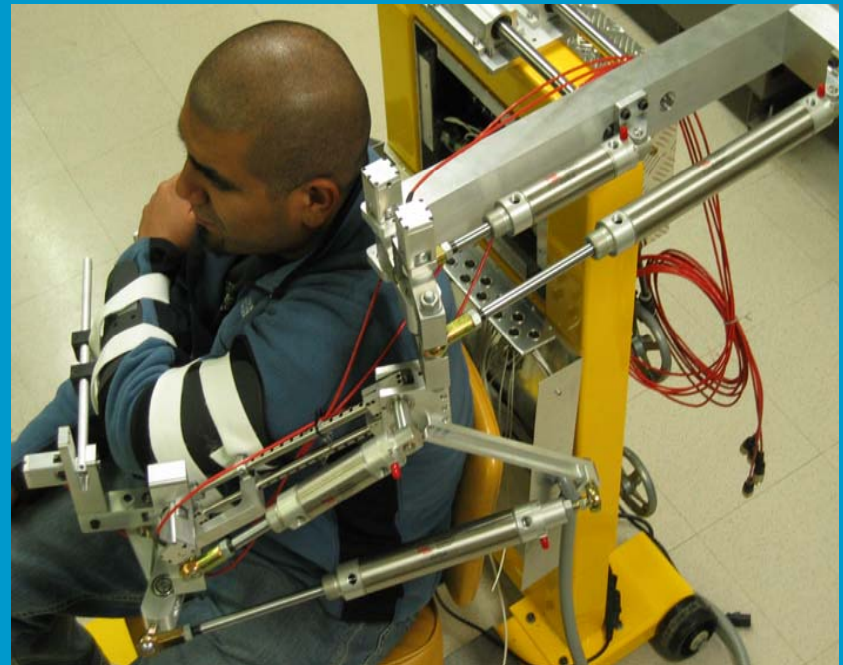
Fig. 2. Overview of the complete rehabilitation system.



# A Pneumatic Robot for Re-Training Arm Movement after Stroke: Rationale and Mechanical Design

**R. J. Sanchez<sup>1</sup>, Jr., E. Wolbrecht<sup>1</sup>, R. Smith<sup>1</sup>, J. Liu, S. Rao<sup>1</sup>, S. Cramer, T. Rahman<sup>2</sup>, J. E. Bobrow<sup>1</sup>, D. J. Reinkensmeyer<sup>1</sup>**  
**1-University of California at Irvine, USA; 2-University of Delaware, USA**

- This paper describes the development of a pneumatic robot for functional movement training of the arm and hand after stroke: Pneu-WREX.
- Pneu-WREX uses pneumatic actuators, non-linear force control, and passive counter-balancing to allow application of a wide range of forces during naturalistic upper extremity movements.
- Pneu-WREX allows individuals with severe motor impairment to practice functional movements (reaching, eating, and washing) in a simple virtual reality environment called Java Therapy 2.0.



Pneumatic-Wilmington Robotic Exoskeleton.

# Rehabilitation Robot FRIEND II- The General Concept and Current Implementation

Ivan Volosyak\*, **Institute of Automation, University of Bremen, Germany**  
Oleg Ivlev, **Institute of Automation, University of Bremen, Germany**  
Axel Gräser, **Institute of Automation, University of Bremen , Germany**

- ‘intelligent’ wheelchair mounted manipulator
- robot arm with 7-joint kinematics
- redundancy
  - sensors
  - actuators
  - processing methods
- smart devices, ambient intelligence
- intelligent home



# Casus: Neuromuscular diseases

## 600 variants identified

Muscular Dystrophies (Duchenne DMD)

Motor Neuron Diseases (Spinal Muscular Atrophy SMA)

Inflammatory Myopathies

Neuromuscular Junction Diseases

Endocrine Abnormalities

Peripheral Nerve Diseases

Metabolic Diseases of Muscle

## Over 1 mln. people affected in USA

SMA alone 12 .. 40 per mln of the adult population

Neonatal from 40 per mln (USA) to 200 per mln (SA)

# Spinal Muscular Atrophy (SMA)

Inherited

Affects motor neurons voluntary muscles

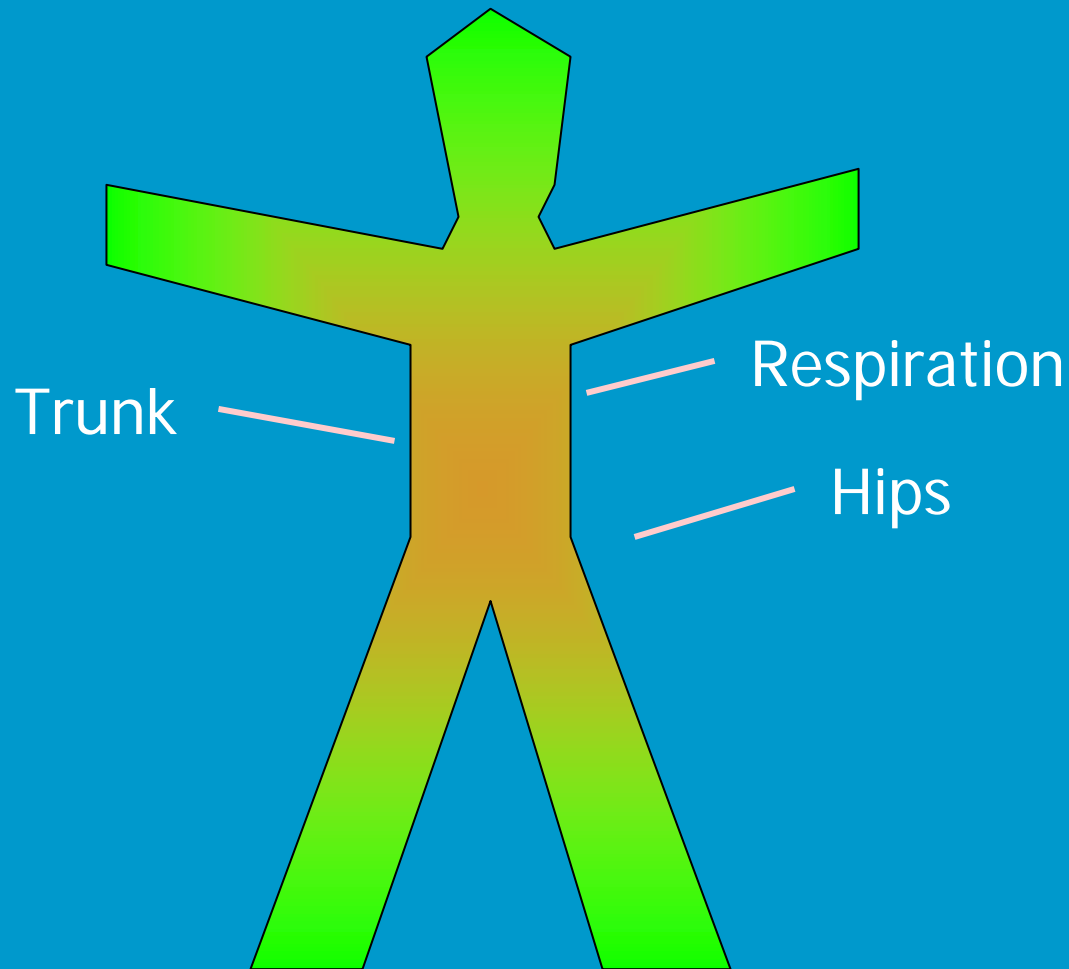
Senses not affected, normal or above-average intellect

Incurable

Progressive

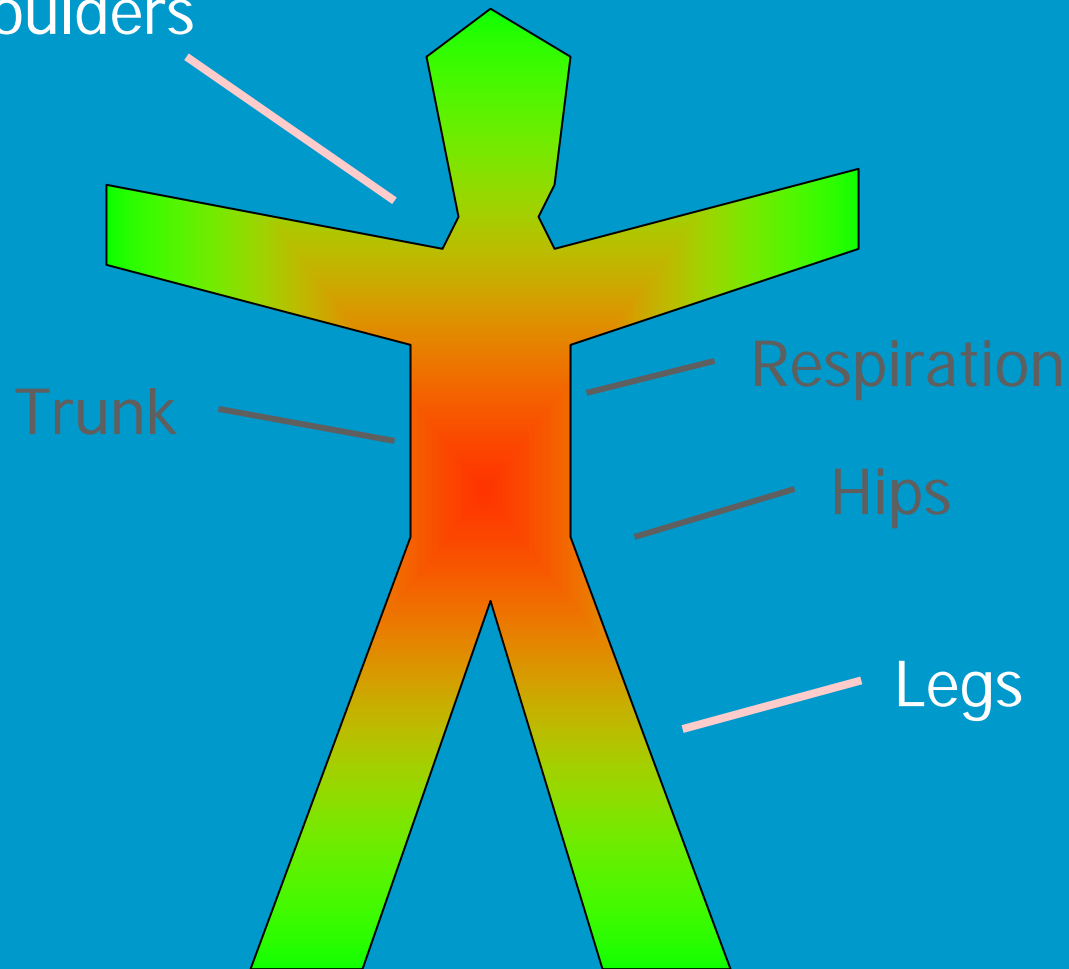


# Spinal Muscular Atrophy (SMA)

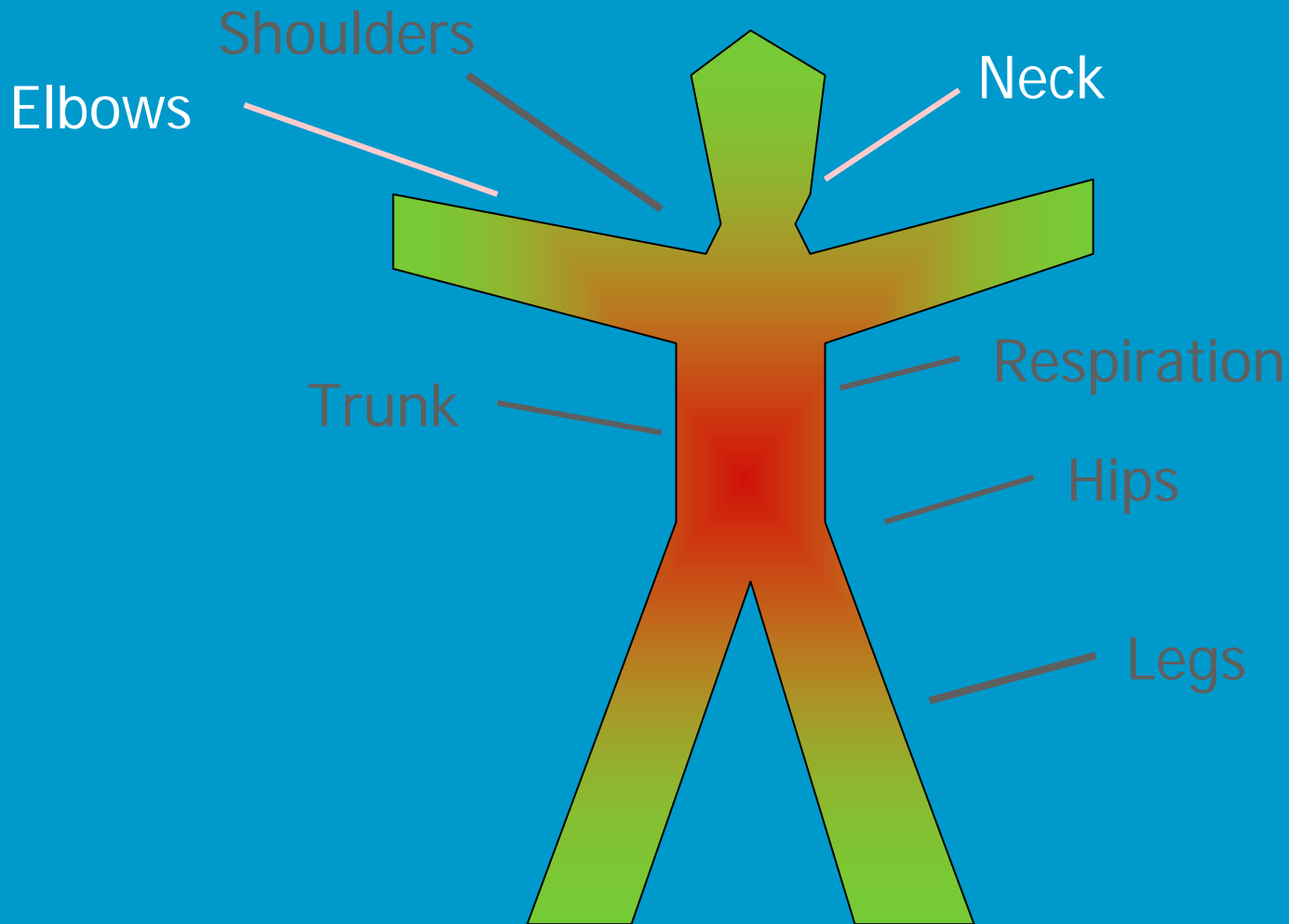


# Spinal Muscular Atrophy (SMA)

Shoulders



# Spinal Muscular Atrophy (SMA)



# Two of our volunteers!

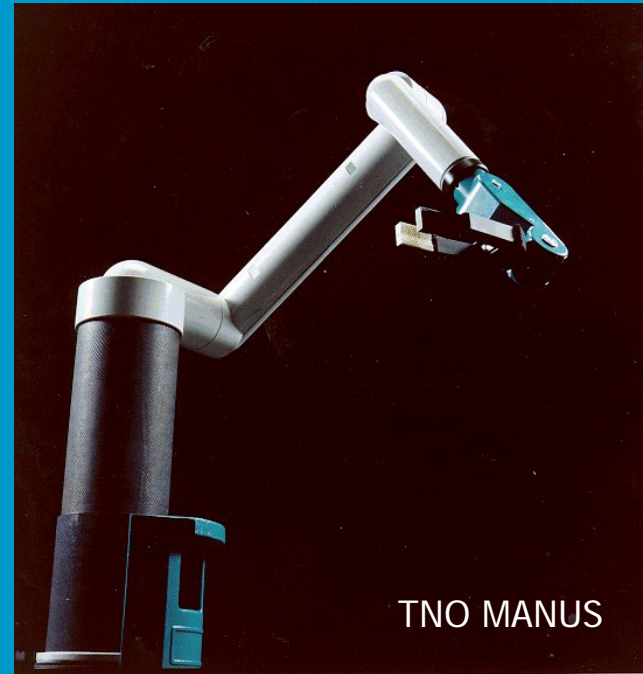
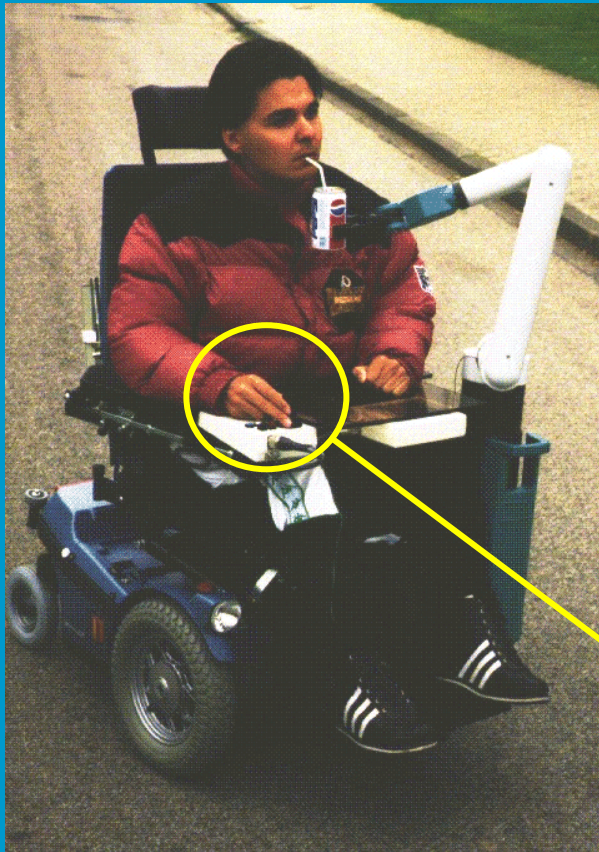


- Academic degree
- Head support
- Scoliosis, A had surgery, B not
- Wheelchair bound
- Arm on armrest
- Good sense of touch
- Slight deformations in hands



# Available assistive devices

## 1. Rehabilitation robotic manipulators

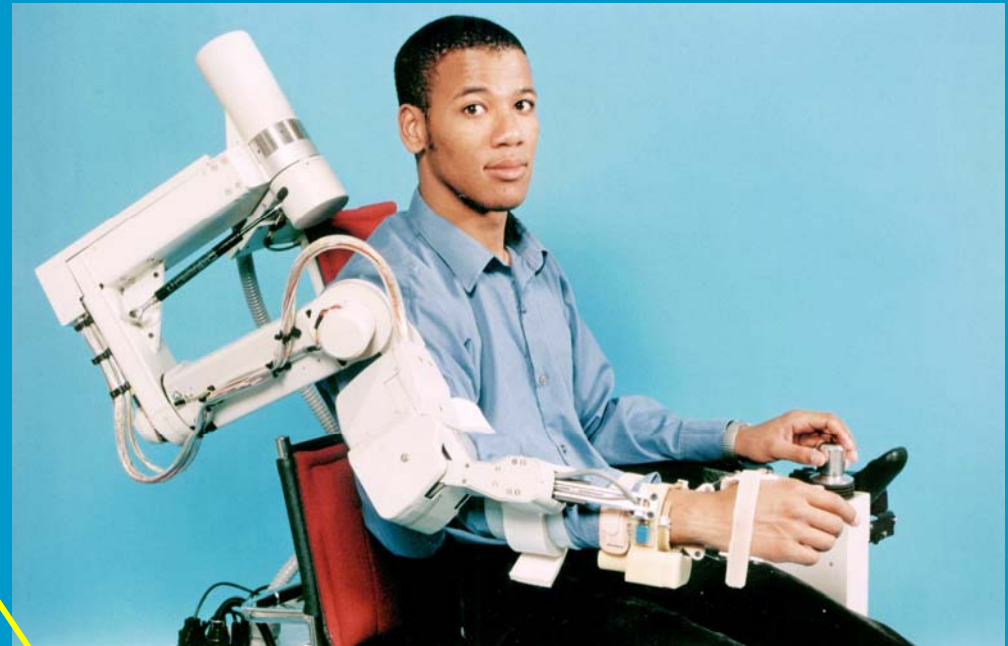
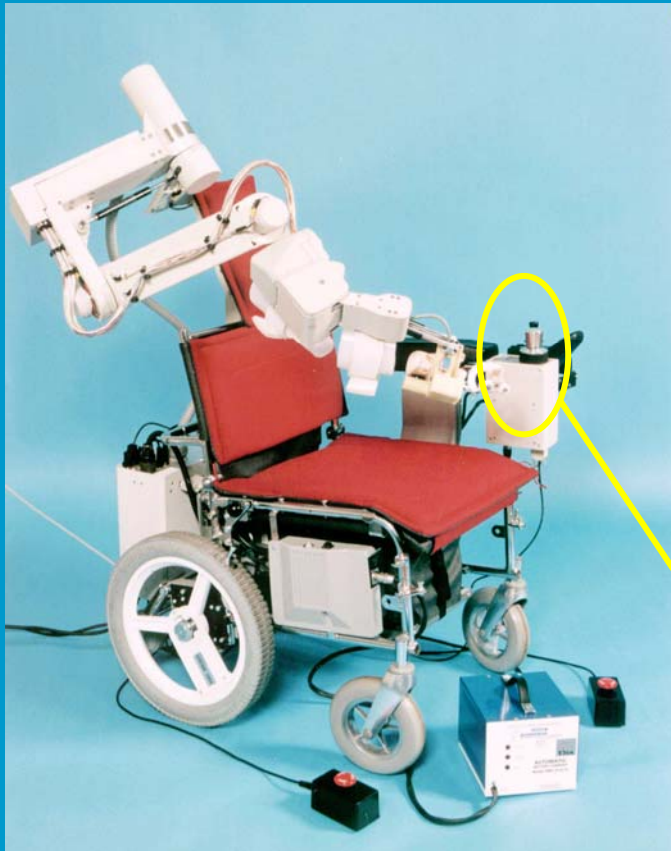


No use of hand function  
Control by joystick



# Available assistive devices

## 2. Powered orthotic devices



Use of hand function  
Control by joystick

# Available assistive devices

## 3. Passive orthotic devices: *static balance*



Universal Healthcare Systems

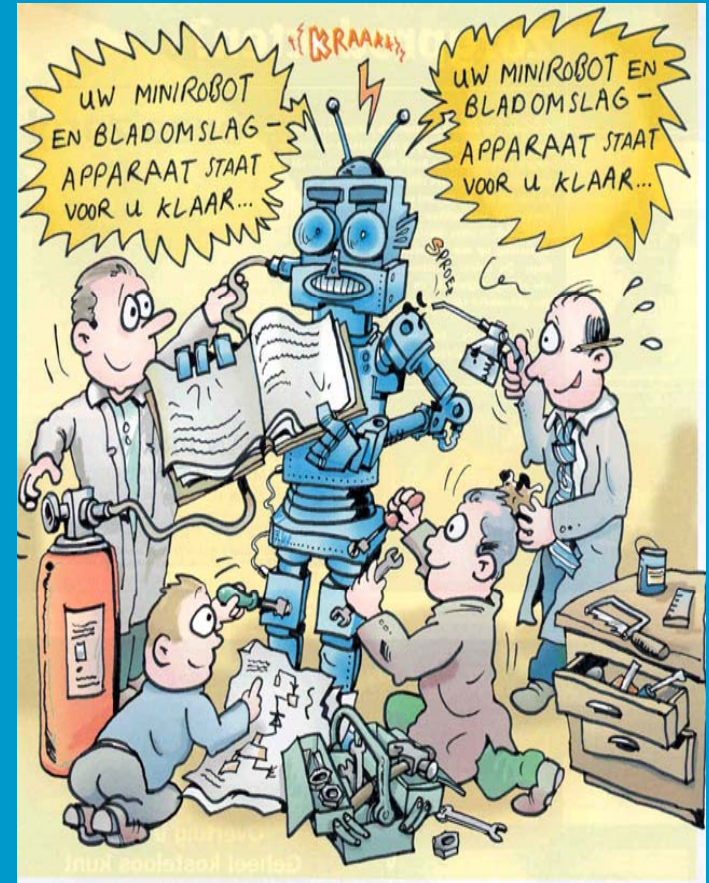


Use of hand function  
No separate control

# Clinically driven approach

## Home visits

- Independence
  - Personal Hygiene
  - Cooking, eating
  - Computer work
- Social activities
  - Have dinner
  - Shake hands
- Trunk balance
  - Arm rest essential
- Inconspicuous!

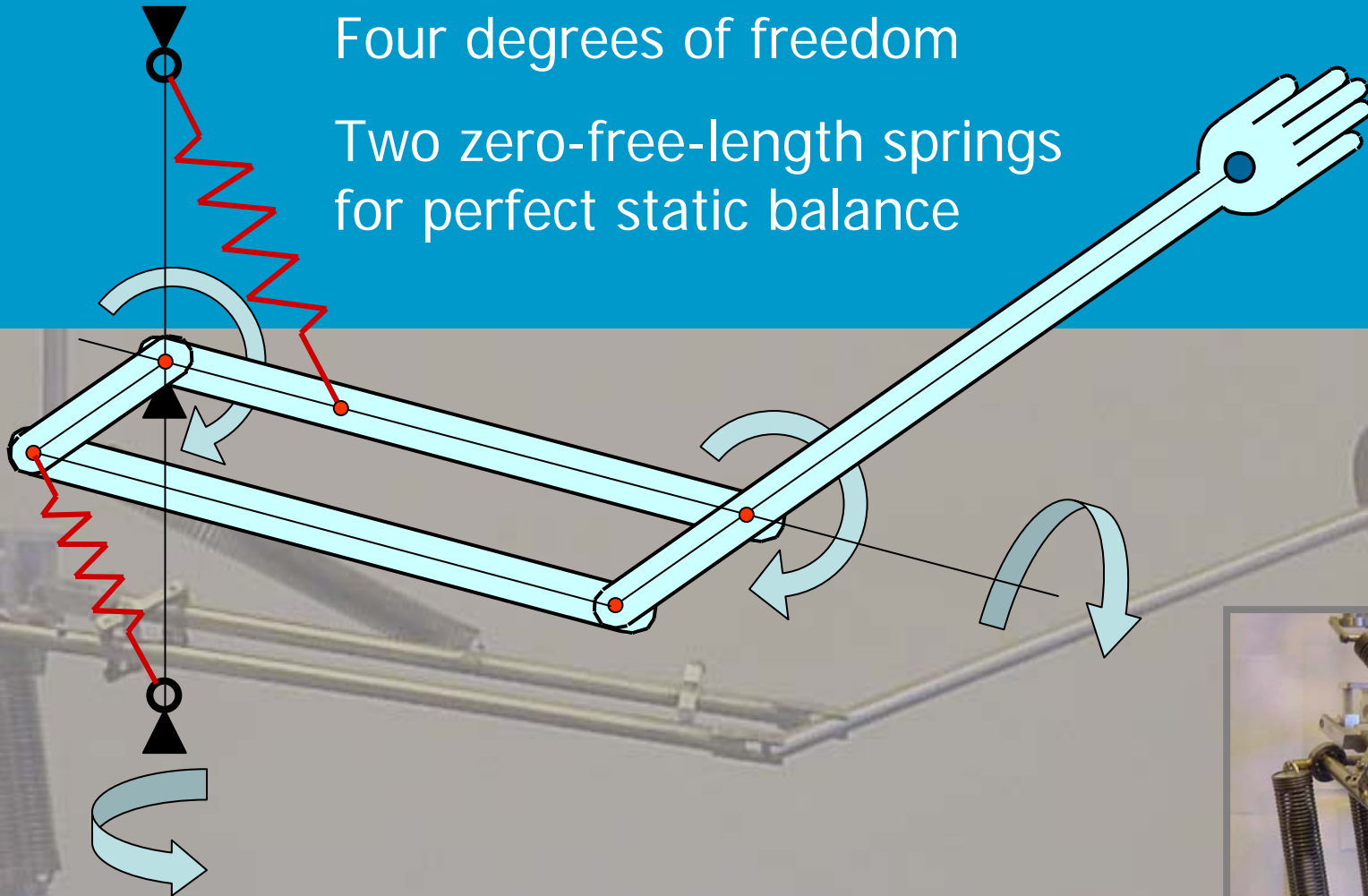


"Your page turner is ready..."

# Anthropomobile balanced arm

Four degrees of freedom

Two zero-free-length springs  
for perfect static balance



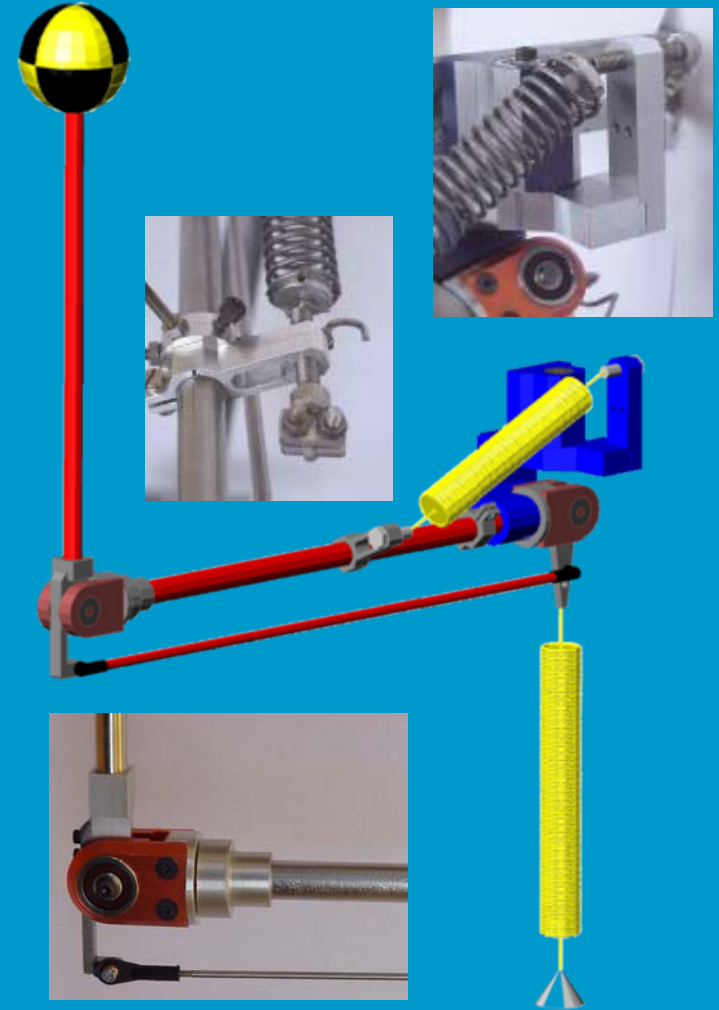
Herder and Tuijthof (1998)



# Anthropomobile balanced arm



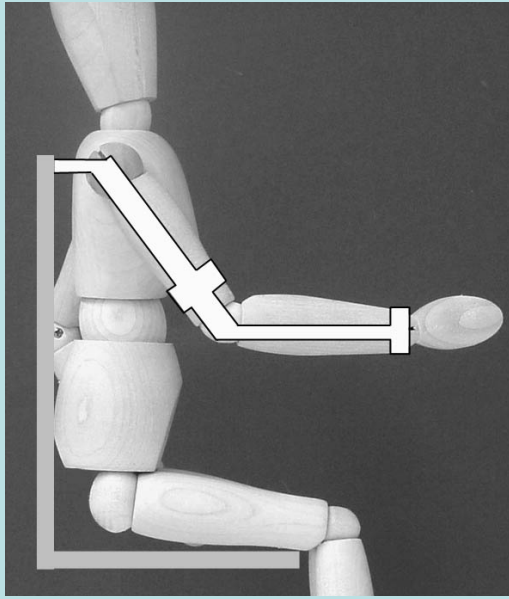
Variable stiffness control  
McKibben actuators  
Statically balanced  
Inherently safe





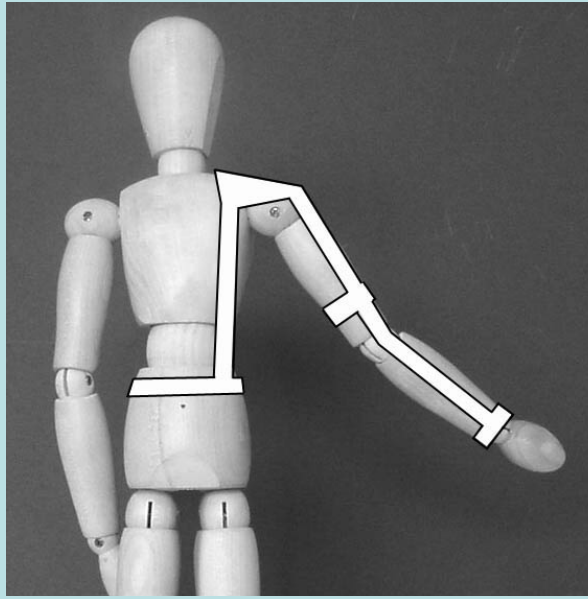
# Conceptual design

## Mechanism alongside the user's arm



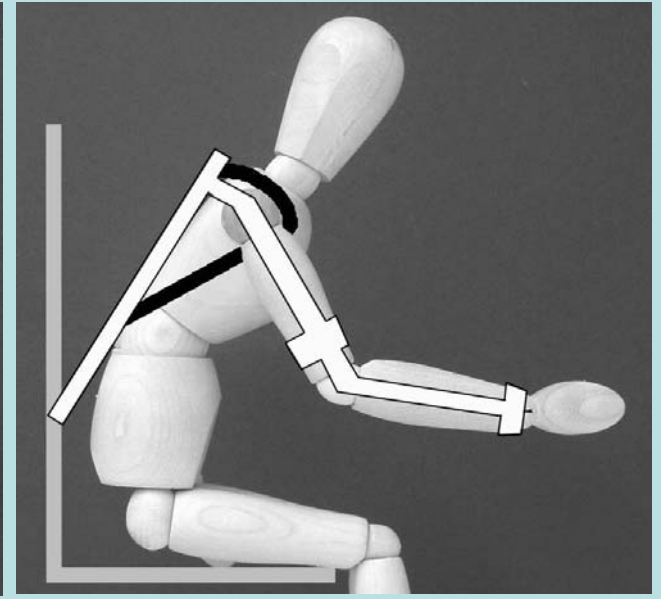
Attached to  
wheelchair

**Insufficient  
mobility**



Attached to the  
user's trunk

**Respiratory  
hamper**

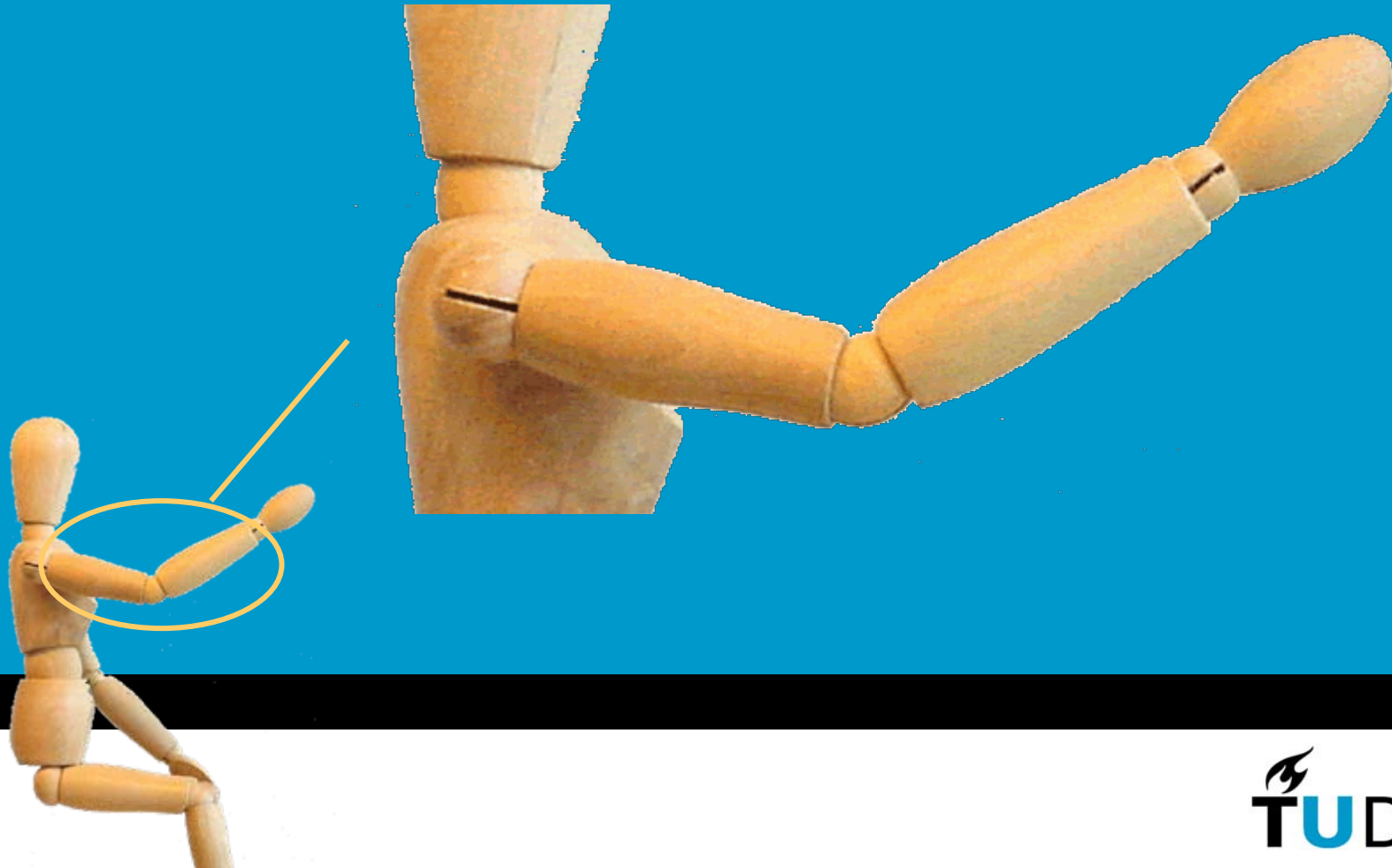


Hybrid form with  
additional segment

**Excessive  
complexity**

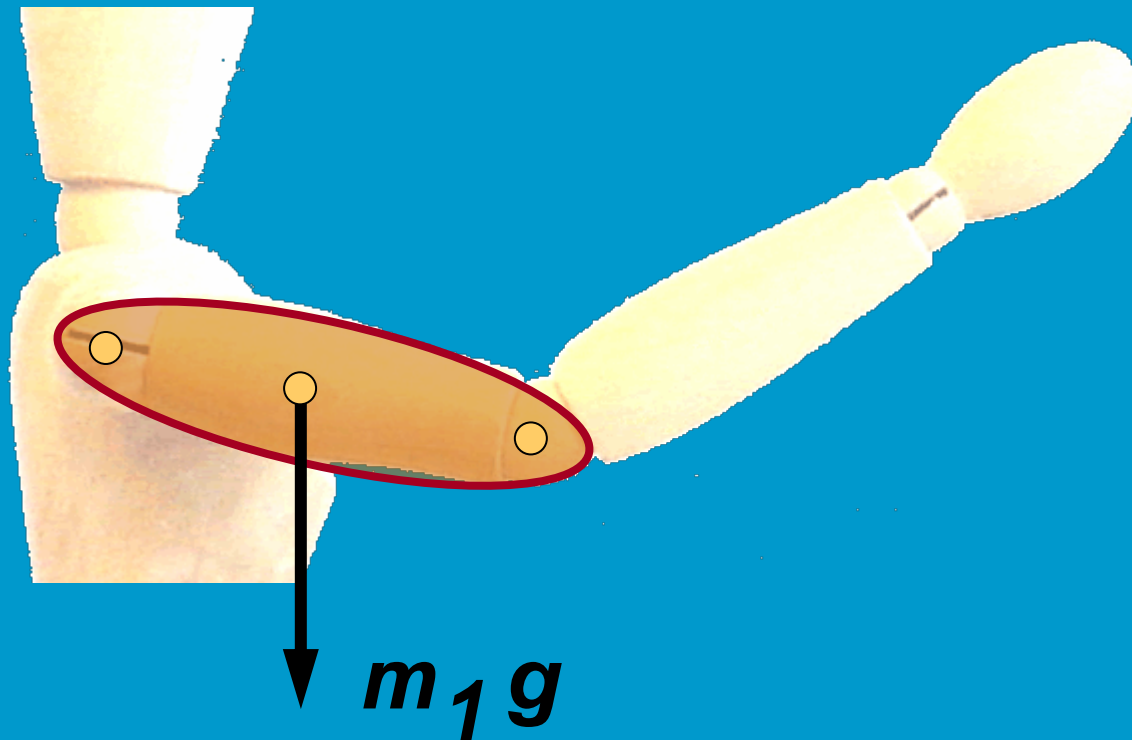
# Conceptual design

## Force analysis revisited



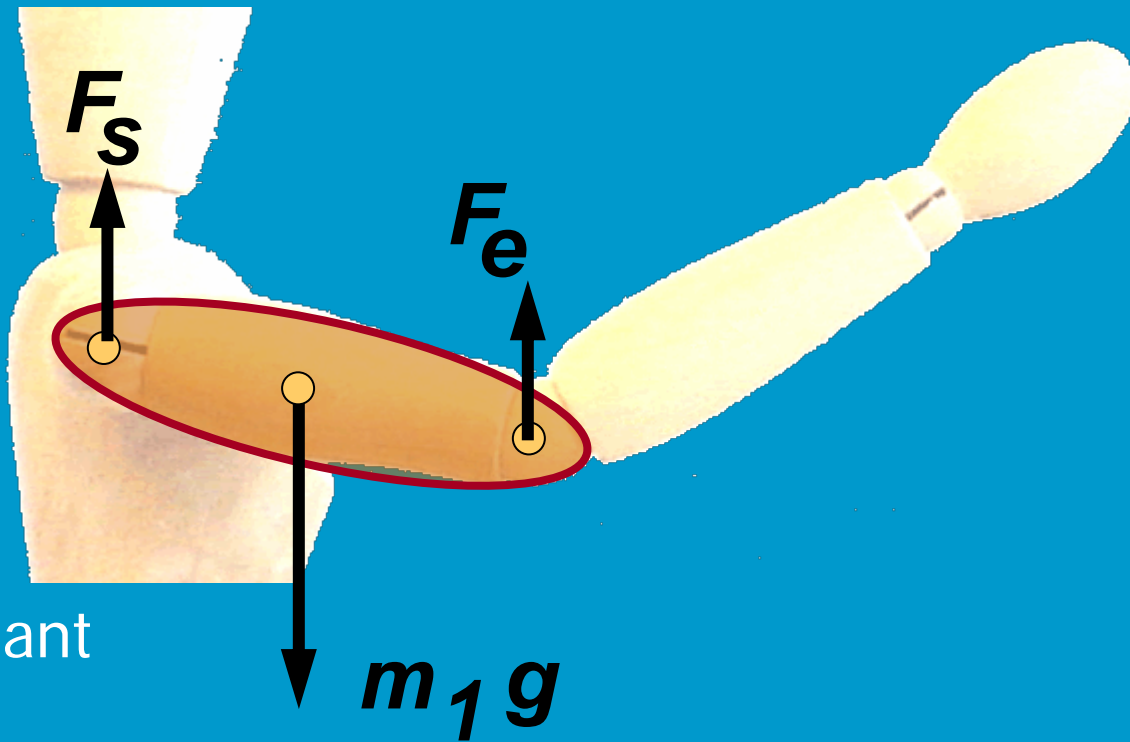
# Conceptual design

## Force analysis revisited



# Conceptual design

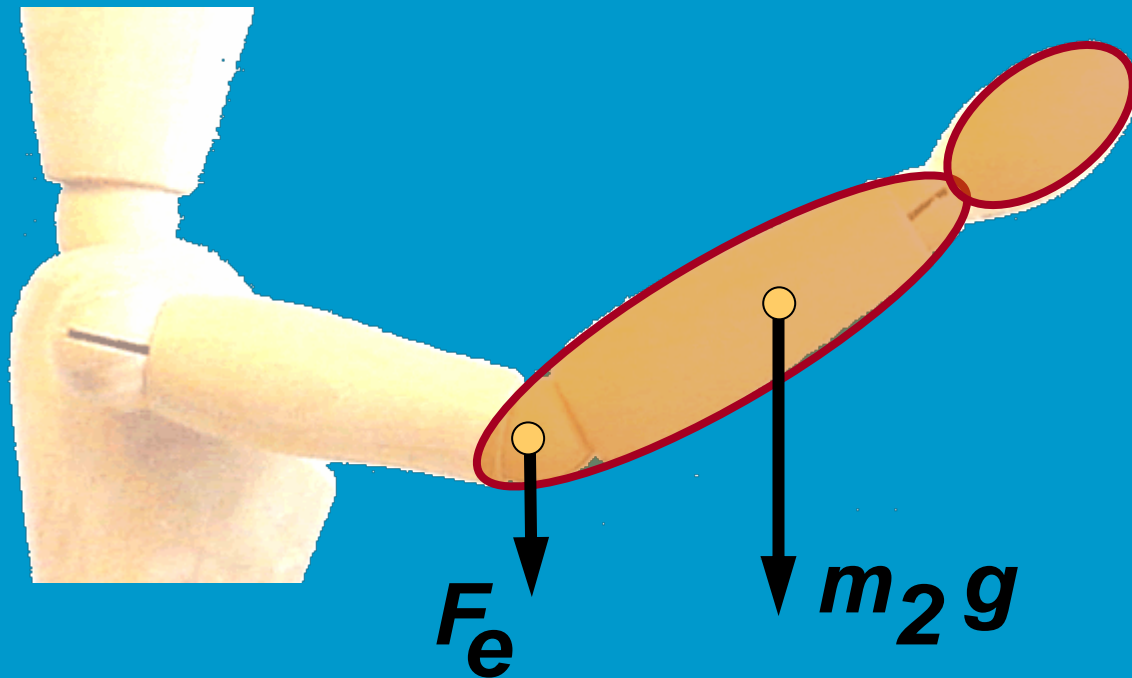
## Force analysis revisited



$F_e$  and  $F_s$  constant  
 $F_s$  by shoulder

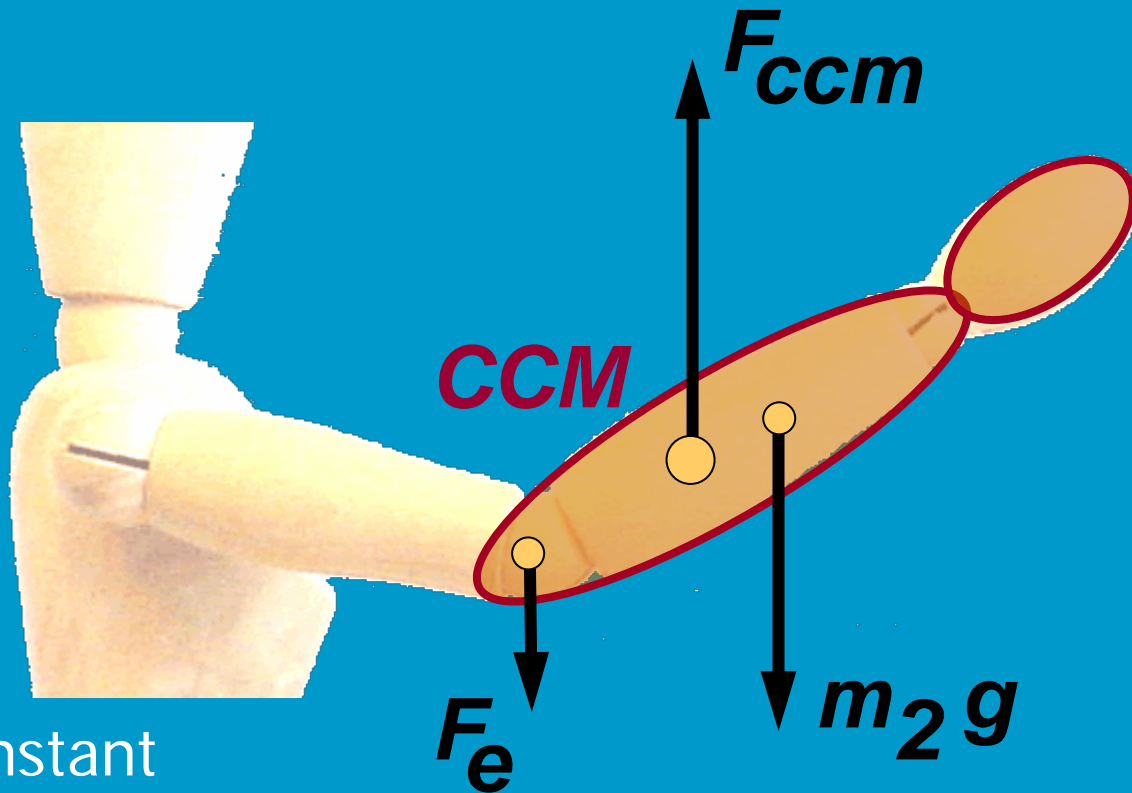
# Conceptual design

## Force analysis revisited



# Conceptual design

## Force analysis revisited

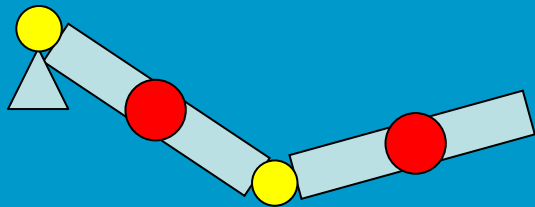
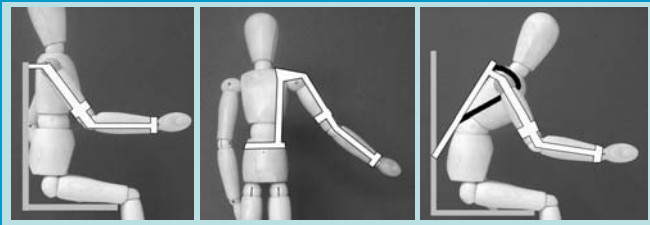


$F_e$  and  $m_2 g$  constant  
 $F_{ccm}$  for complete arm

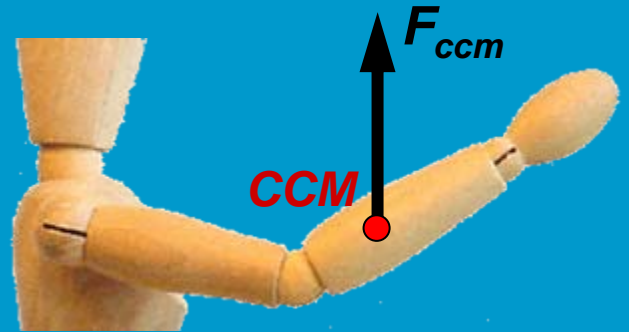
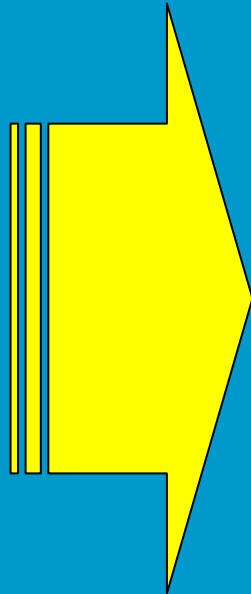


# Biomechanics

## Change of Design Paradigm



Balancing 2-link 4DoF arm



Balancing a point mass!

# Conceptual design

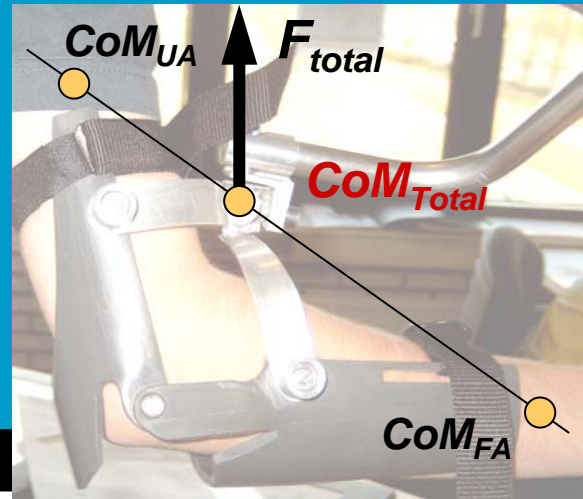
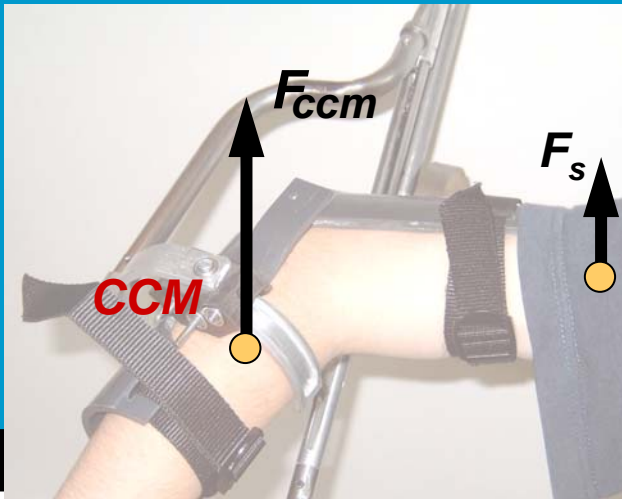
- Problem of carrying a two-segmented 4dof arm reduced to carrying a point mass through space!
- Mechanism no longer alongside arm
- Only one attachment point for complete static balance



Anglepoise (Carwardine, 1934)

# Biomechanics

## Comparison of two support methods



# Biomechanics

## Comparison of two support methods



Support mechanism  
attached at CCM:

Balances 100%

Carries ca. 75%



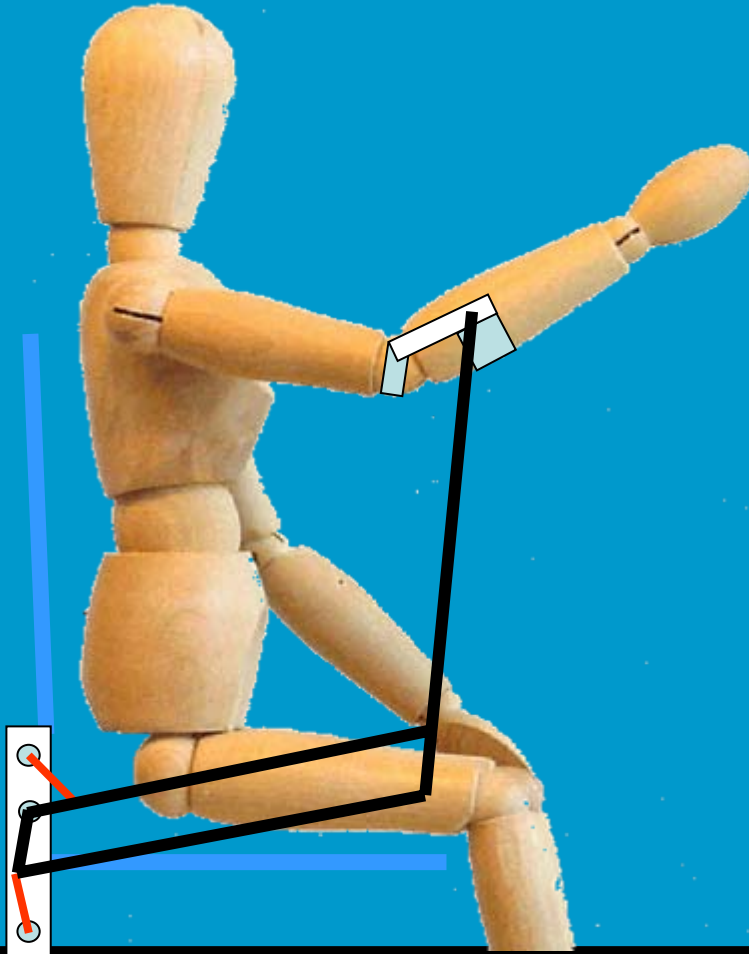
Support mechanism  
attached at  $CoM_{Total}$ :

Balances 100%

Carries 100%

# Conceptual design

## Working principle



No longer alongside arm  
Arm rest maintained  
Inconspicuous



# Preliminary clinical testing

## Moving arm up



Herder, Tomazio, Cardoso, Gil and Koopman, 2002

50

# ARMON (Mark II)

## Patients with the device





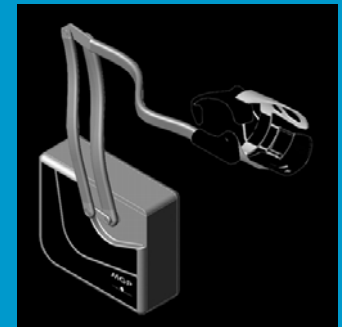
# ARMON (Mark III)

First commercial product



# Development of ARMON

- Mark I:
  - Proof of novel CCM balancing principle
  - Single fitting and aesthetics highly appreciated
- Mark II:
  - Improved range of motion, no interference
  - Actively adjustable gravity balancing
  - Improved appearance and fitting design
- Mark III:
  - Further improved balancing quality and reduced friction
  - Reduced box volume, general sophistication



# Thank you for your attention



Eelke drinking a glass of water with ARMON Mark II

# Acknowledgment

- **MSc Students:** Sergio Tomazio, Luis Cardoso, Jorine Koopman, Clara Gil Guerrero, Wendy van Stralen, Pieter Lucieer, Sabine Gal, Tonko Antonides
- **Physician:** Imelda de Groot MD
- **Patients:** In total over 12 patients tried the device
- **Patient organization:** Dutch Neuromuscular Disease Association (VSN)
- **Company:** Microgravity Products (MGP), Niels Vrijlandt, Tonko Antonides, Marijn Cloosterman, for manufacturing the prototypes and images.