

# Lecture 12

## Intelligent User Experience Engineering IN4179

### Emotion and Avatars

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# Today in first hour

- General Introduction to Emotion
- Avatars
  - facial expression
  - Non-verbal communication
  - Verbal communication in VRET



# Terminology

- **Emotional** and **affective**: either the physical or cognitive component of emotion
- **Emotional state**: internal dynamics when you have an emotion
- **Emotional experience** or **Feeling**: consciously perceive of your own emotional state.
- **Emotional expression**: emotion that is revealed to others (voluntarily, or involuntarily)
- **Mood**: a longer-term affective state, Moods operate on longer time scale compared to emotion. Moods are always there, emotions come and go



(Picard, 1997)



# Emotion, Feelings, moods

- **Emotion:** “...actions or movements, many of them public, visible to others as they occur in the face, in the voice, in specific behaviour” (p. 28).
- **Feelings:** “...are hidden, like all mental images necessarily are, unseen to anyone other...”
- **Feeling** is a reflection of the state of the body
- **Emotions** precede **feelings**
- **Emotions** operate on **low level** (the body), whereas feelings on a **high level** (the mind).



(Damasio, 2004)



# Levels of life regulation

(Damasio, 1999)

High Reason

Complex, flexible, and customized plans of response are formulated in conscious images and may be executed as behaviour

*Consciousness*

Feelings

Sensory patterns signalling pain, pleasure, and emotions become images

Emotion

Complex, stereotyped patterns of response, which include secondary, primary and background emotions.

Relatively simple, stereotyped patterns of response, which include metabolic regulation, reflexes, the biological machinery behind what will become pain and pleasure, drives and motivations

Basic life regulation



# Physical aspects of emotion

## Apparent to others

- Facial expression
- Voice intonation
- Gesture, Movement
- Posture
- Pupillary dilation

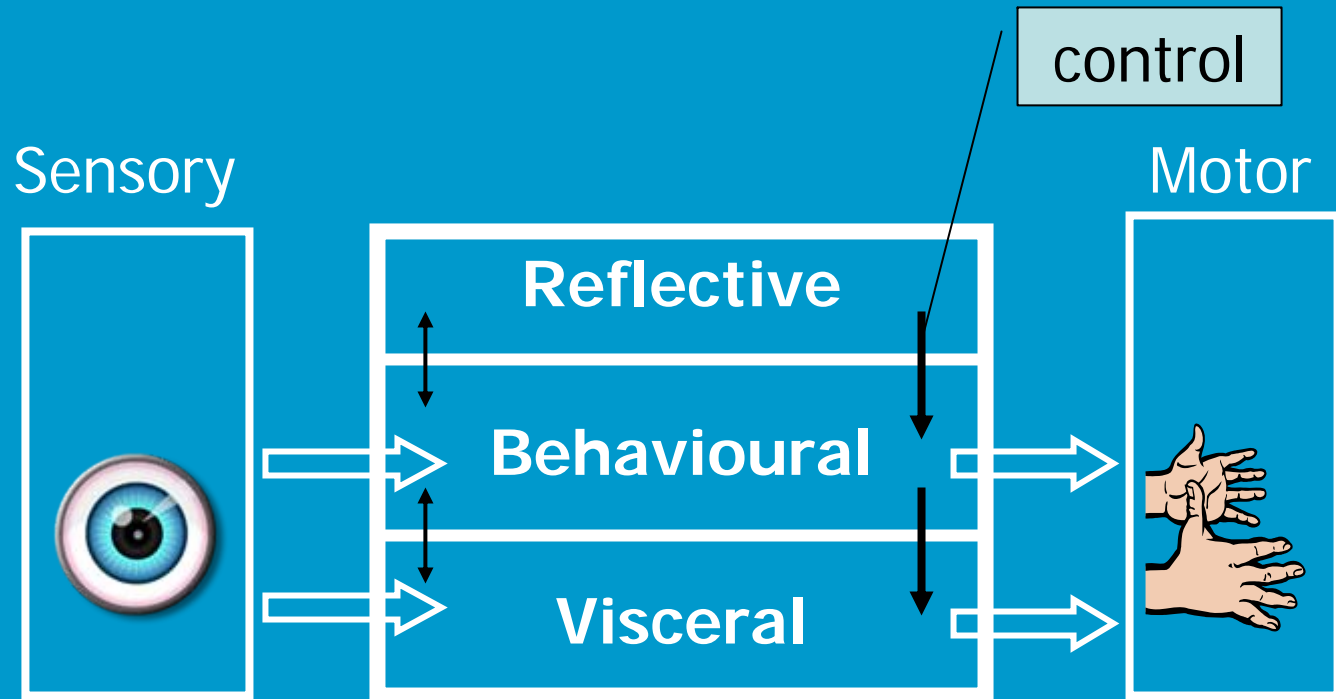
(Picard, 1997, p.27)

## Less apparent to others

- Respiration
- Heart rate, pulse
- Temperature
- Electodermal response, perspiration
- Muscle action potentials
- Blood pressure



# Three levels of affective processing



(Norman, 2004, p. 22).



# Affective processing levels and Product characteristics

- **Reflective design** -> Self-image, personal satisfaction, memories
- **Behavioural design** -> The pleasure and effectiveness of use
- **Visceral design** -> Appearance (look, feel, and sound)

(Norman, 2004).



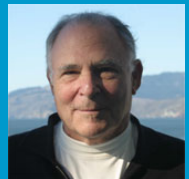


# Six facial expression of emotions



Ekman facial expressions of emotion:

- Not culturally determined
- Universal (biological origin Charles Darwin)  
(Ekman and Friesen, 2003)



# Valance, Arousal, Dominance model

Arousal (exciting/calm)  
Valance (displeasure/pleasure)  
Dominance (in control or  
overpowered by the environment)

Arousal  
high

high

*Terrified/restless*

*Delight/rejoice*

dominance

negative

positive

Valance

angry

*gloomy*

*Relaxed/soothing*

low

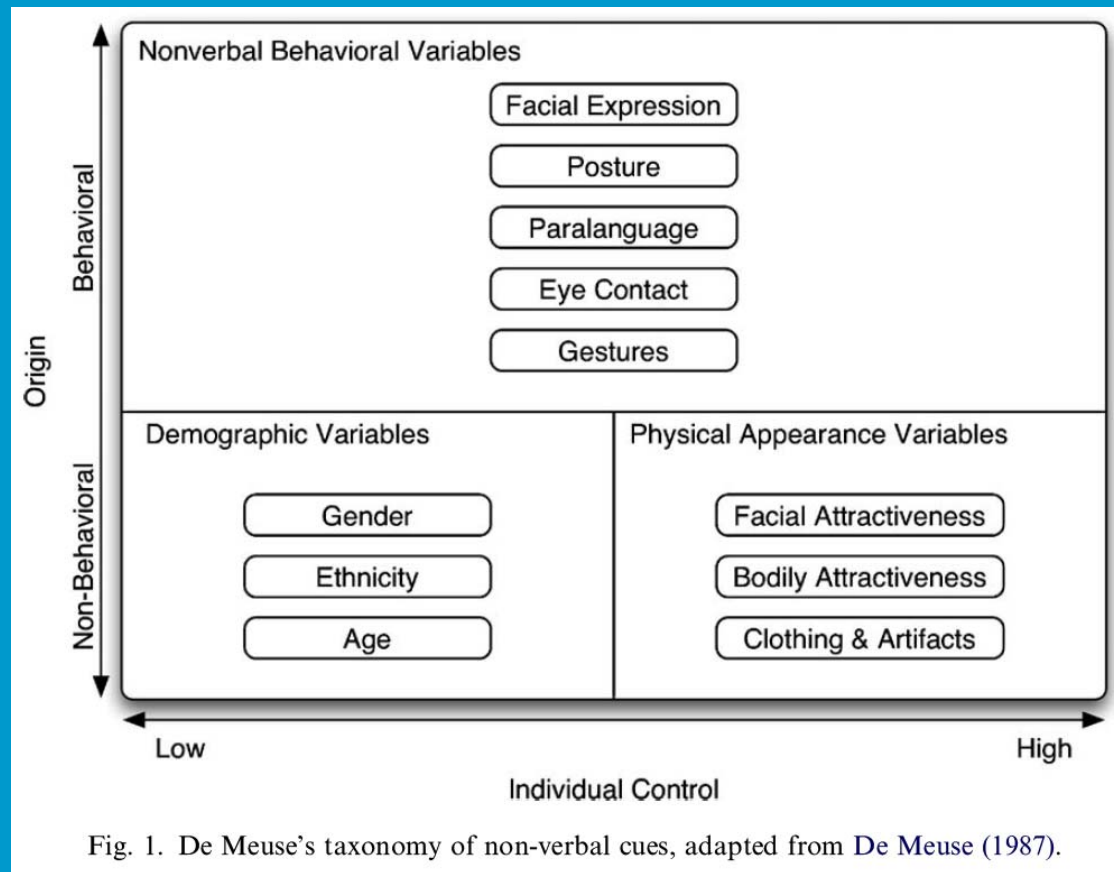


# Emotional Avatars

- **Emotion:**
  - Is used by humans as communication means
- **Emotional Avatar**
  - Simple model of emotion programmed
  - Expression based on emotional “state” (happy, sad, etc...)
  - Repeated emotions influence “mood”
- **Why?**
  - **HCI:** More intuitive human-machine interaction
  - **Gaming:** entertainment value
  - **Training & Simulation:** better training of trainees



# Non-verbal communication



(Cowell and Stanney, 2005, p. 284)



# Functions that non-verbal behavior provides

- **Emblems**
- Illustrators
- Affect displays
- Regulators
- Adaptors

“Non-verbal behaviors that have a direct verbal equivalent (e.g. wave meaning “goodbye”, tapping of a watch to indicate tardiness)”

(Ekman 1973 as in Cowell and Stanney, 2005)



# Functions that non-verbal behavior provides

- Emblems
- **Illustrators**
- Affect displays
- Regulators
- Adaptors

(Ekman 1973 as in Cowell and Stanney, 2005)

“Non-verbal behaviors that are tied to speech patterns; portraying something analogically about what is being said” (finger moving pass the throat to indicate dead/kill)

**Batons** body (hand) movement to emphasize a word or phrase



# Functions that non-verbal behavior provides

- Emblems
- Illustrators
- **Affect displays**
- Regulators
- Adaptors

(Ekman 1973 as in Cowell and Stanney, 2005)

“Non-verbal behaviors that display certain aspects of the referent’s emotional and psychological state and are linked closely with facial expression...less awareness and intentionality than either emblems or illustrators”



# Functions that non-verbal behavior provides

- Emblems
- Illustrators
- Affect displays
- **Regulators**
- Adaptors

(Ekman 1973 as in Cowell and Stanney, 2005)

“Non-verbal behaviors that maintain the back-and-forth rhythm of a conversation. Regulators are related to the flow of conversation (e.g. eye contact, body lean to indicate wanting to speak).”





# Functions that non-verbal behavior provides

- Emblems
- Illustrators
- Affect displays
- Regulators
- **Adaptors**

(Ekman 1973 as in Cowell and Stanney, 2005)

“These are non-verbal behaviors that provide information about an individual’s attitude, anxiety level, and self-confidence. Unlike the other functional areas, adaptors are used unconsciously and thus are a potentially rich source of involuntary information about the psychological state of an individual”



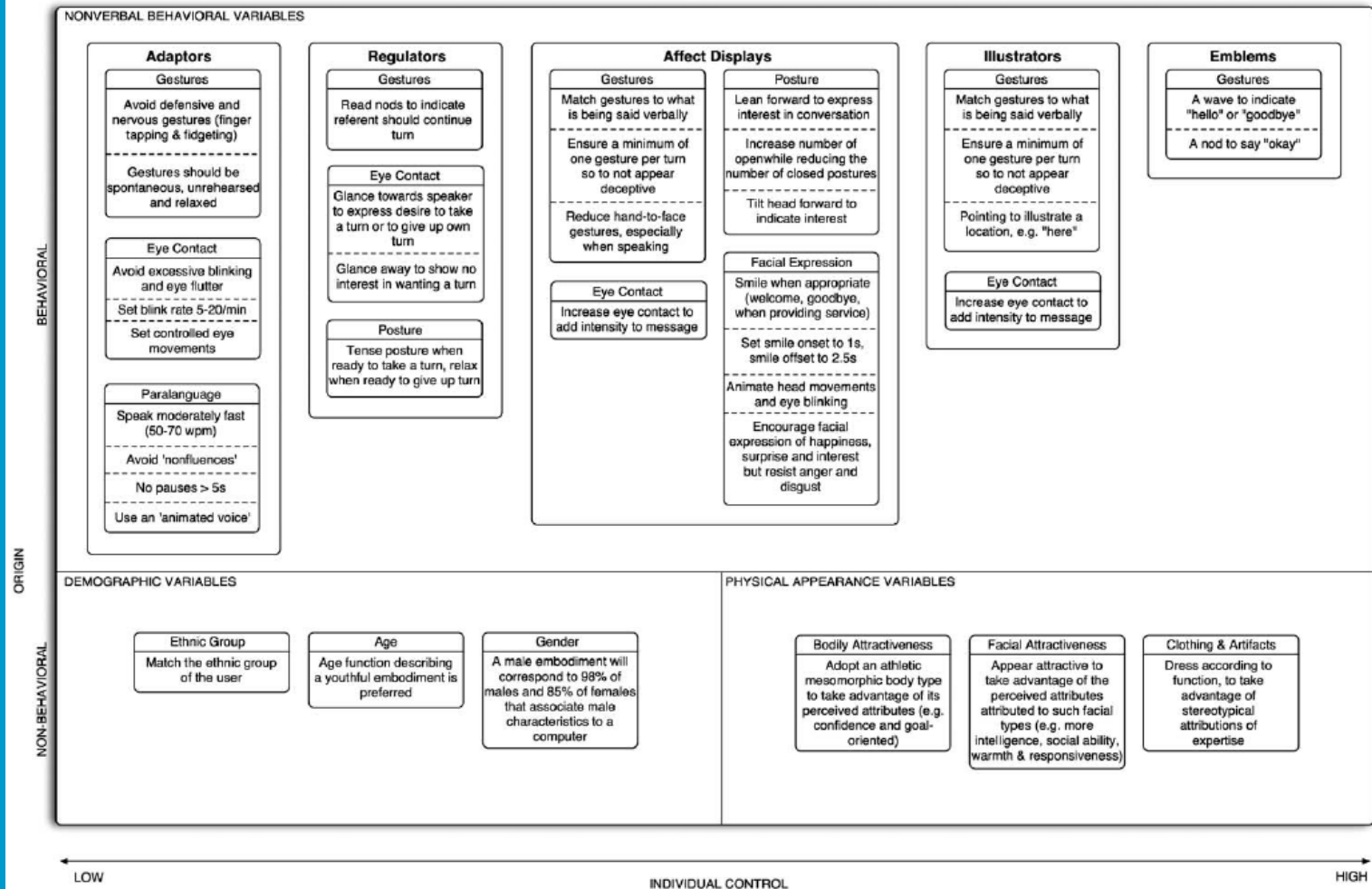


Fig. 2. Design suggestions for non-verbal characteristics that can lead to a credible facade.

(Cowell and Stanney, 2005, p. 290)



# Regenerate social scene in VR that evoke natural human behaviour and attitude

Intimate distance: Up to 0.5 meter  
Personal distance: 0.5 – 1.25 meter  
Social distance: 1.25 – 4 meter  
Public distance: 4-8 meter

(Hall 1966 as cited by Hogg and Vaughan 2005)



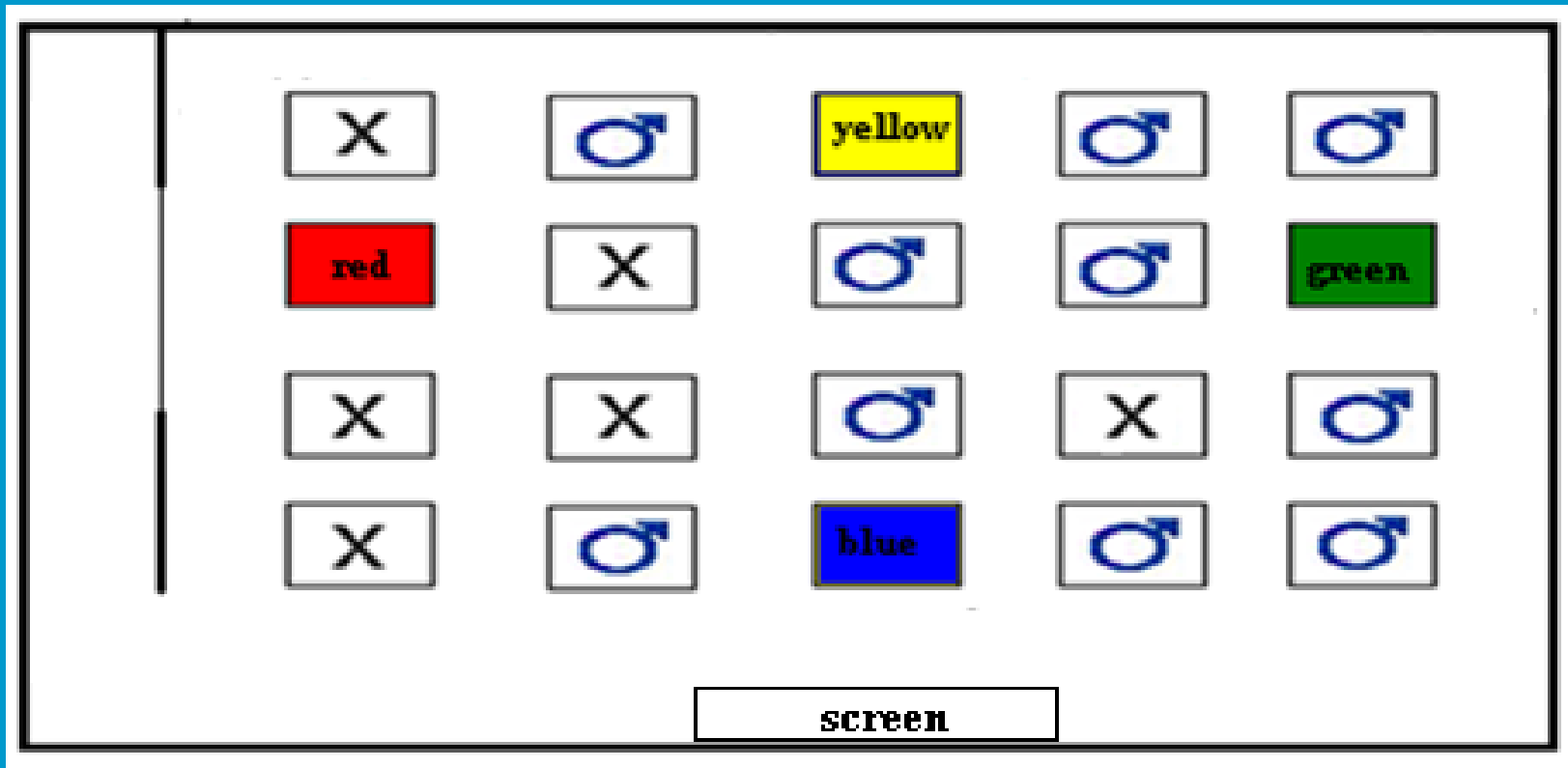
(Brinkman et al., 2009)



# The chairs

22 subjects

- 11 clockwise condition
- 11 anti-clockwise condition

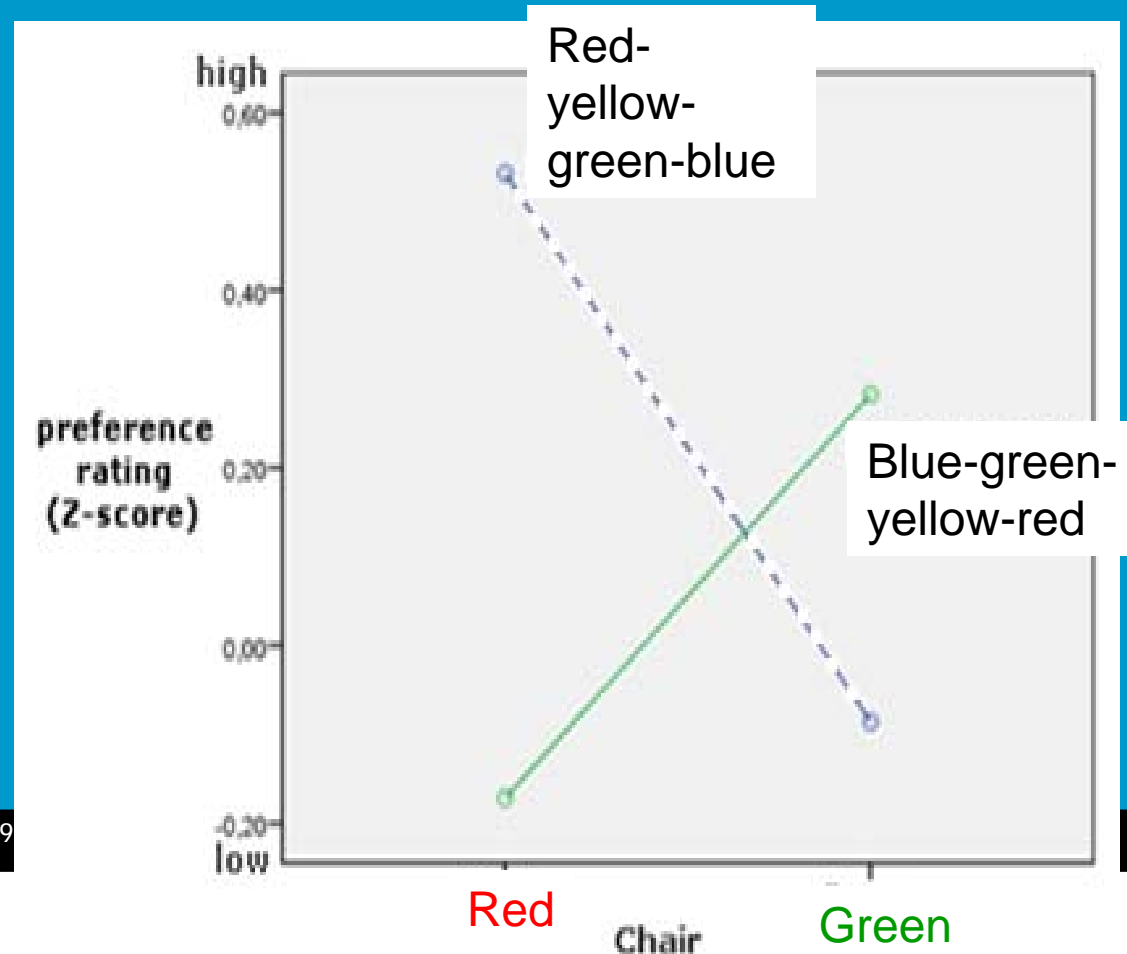
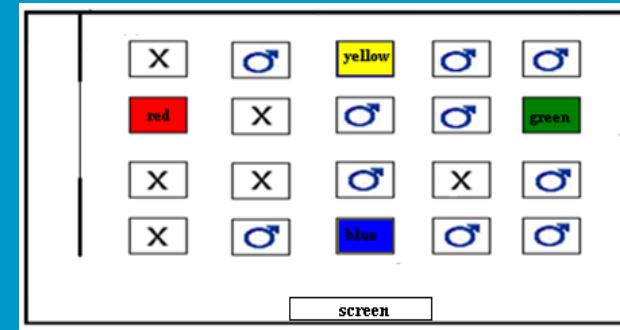


# Results

Chairs are graded higher when graded earlier in the path



The participants prefer to take a seat on the chair that is nearest to them

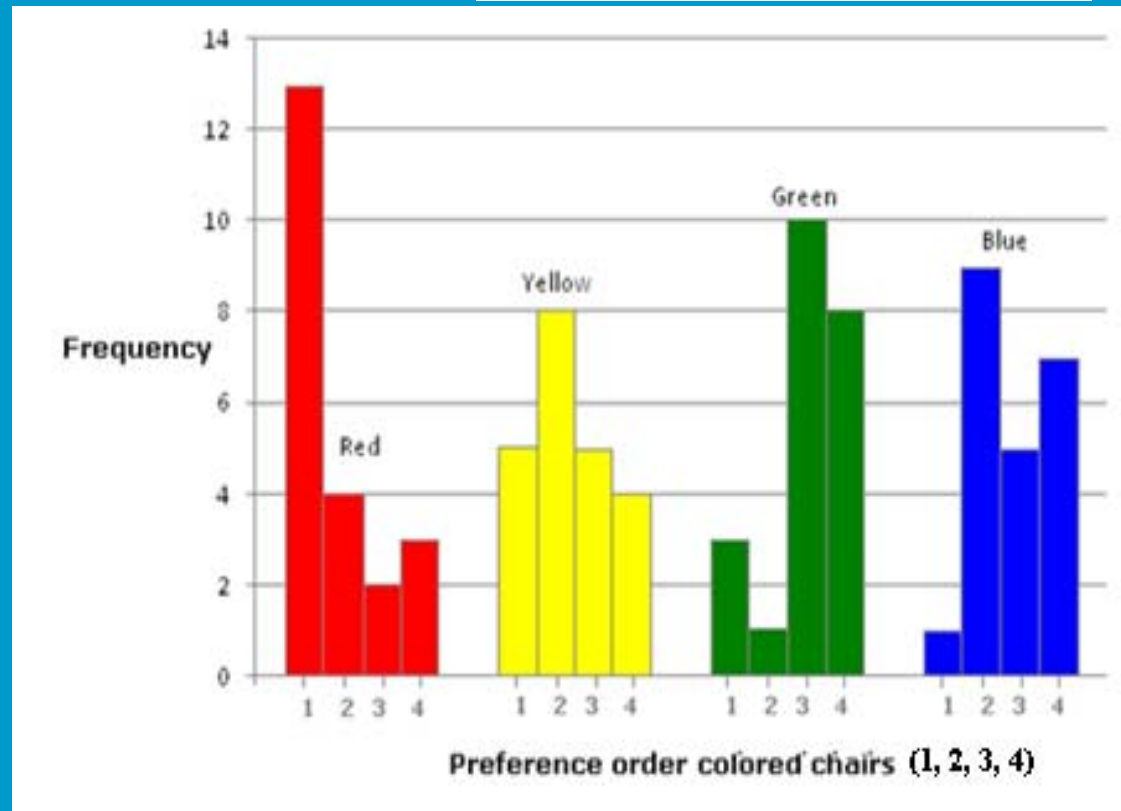
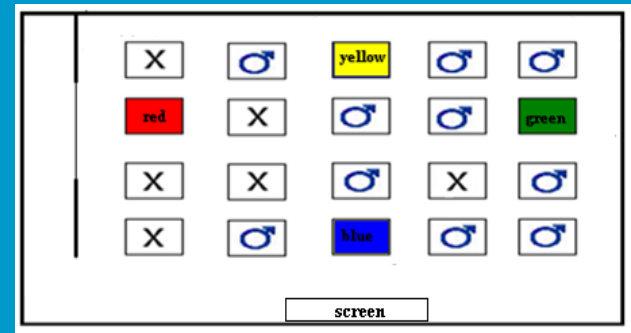


# Results

Red chair significant more selected than the green chair



The participant prefer a chair with no avatars around them rather than with avatar surrounding it



# Non-verbal communication

- Demo



# Virtual Reality Exposure Therapy

- Anxiety disorder e.g. social phobia, specific phobias (heights, flying, animals), and agoraphobia.
- Fear is a response to a **known**, external, definite, or nonconflictual threat
- Anxiety is a response to a threat that is **unknown**, internal, vague, or conflictual.



(Sanock and Sadock, 2003)





# VRET – social phobia -Demo



# Reference

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