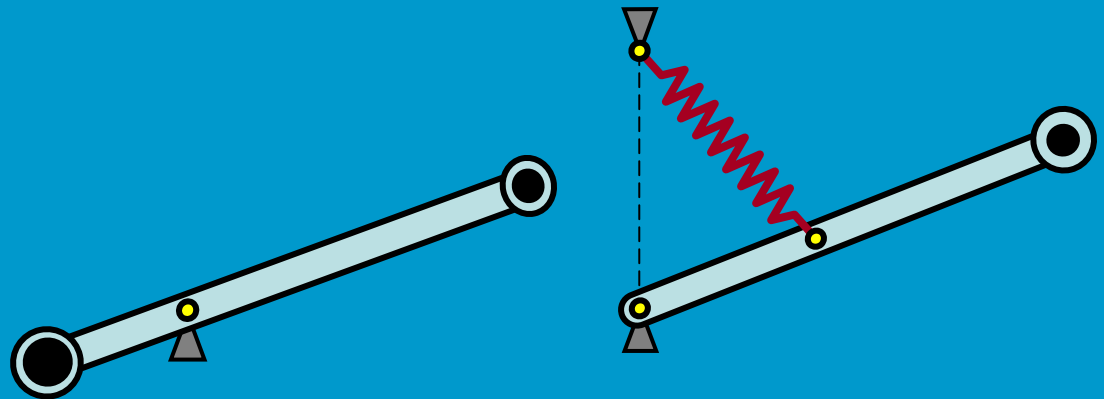


Orthoses

Carrying Orthosis, Elbow Orthosis, ARMON

Just Herder



Wb2308 Biomedical Engineering Design
J.L.Herder@3mE.tudelft.nl

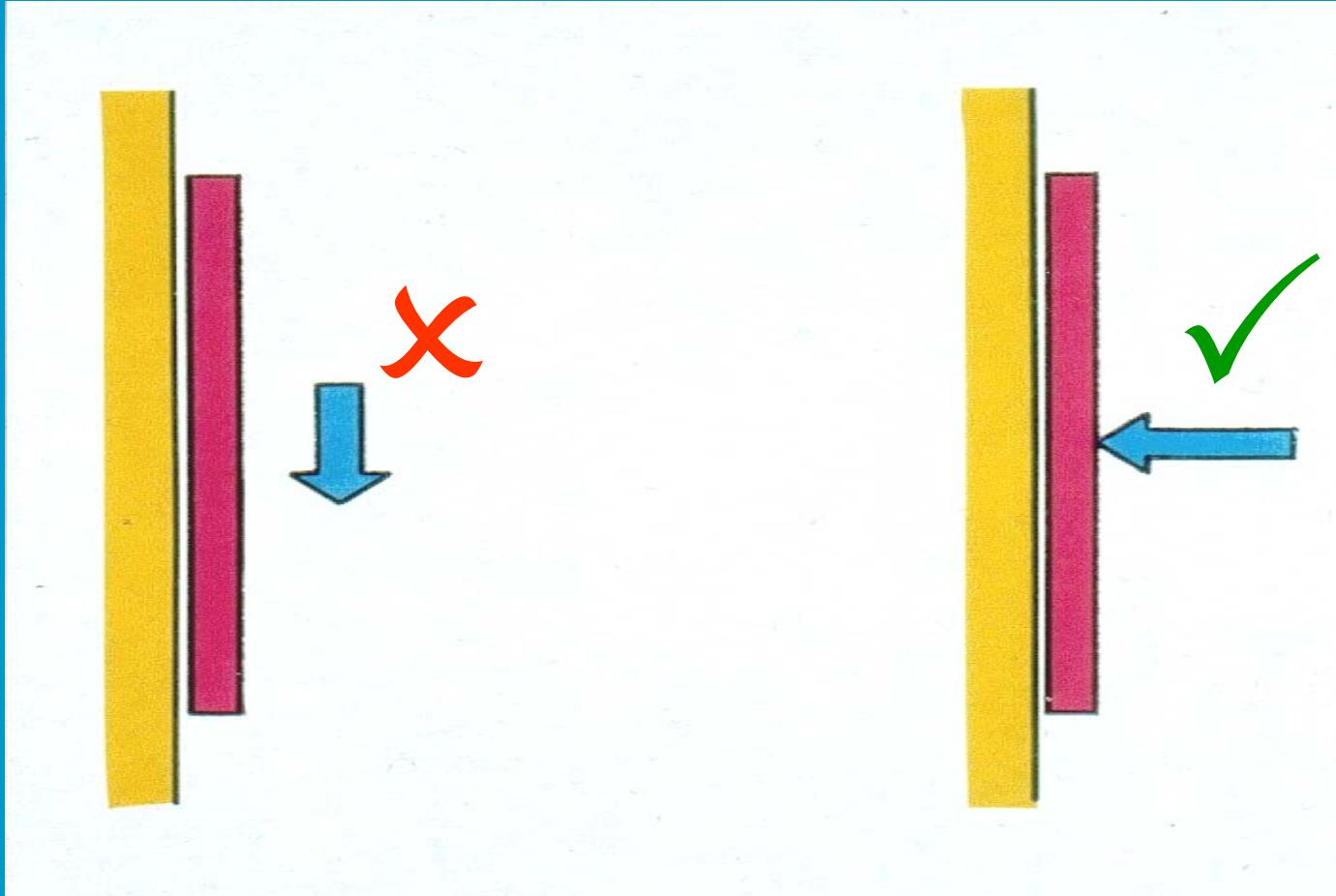
Overview

- Carrying Orthosis
- Elbow Orthosis
- ARMON

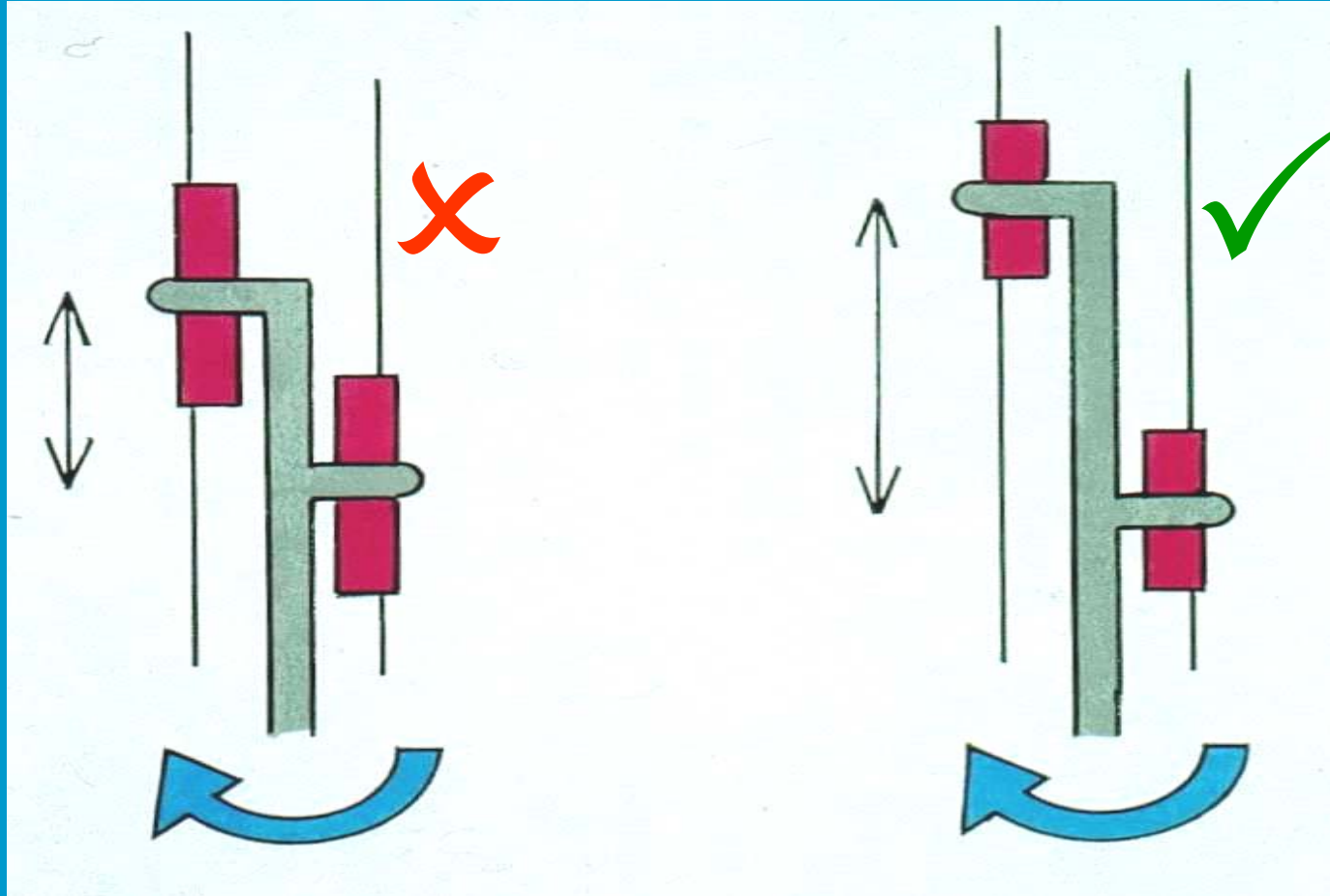
Design guidelines

- Cosmetics: appearance, natural usage
- Comfort: lightweight, 'breathing'
- Control: low mental and physical load

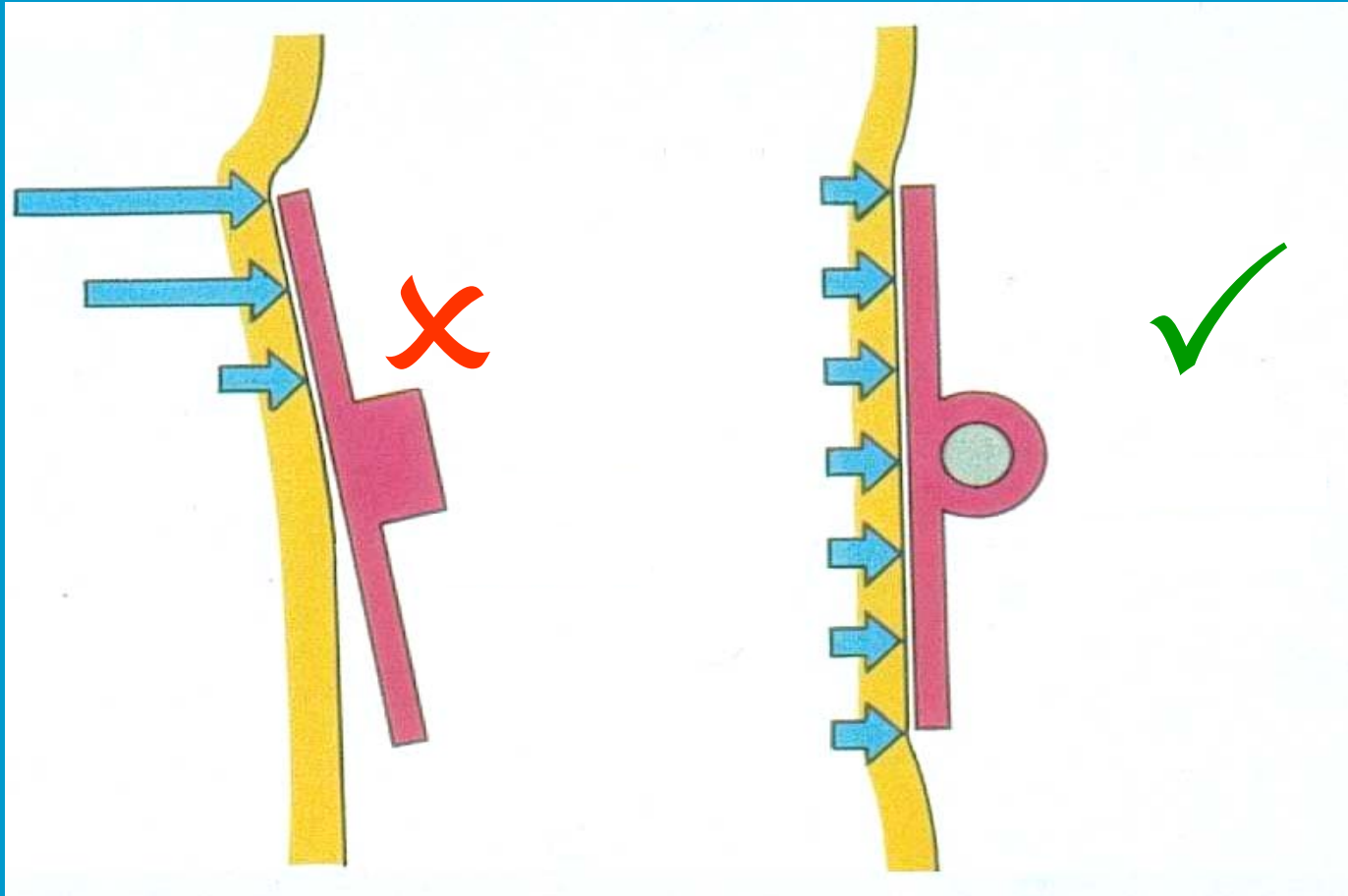
1. No shear forces!



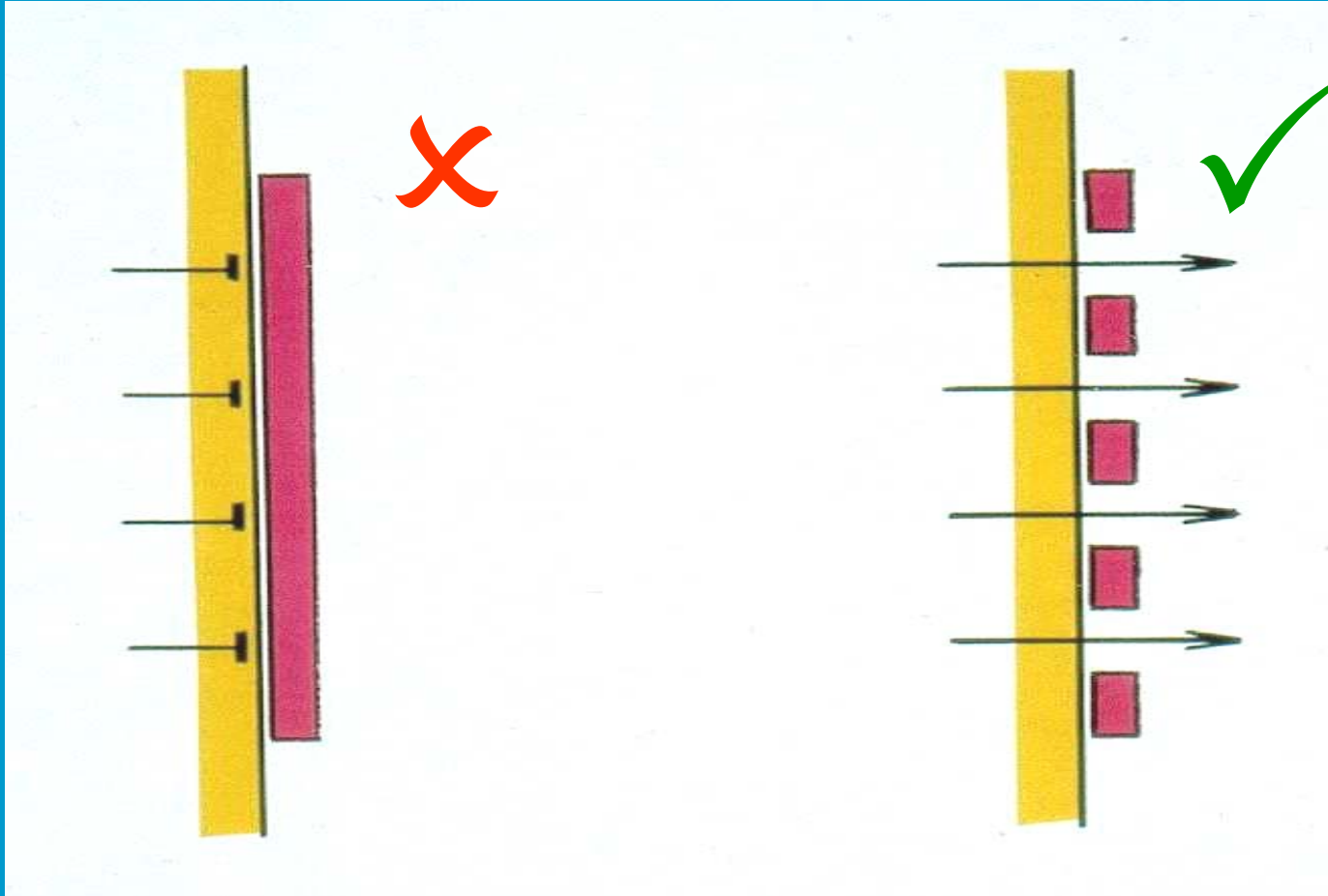
2. Distance between interfaces!



3. Make interfaces adaptive!



4. Perforate the interfaces!



Design perspectives

- **Motion directed design**: starting with desired motion (or positions), add actuators later.
- **Force directed design (FDD)**: start with desired forces (or force distributions), take care about motion later.

Same mechanics, different design perspective!

Example 1

Given situation

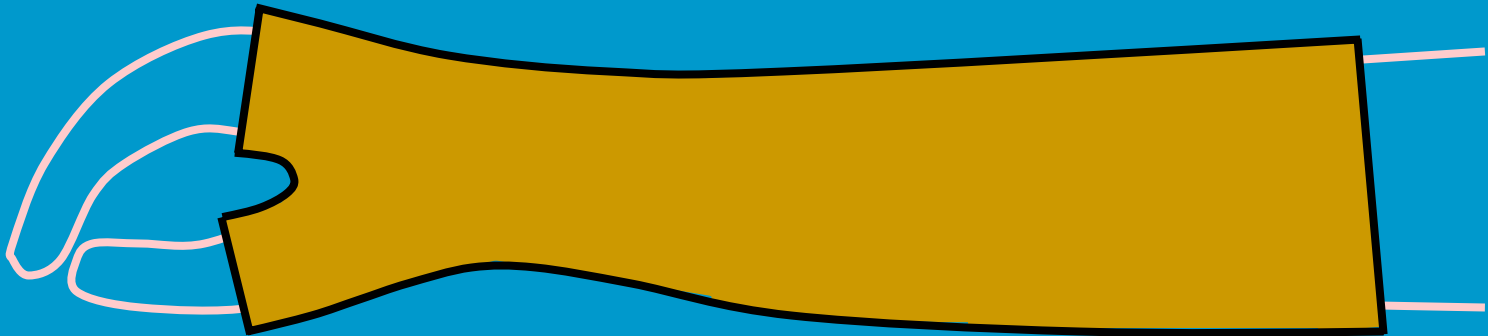


Desired situation



Example 1

Solution according to **motion directed design**



Example 1

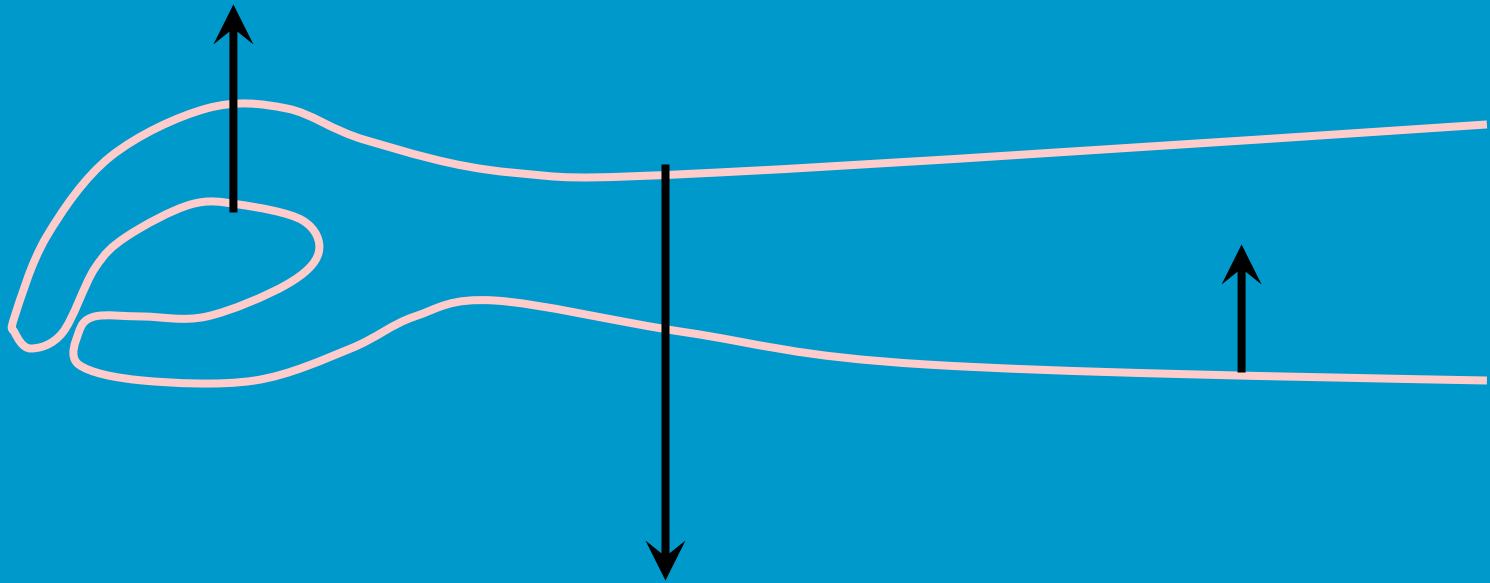
Solution according to **force directed design**



Equilibrium through addition of appropriate forces

Example 1

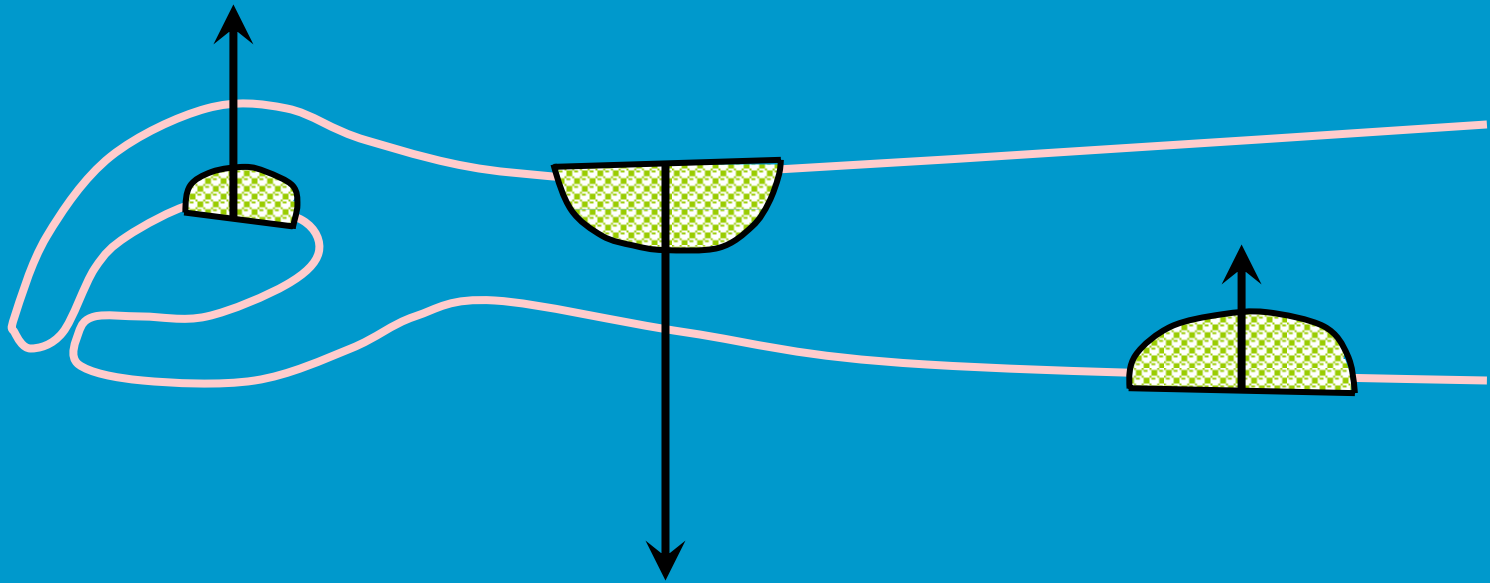
Solution according to **force directed design**



Equilibrium through addition of appropriate forces

Example 1

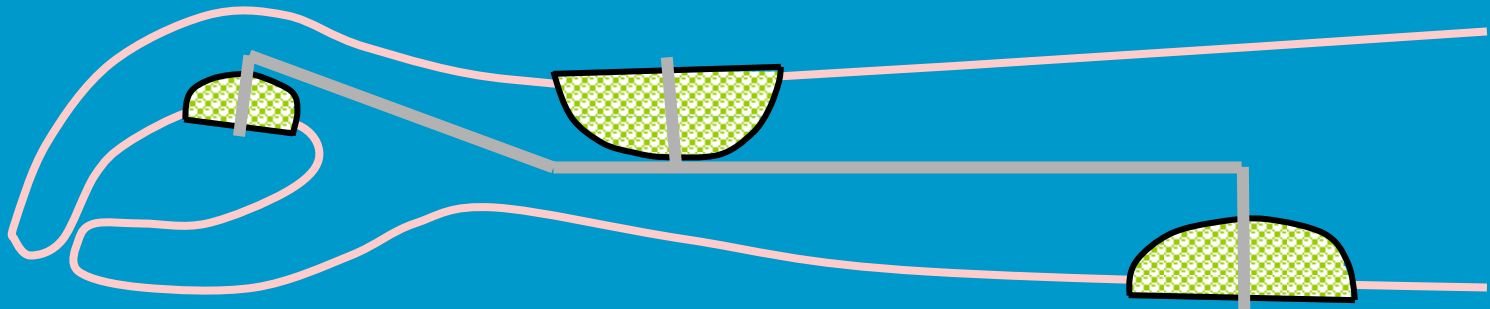
Solution according to **force directed design**



Equilibrium through addition of appropriate forces

Example 1

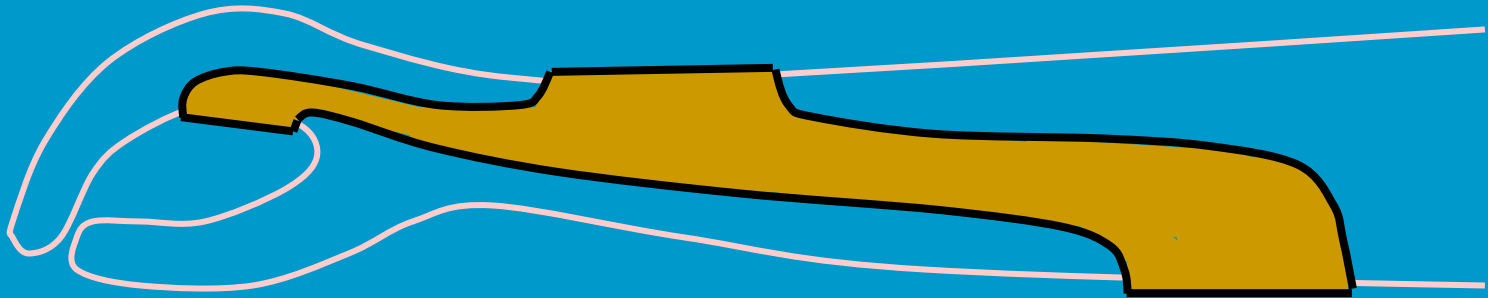
Solution according to **force directed design**



Equilibrium through addition of appropriate forces

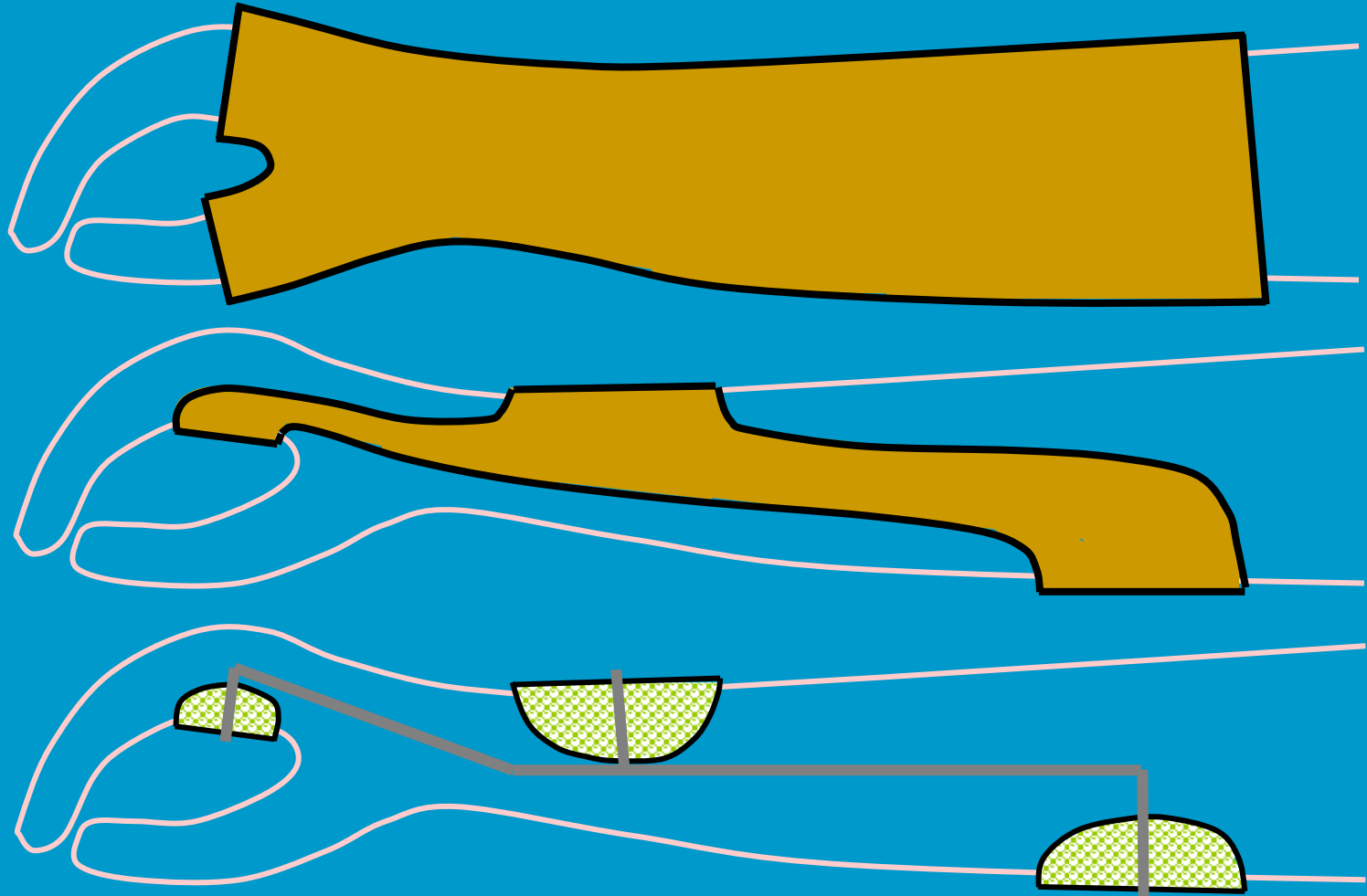
Example 1

Solution according to **force directed design**



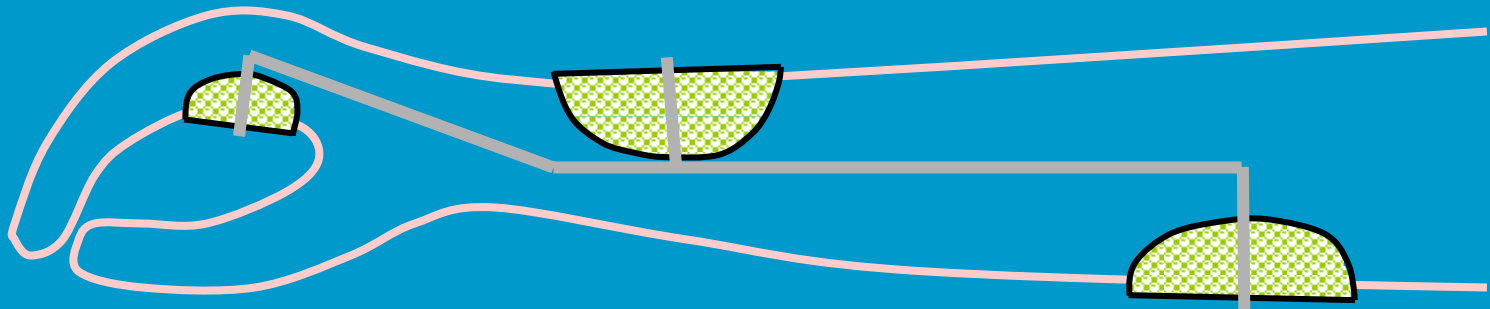
Equilibrium through addition of appropriate forces

Example 1



Example 1

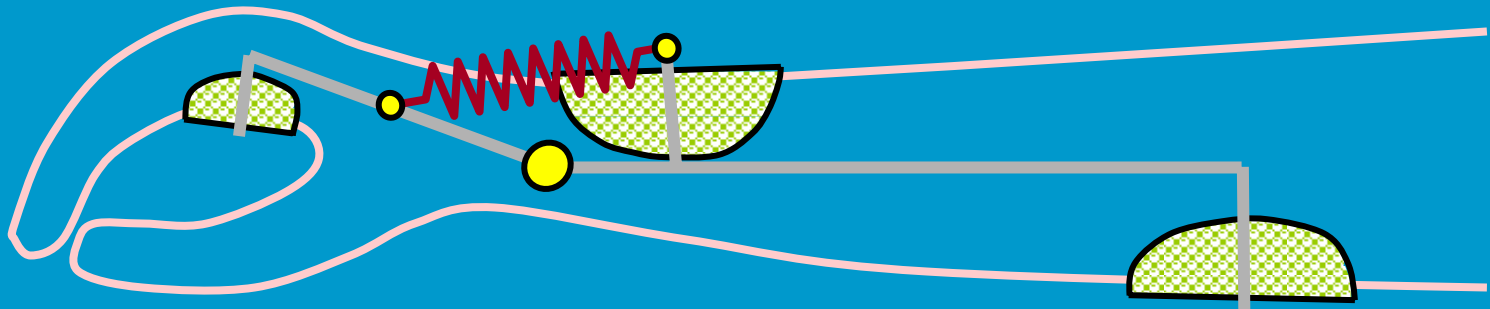
Solution according to **force directed design**



Equilibrium through addition of appropriate forces

Example 1

Solution according to **force directed design**



Continuous equilibrium through **static balancing**

Conclusion example 1

- Start with desired forces or force distribution
- Make equilibrium with other forces
- Select profitable force application points
- Apply guidelines
- Connect application points with minimal material
- If mobility desired: static balancing

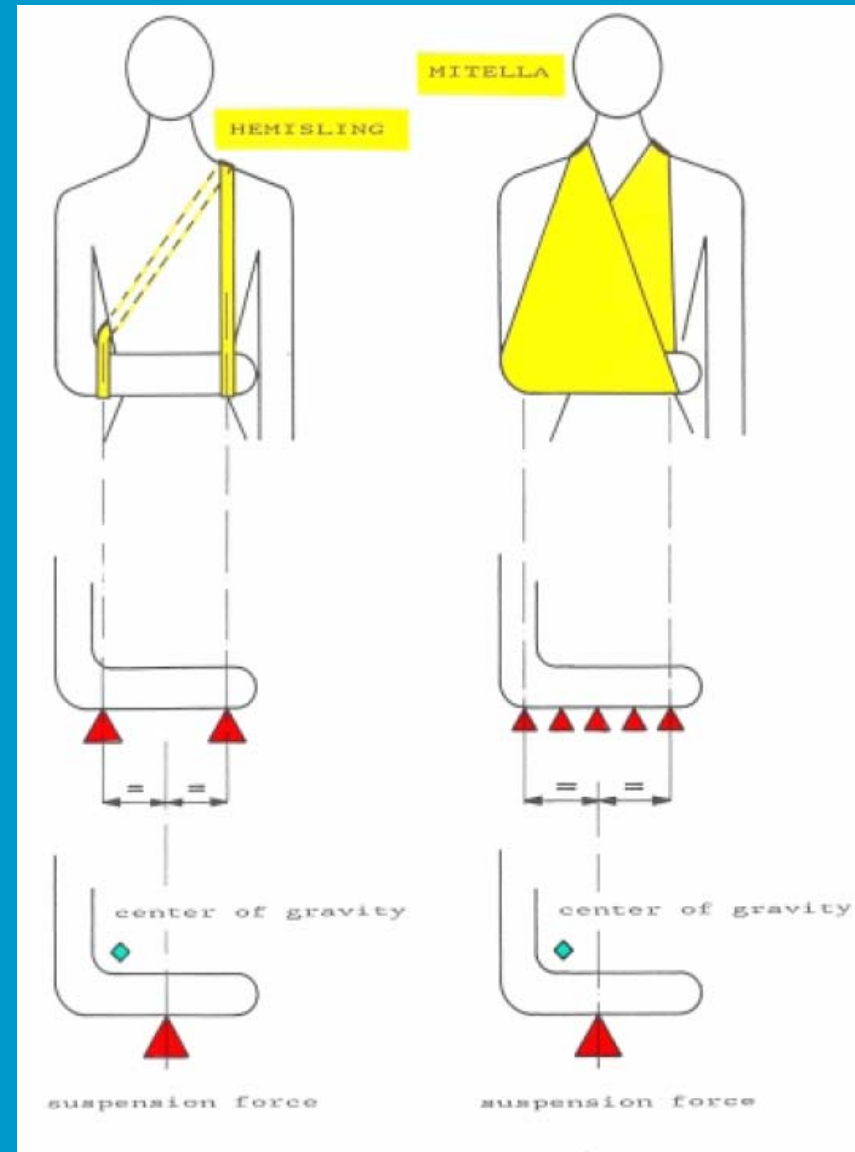
Shoulder orthosis

a.k.a WILMER Carrying Orthosis

Shoulder orthosis

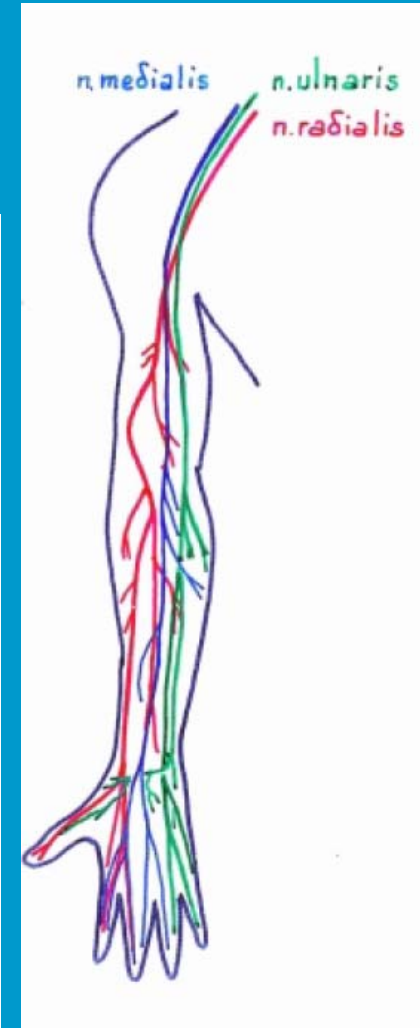
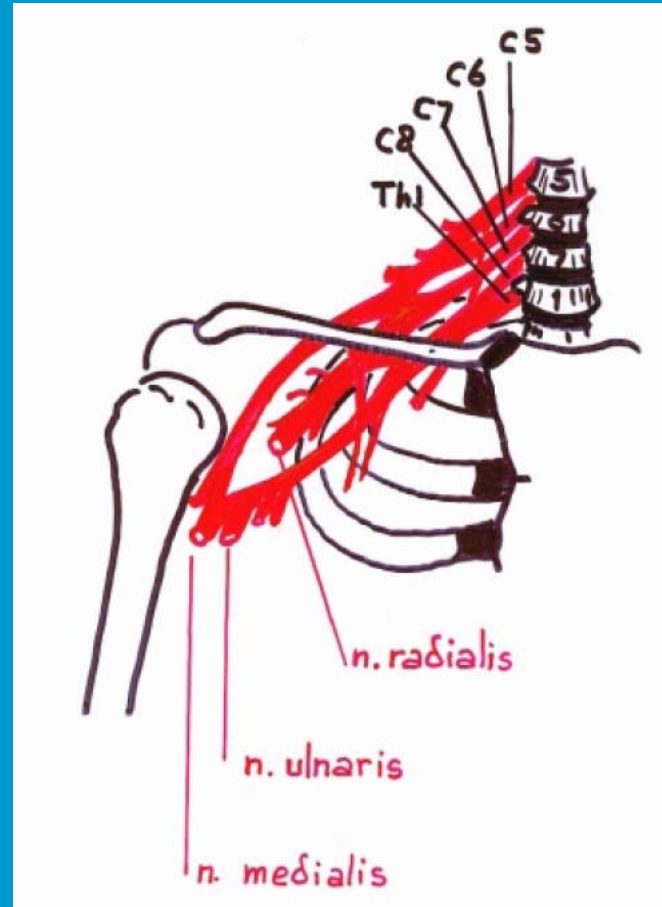
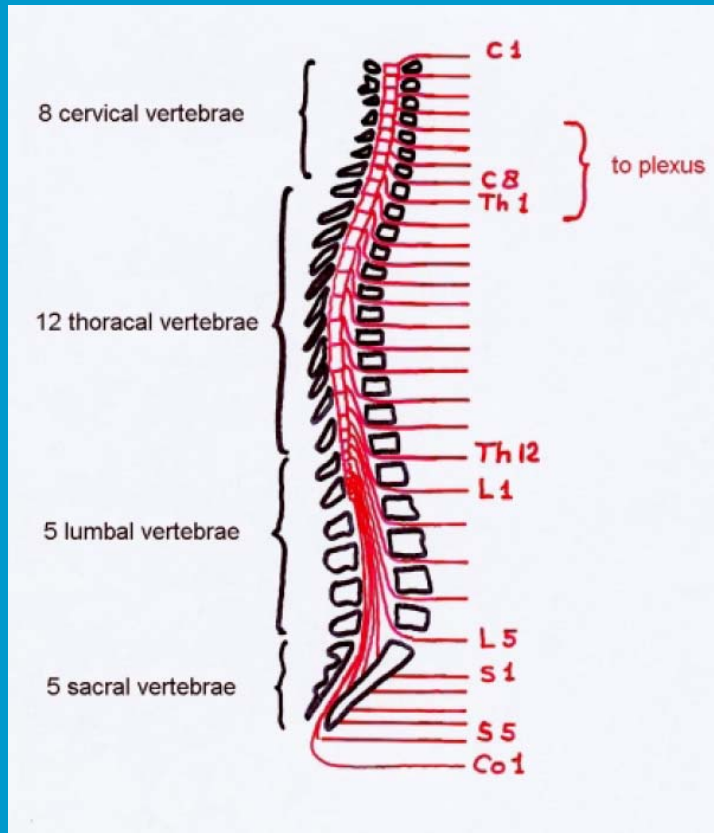
a.k.a WILMER Carrying Orthosis

Present solutions
do not work



Shoulder orthosis

a.k.a WILMER Carrying Orthosis



Shoulder orthosis

a.k.a WILMER Carrying Orthosis

Result:

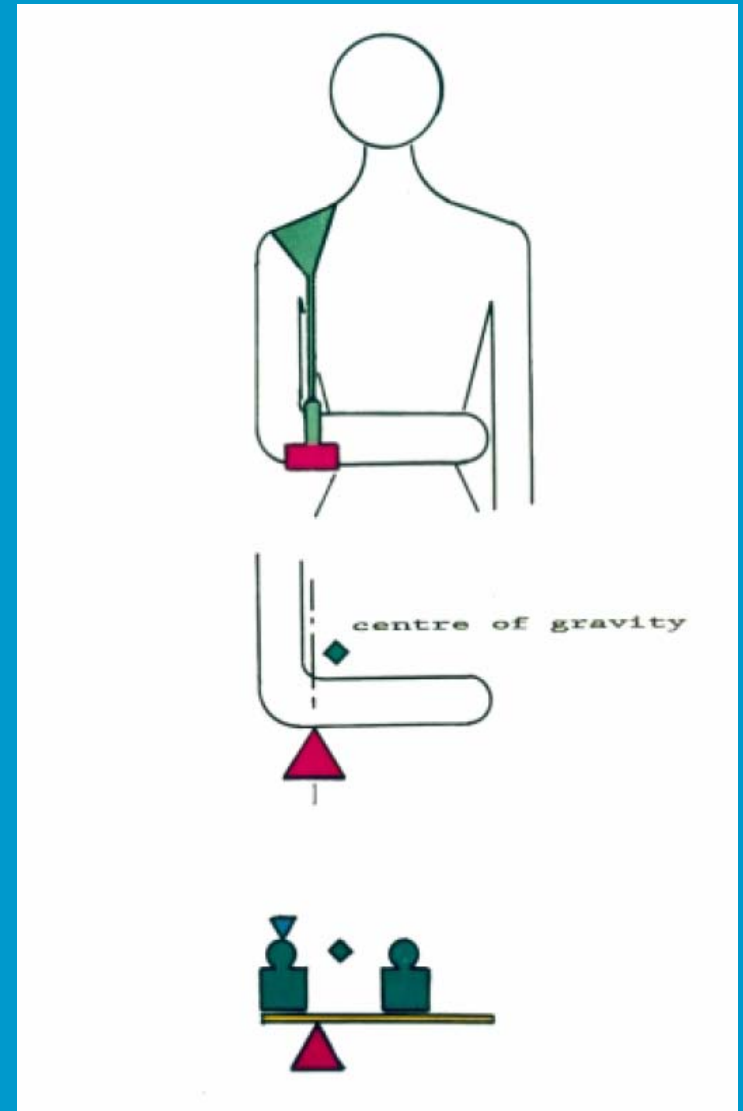
Flail arm

Subluxation



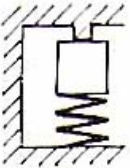
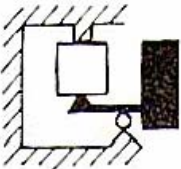
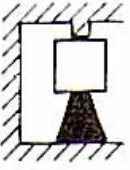
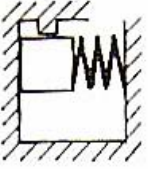
Shoulder orthosis

a.k.a WILMER Carrying Orthosis



Shoulder orthosis

a.k.a WILMER Carrying Orthosis

	Description	Advantages	Disadvantages
 <p>a</p>	Elevation force applied by spring	Controlled subluxation	Variable shoulder force
 <p>b</p>	Elevation force applied by counterweight	Controlled subluxation constant shoulder force	Heavy and voluminous because of counterweight
 <p>c</p>	Elevation held by clamping	Insensitive to disturbing (dynamic) forces	Sensitive to movements of fixation point
 <p>d</p>	Elevation held by friction		Sensitive to disturbing forces High normal forces

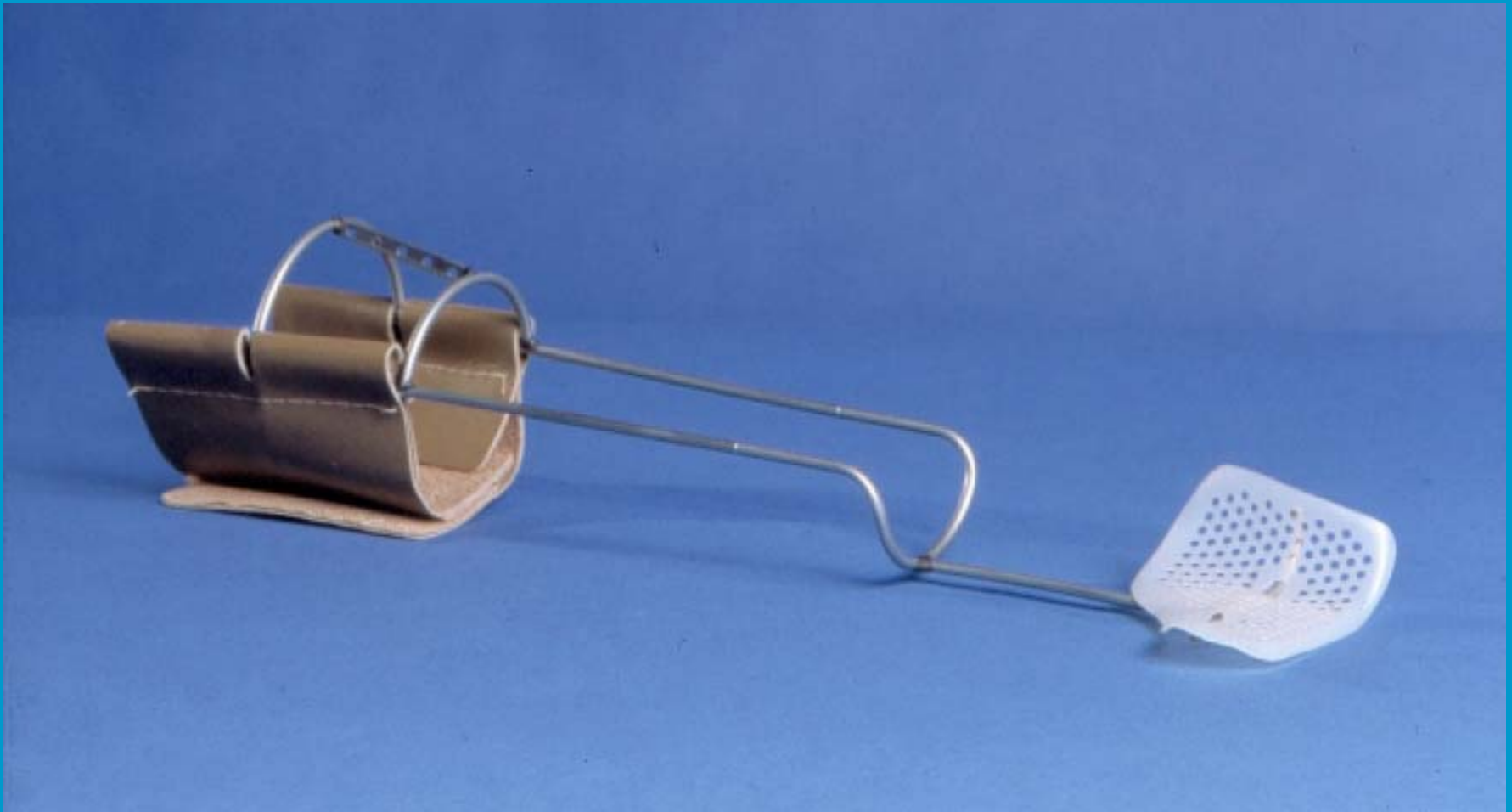
Shoulder orthosis

a.k.a WILMER Carrying Orthosis



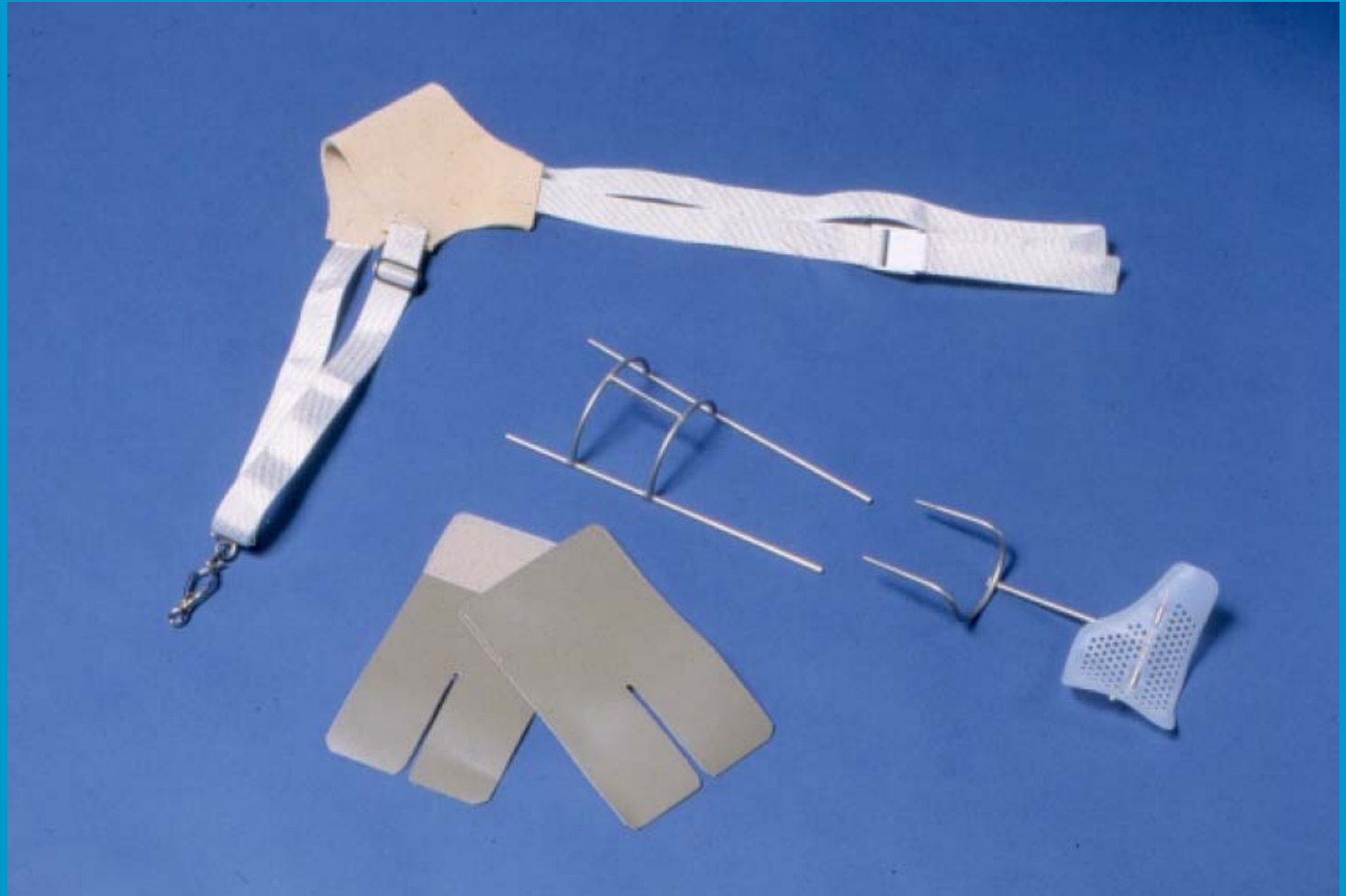
Shoulder orthosis

a.k.a WILMER Carrying Orthosis



Shoulder orthosis

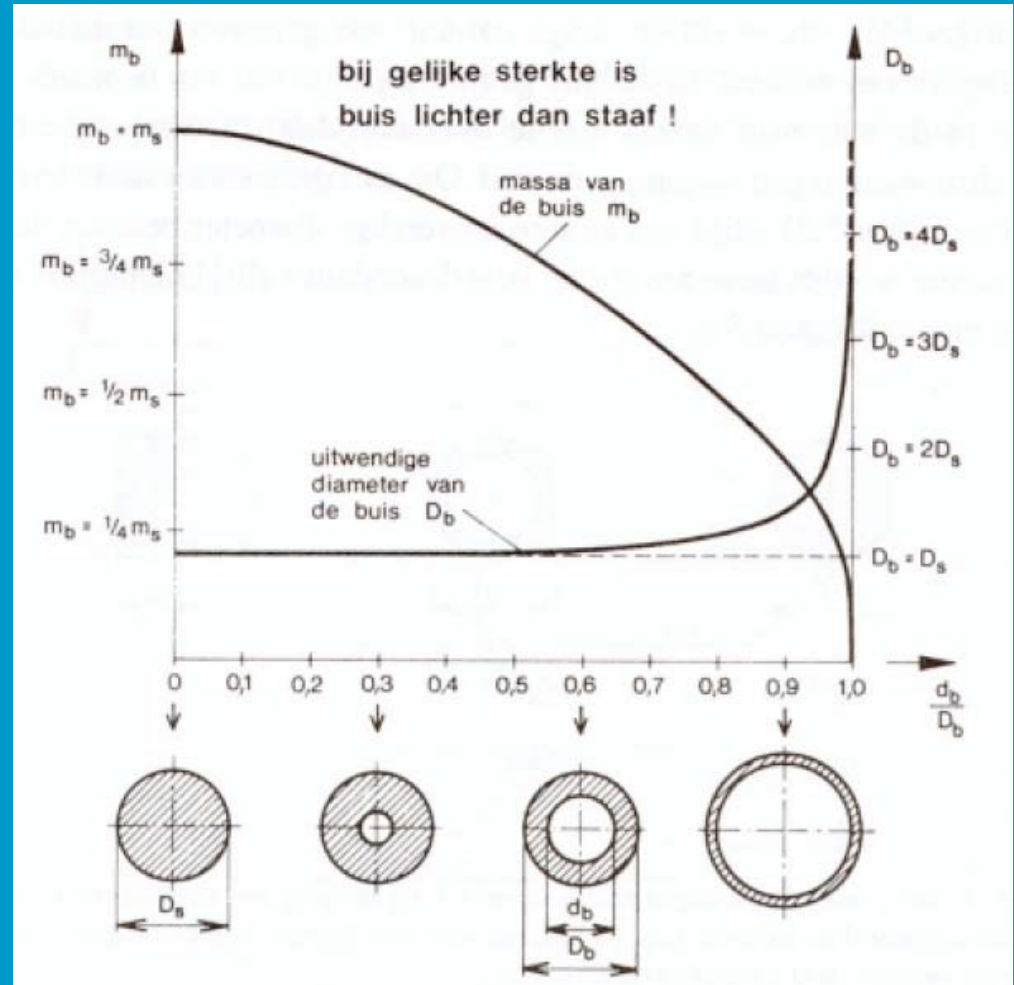
a.k.a WILMER Carrying Orthosis



Shoulder orthosis

a.k.a WILMER Carrying Orthosis

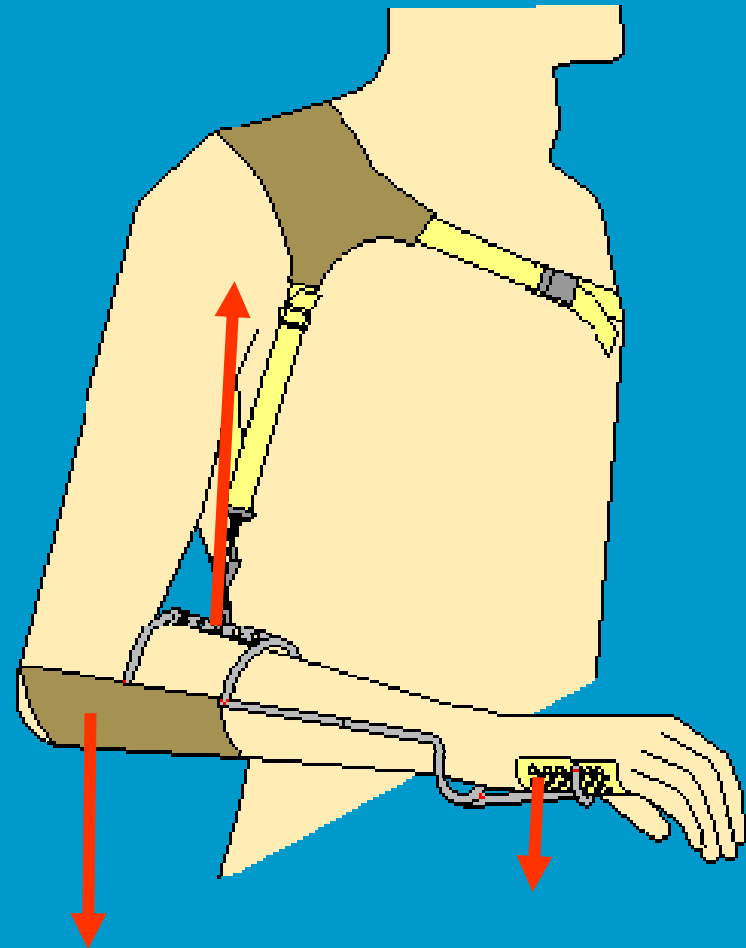
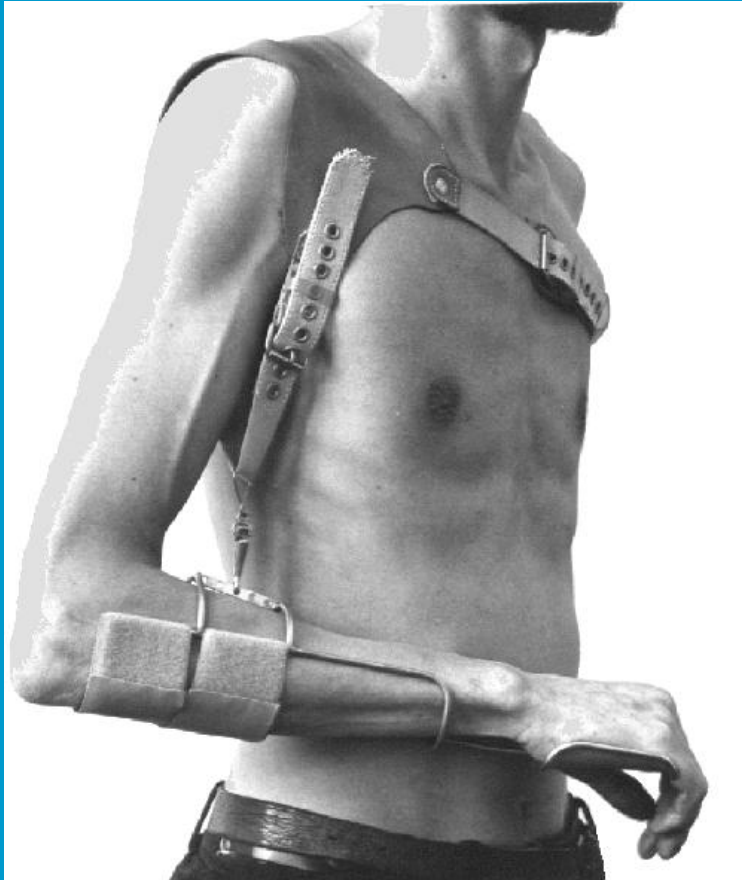
Made out of stainless steel tube



Shoulder orthosis

a.k.a WILMER Carrying Orthosis

- Neutralization of subluxation
- Suppression of oedema
- Reduced pain
- Protection
- Allows passive motion
- Low mass
- Comfortable
- Invisible
- Easy donning and doffing



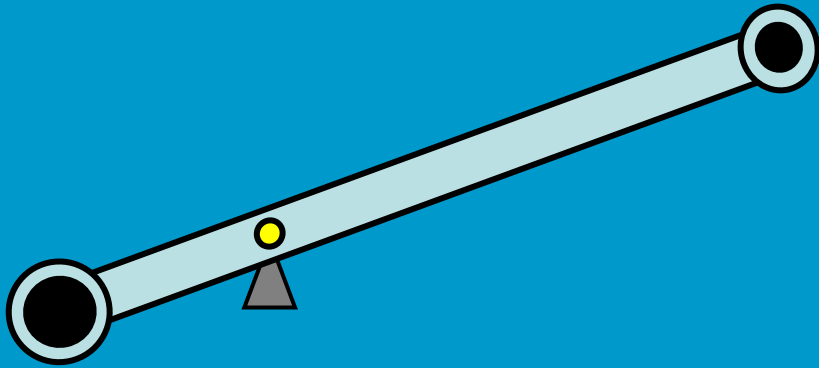
Elbow Orthosis

Elbow Orthosis

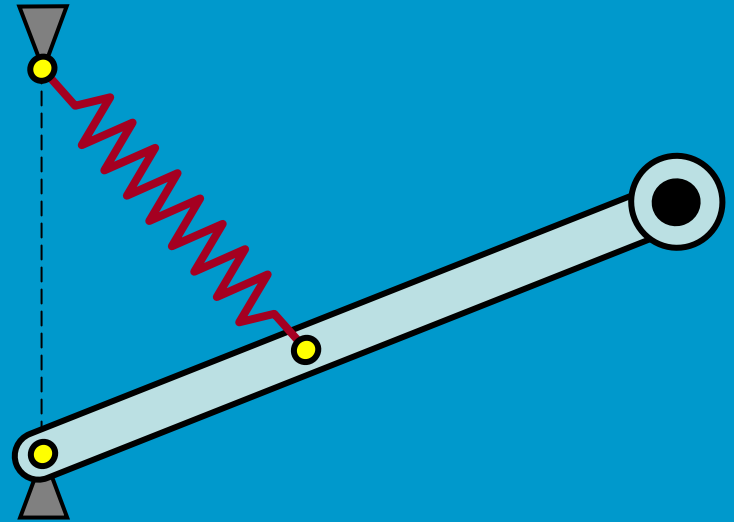
State of the Art...



Use of springs

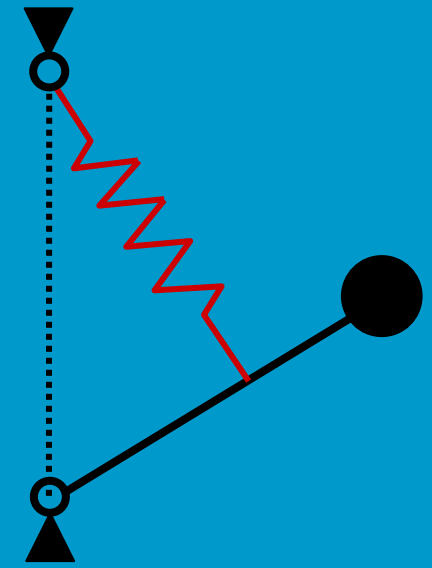
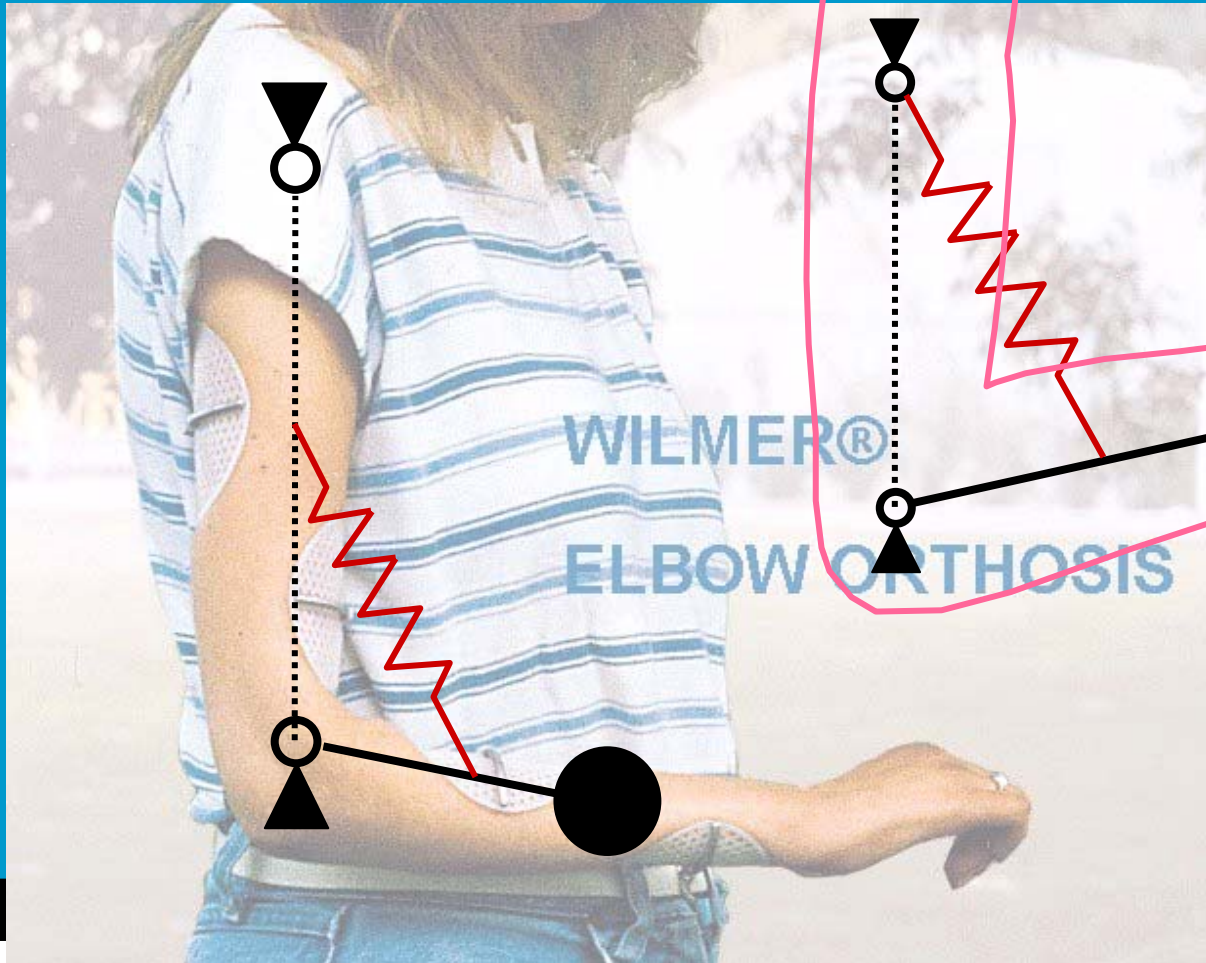


Mass-to-mass
(counterweight)

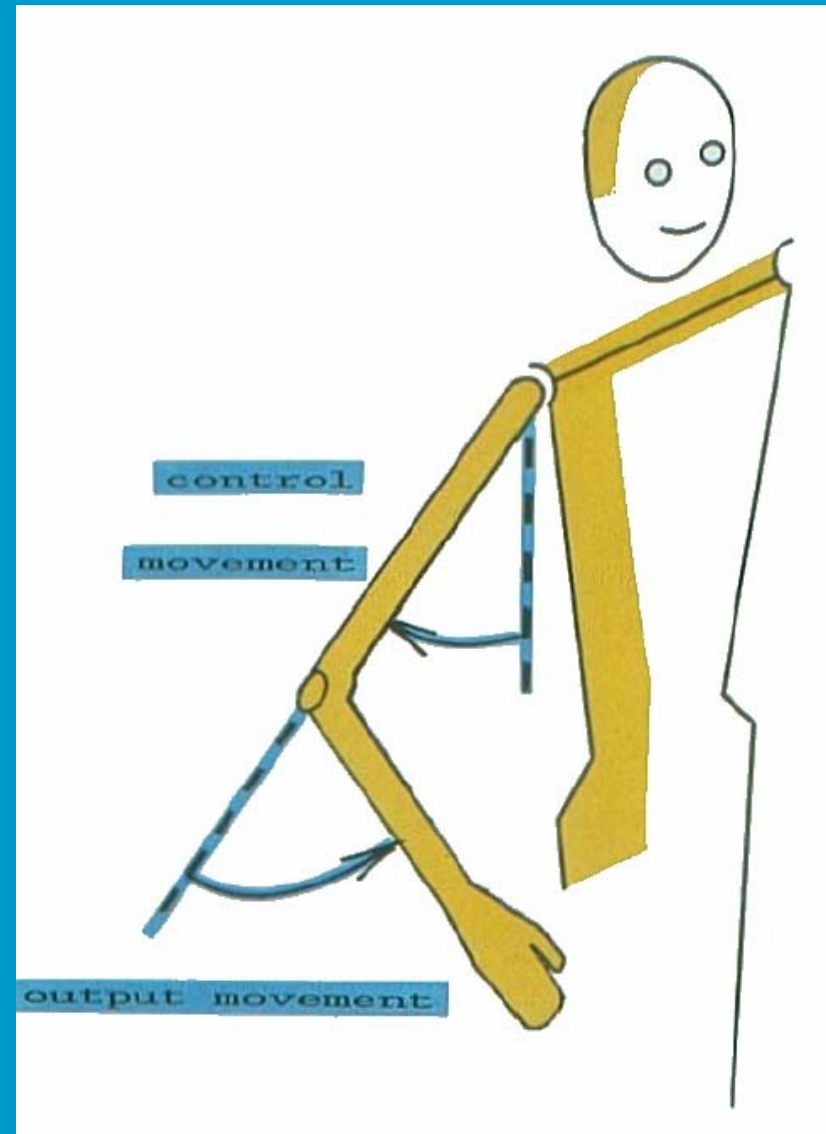
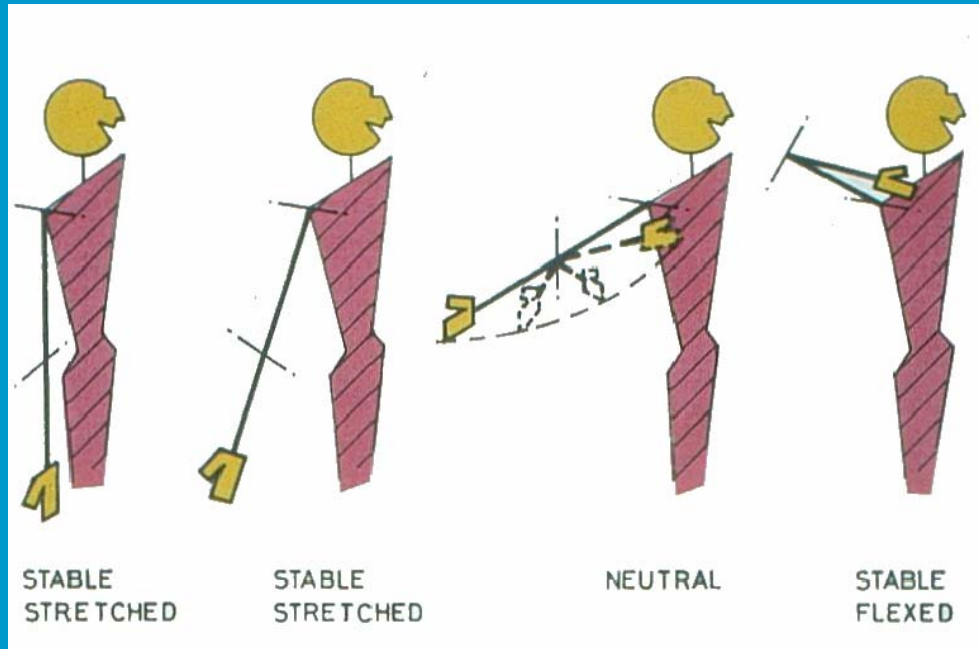


Mass-to-spring
(counterspring)

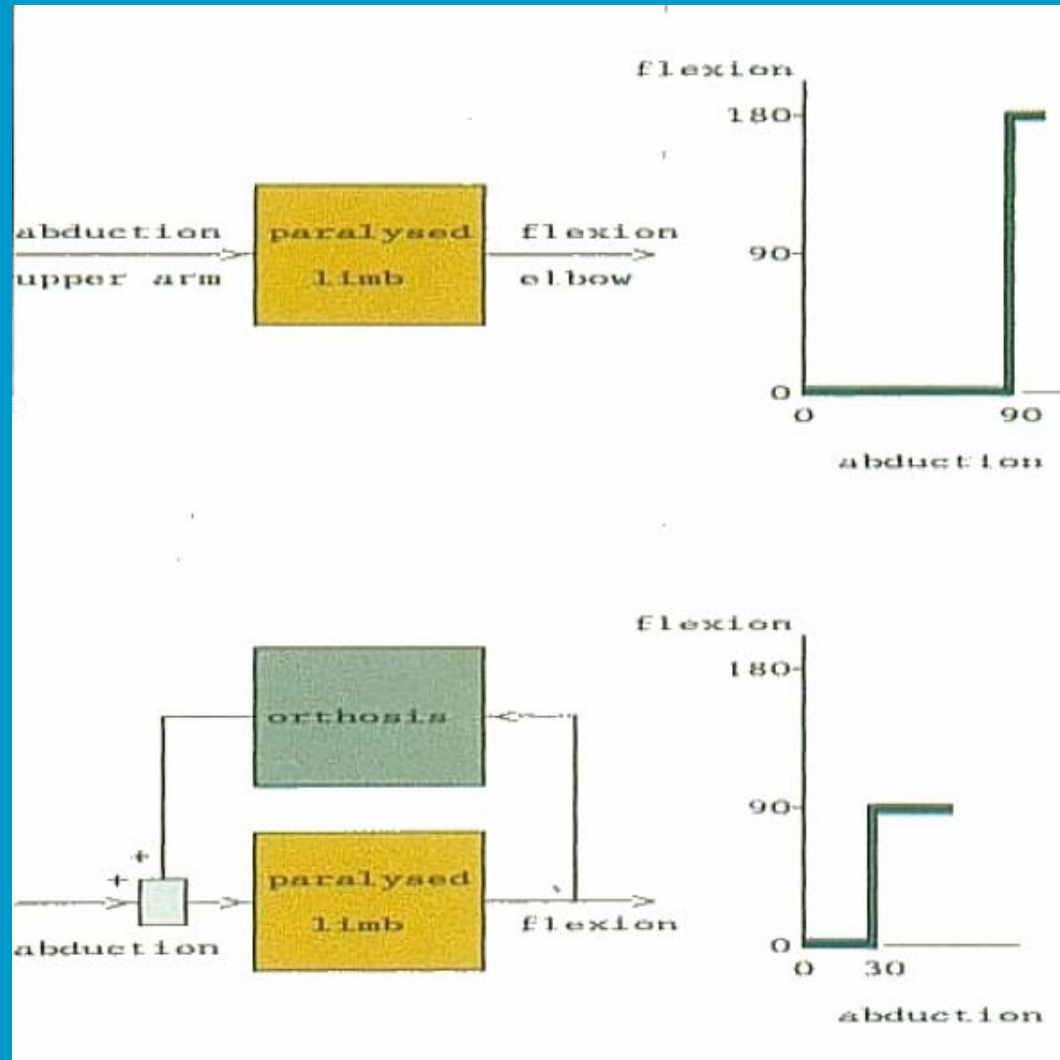
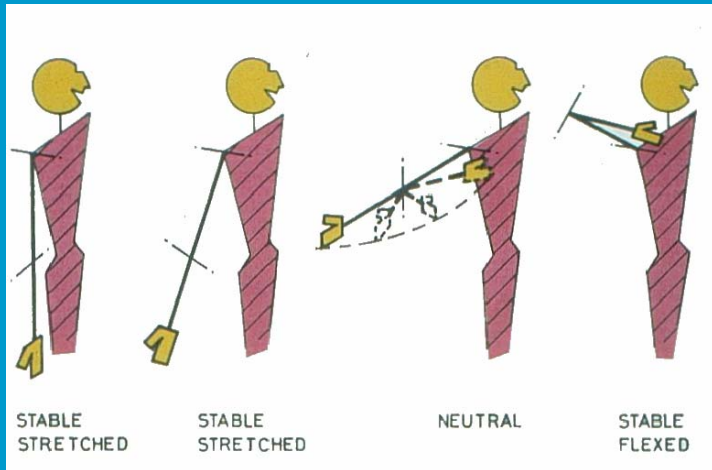
Elbow Orthosis



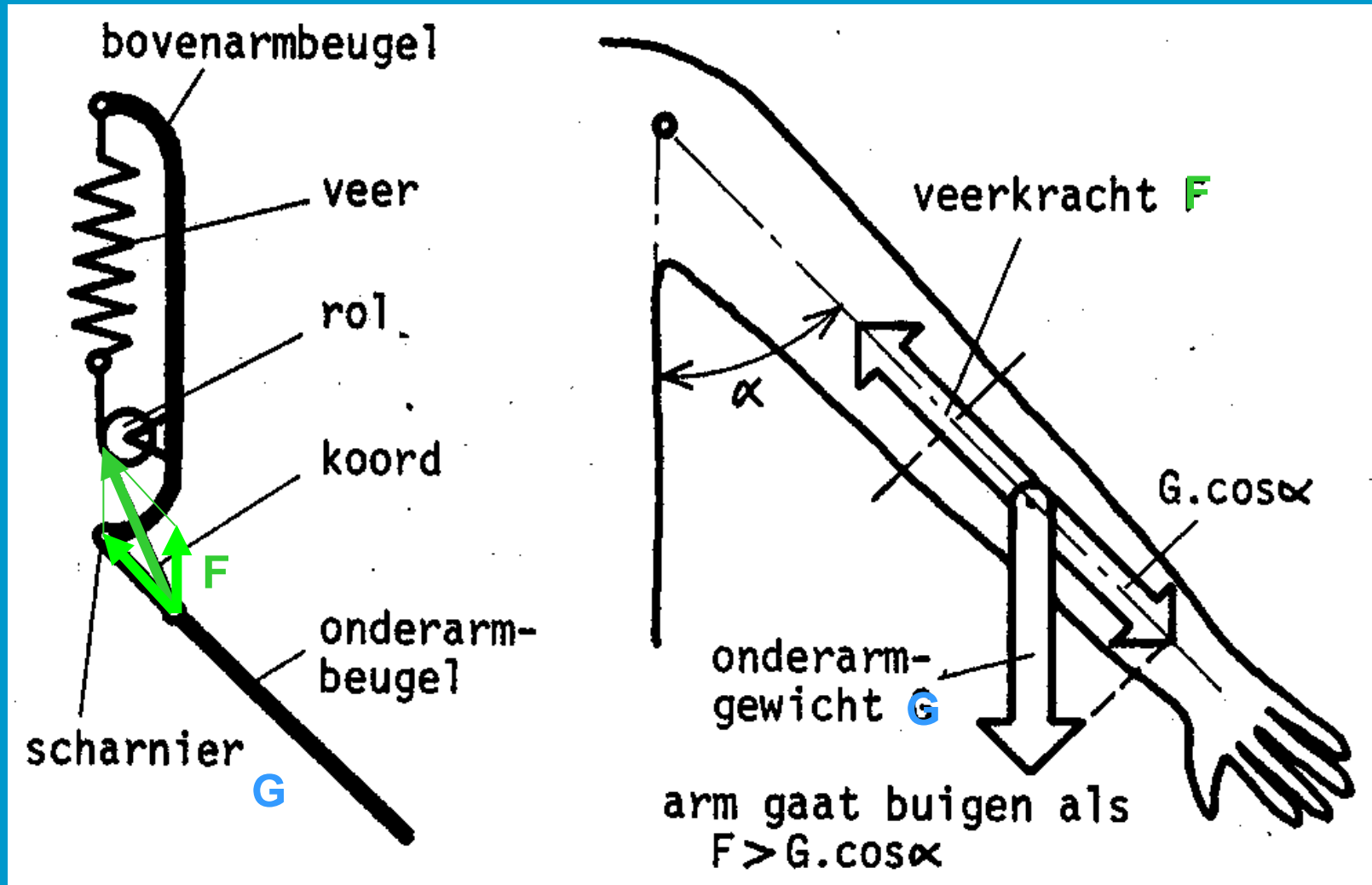
Elbow Orthosis



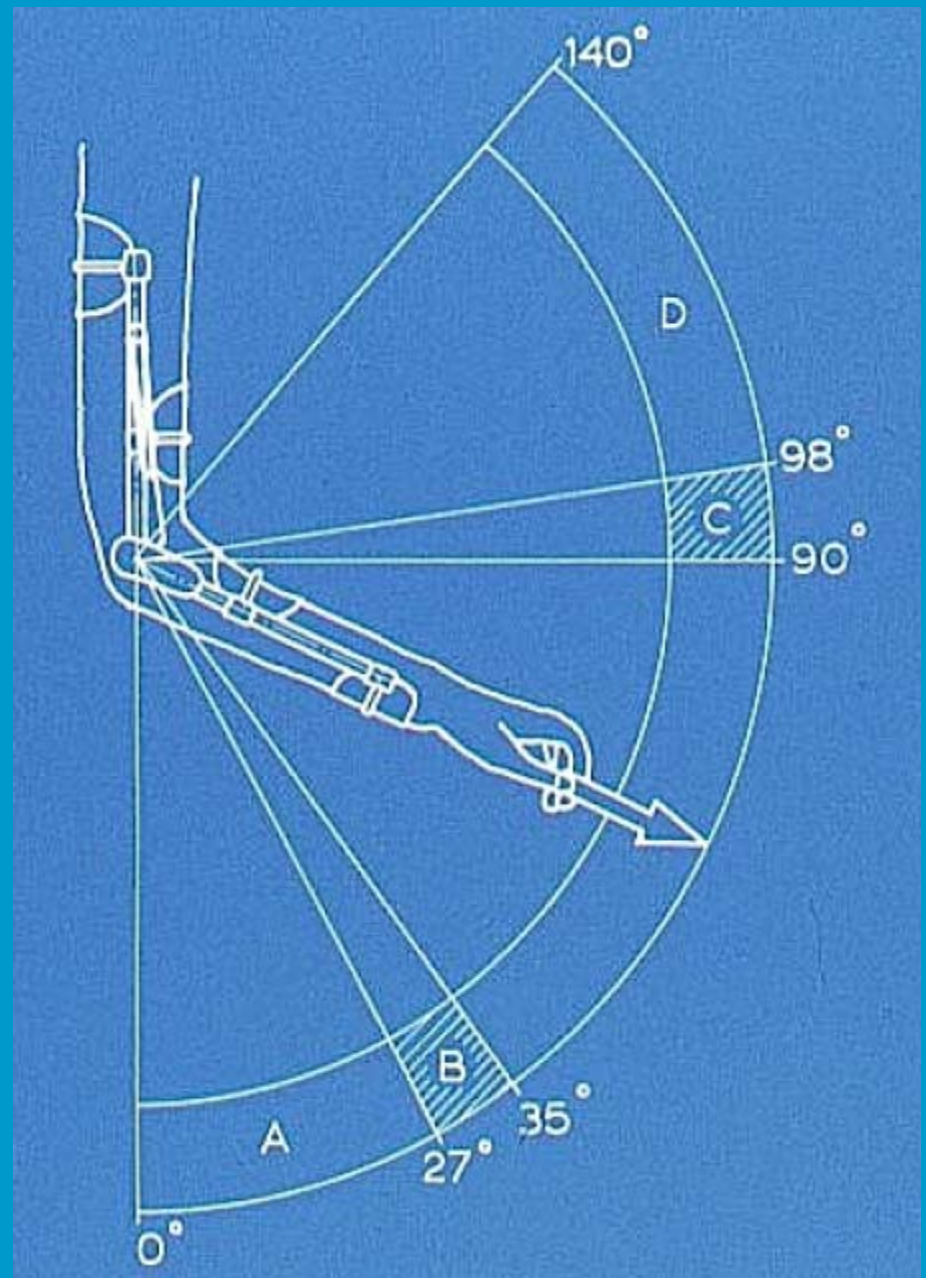
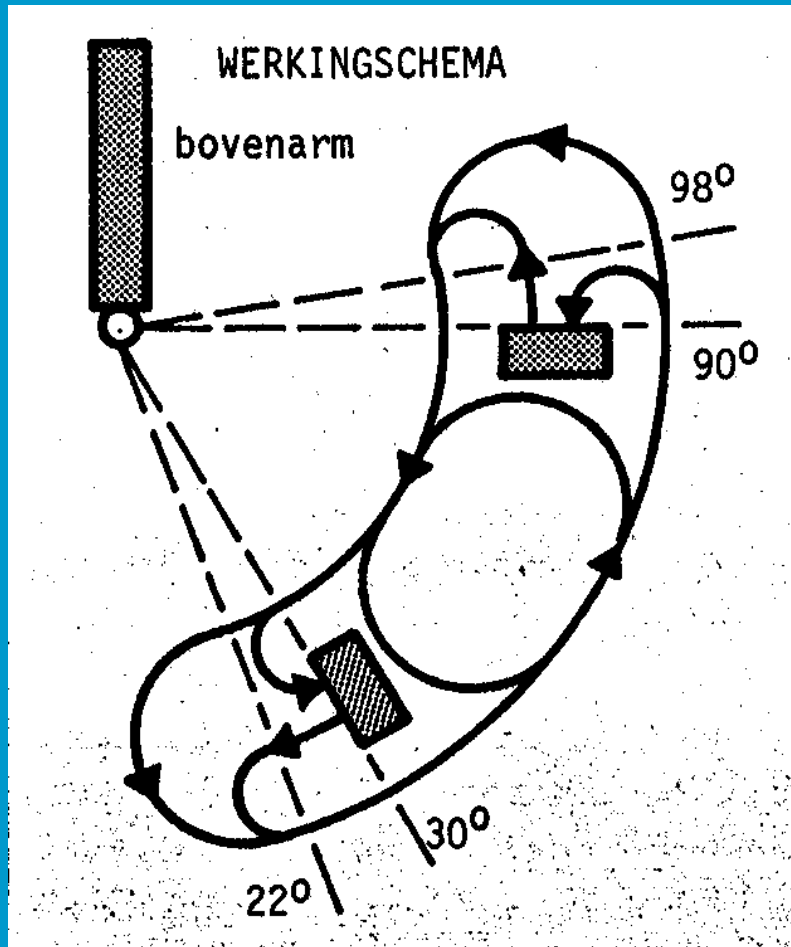
Elbow Orthosis



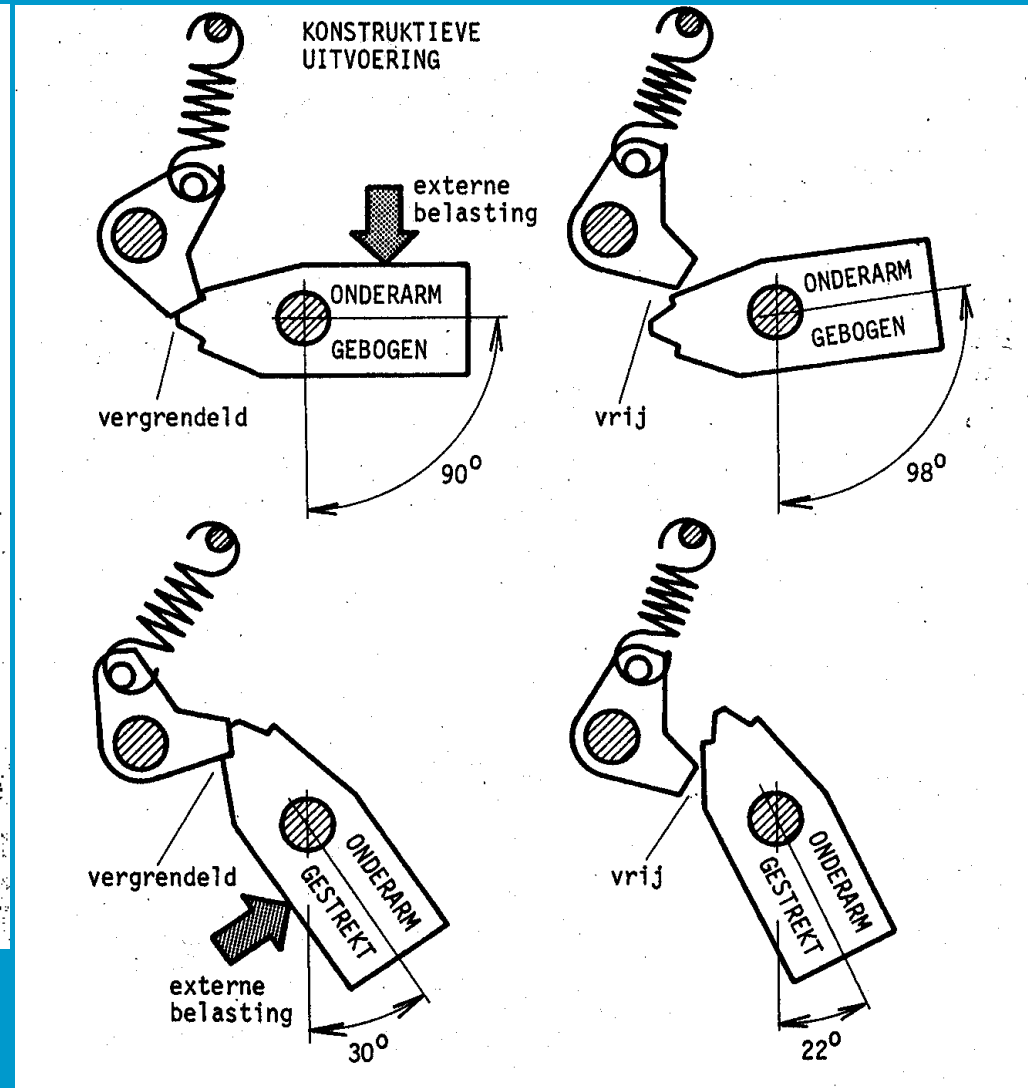
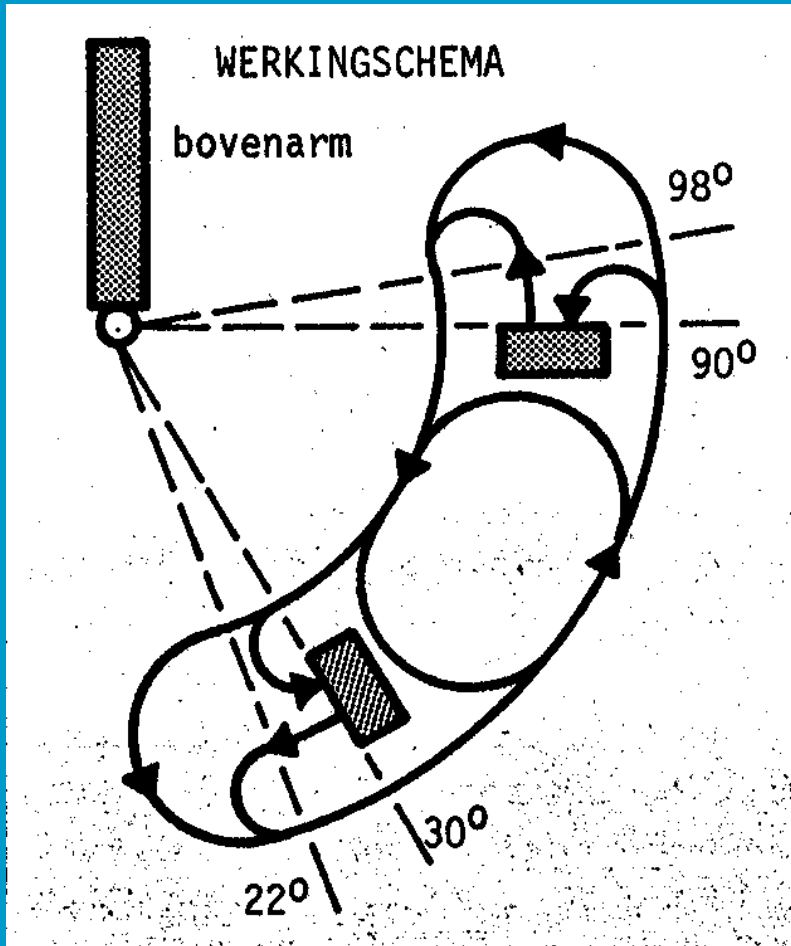
Elbow Orthosis



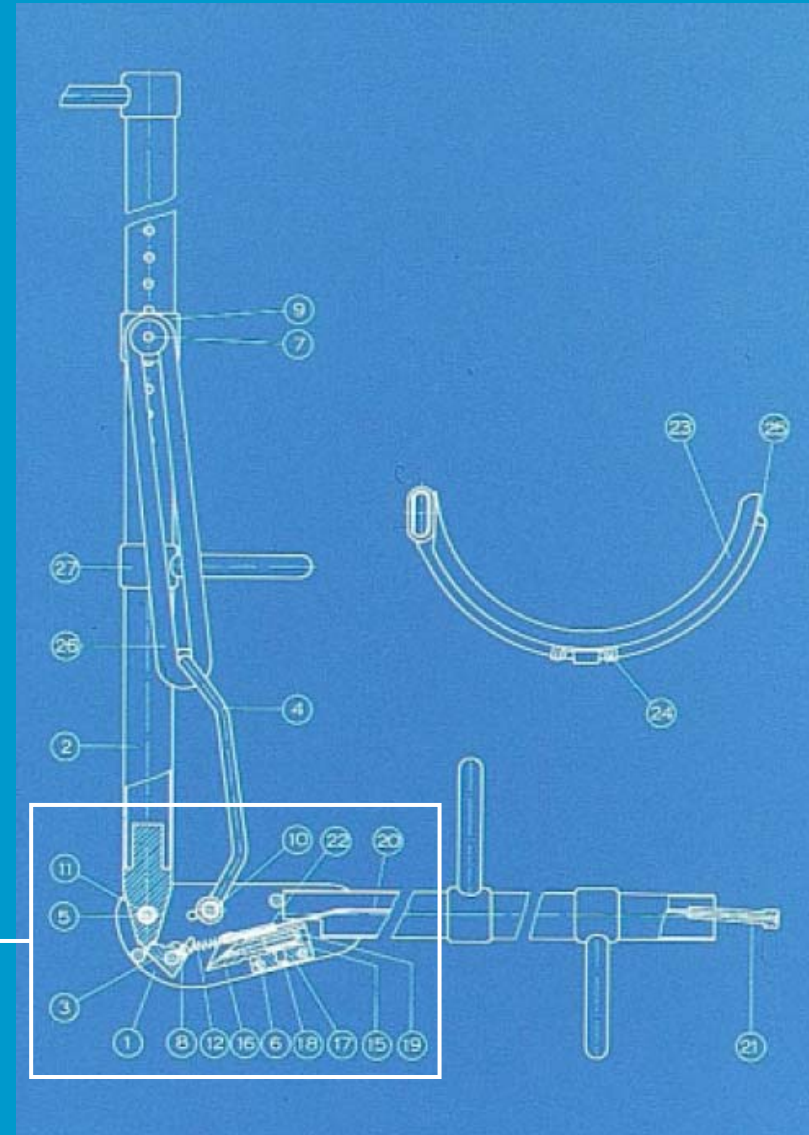
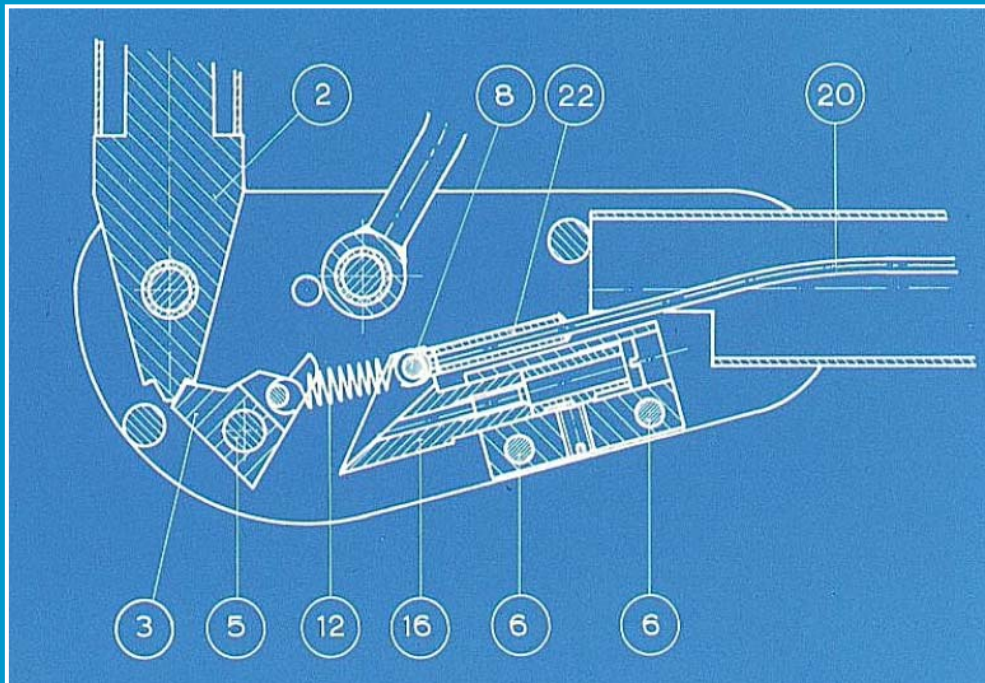
Elbow Orthosis



Elbow Orthosis



Elbow Orthosis



Elbow Orthosis

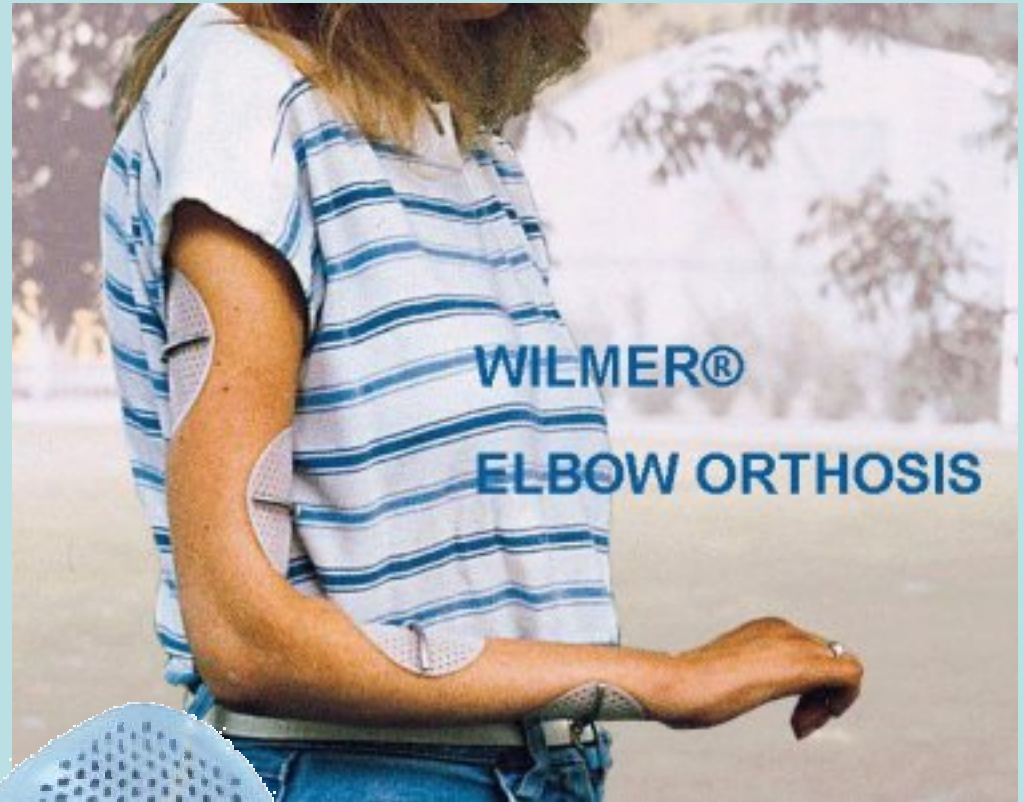
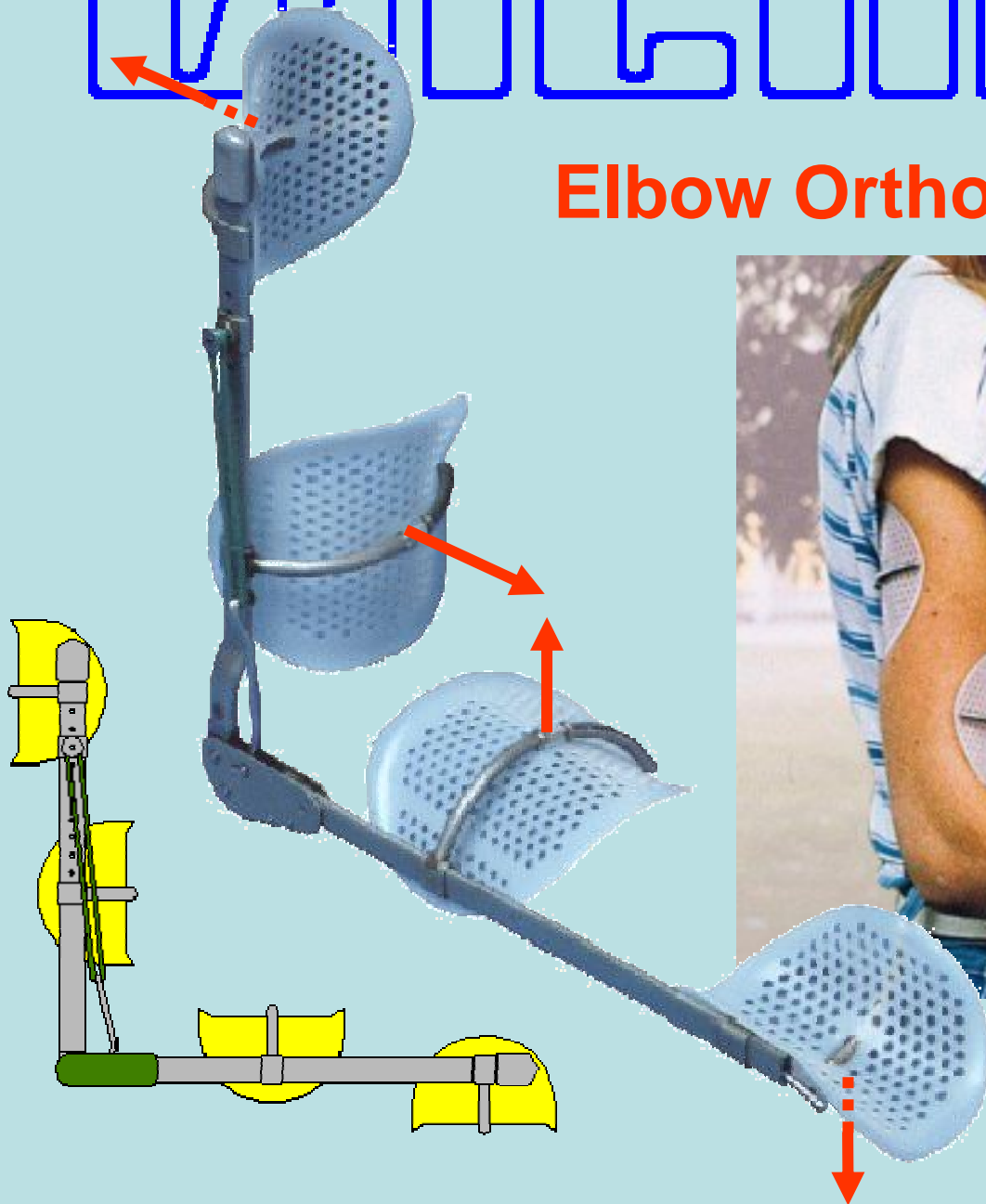


Elbow Orthosis

- Restores (some) elbow function
- Comfortable
- Low mass
- Invisible
- Cosmetically pleasing
- Easy donning and doffing
- Straightforward fitting procedure
- Automatic locking device

WILMER

Elbow Orthosis





Anglepoise (Carwardine, 1934)

Example 2: Neuromuscular diseases

600 variants identified

Muscular Dystrophies (Duchenne DMD)

Motor Neuron Diseases (Spinal Muscular Atrophy SMA)

Inflammatory Myopathies

Neuromuscular Junction Diseases

Endocrine Abnormalities

Peripheral Nerve Diseases

Metabolic Diseases of Muscle

Over 1 mln. people affected in USA

SMA alone 12 .. 40 per mln of the adult population

Neonatal from 40 per mln (USA) to 200 per mln (SA)

Spinal Muscular Atrophy (SMA)

Inherited

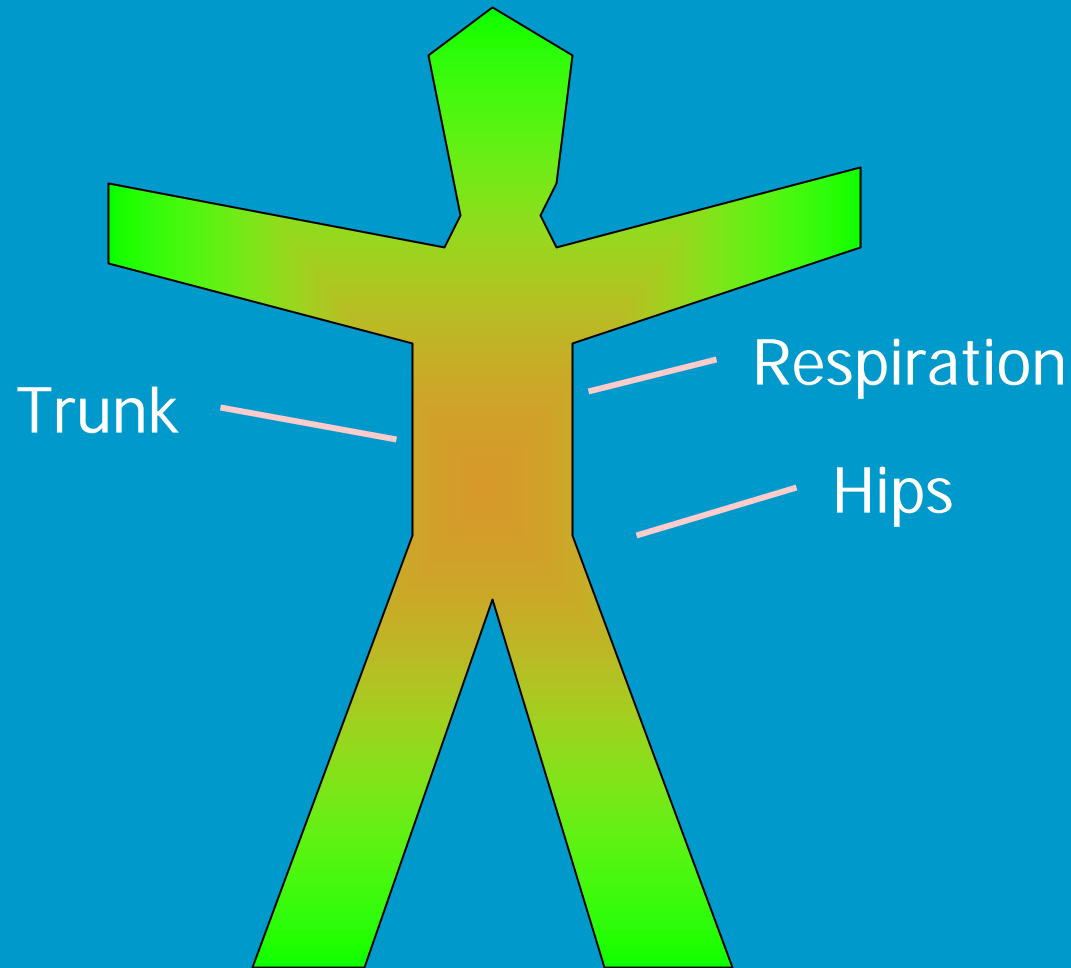
Affects motor neurons voluntary muscles

Senses not affected, normal or above-average intellect

Incurable

Progressive

Spinal Muscular Atrophy (SMA)



Spinal Muscular Atrophy (SMA)

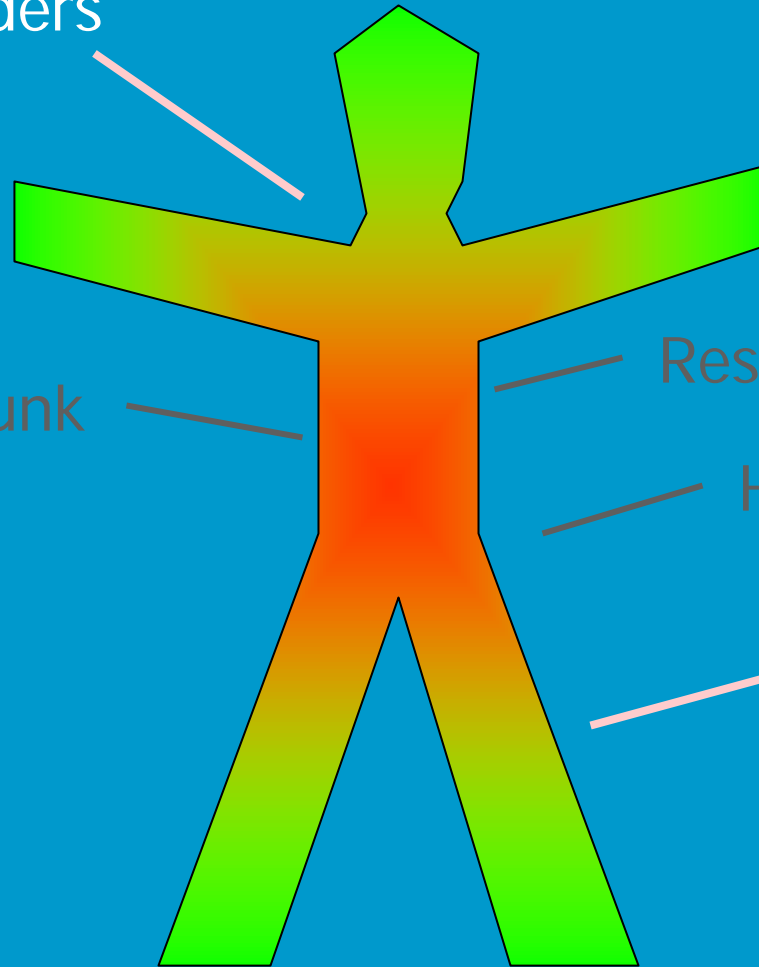
Shoulders

Trunk

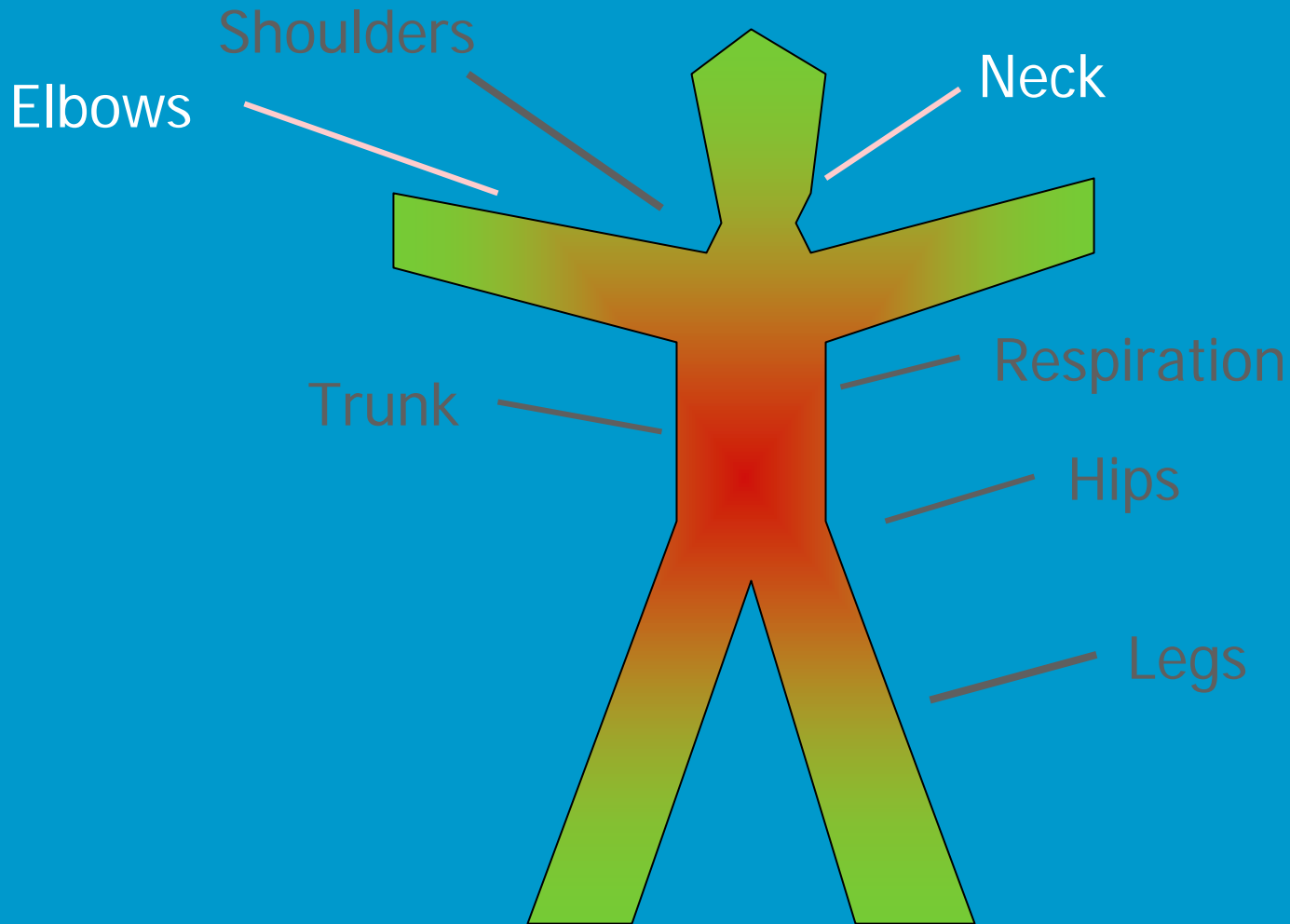
Respiration

Hips

Legs



Spinal Muscular Atrophy (SMA)



Two of our volunteers!

A



Academic degree

Head support

Scoliosis, A had surgery, B not

Wheelchair bound

Arm on armrest

Good sense of touch

Slight deformations
in hands

B



Design Criteria

System preference

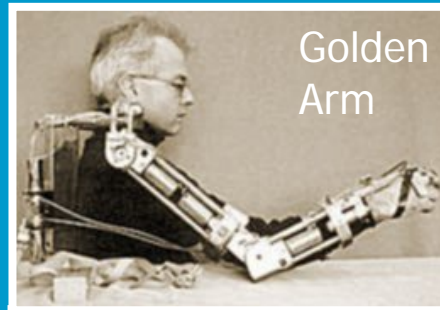
1: Separate Manipulators



Manus ARM

Weston

2: Powered Orthoses



Golden Arm



MULOS



WREX

3: Passive Orthoses



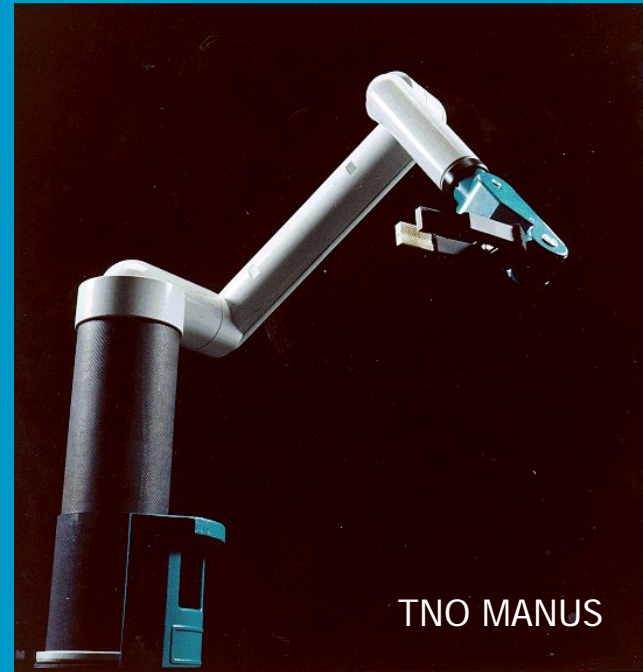
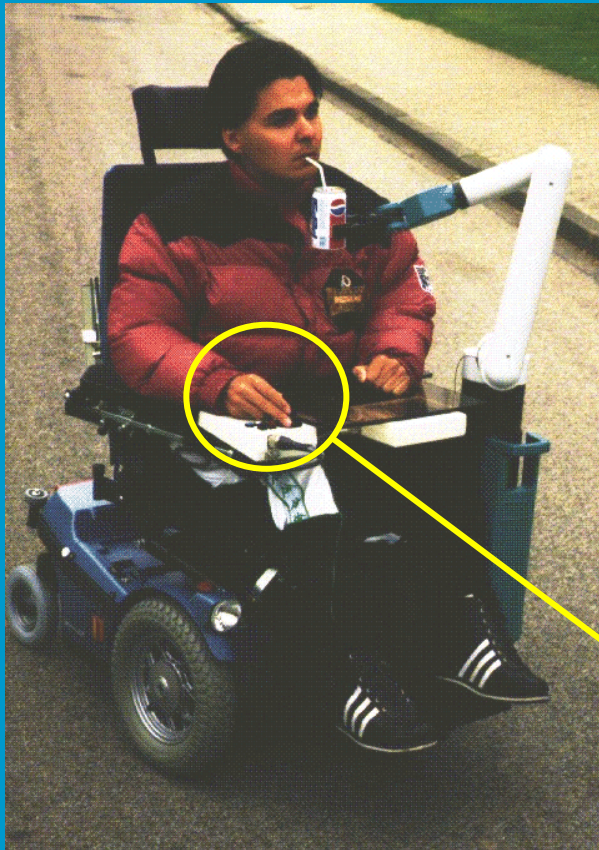
Universal Radial



Focal TOP

Available assistive devices

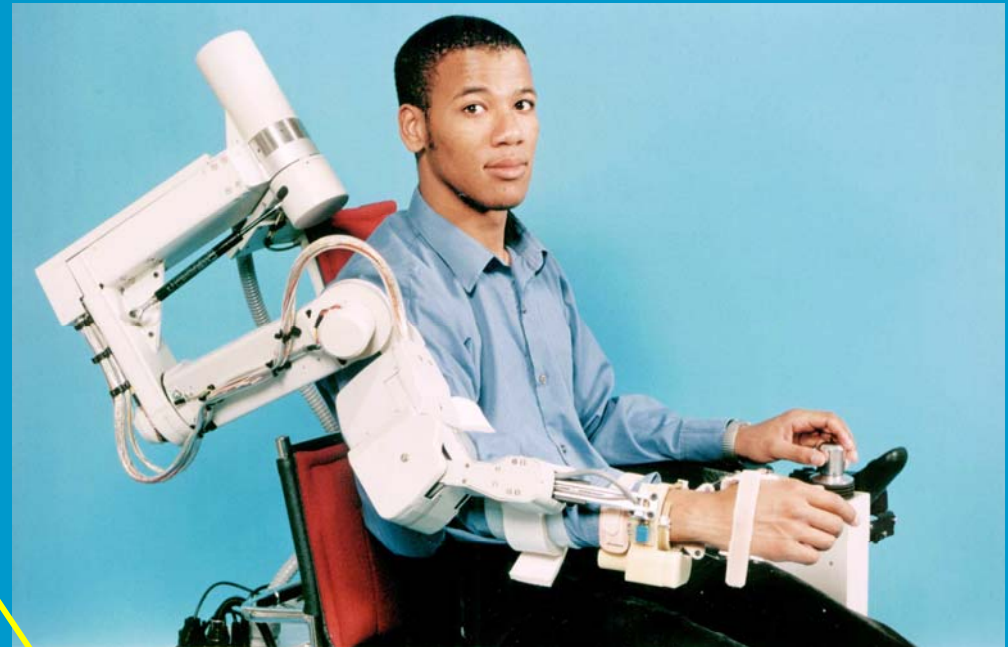
1. Rehabilitation robotic manipulators



No use of hand function
Control by joystick

Available assistive devices

2. Powered orthotic devices



Use of hand function
Control by joystick

Available assistive devices

3. Passive orthotic devices: *static balance*



Universal Healthcare Systems

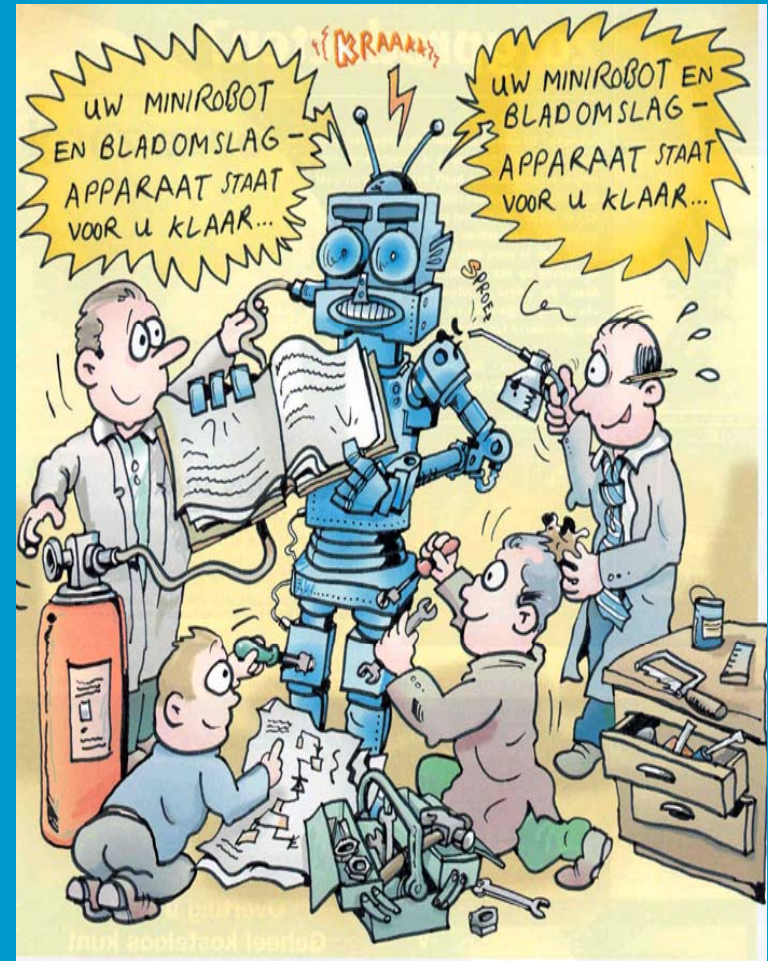


Use of hand function
No separate control

Design Criteria

Based on home visits

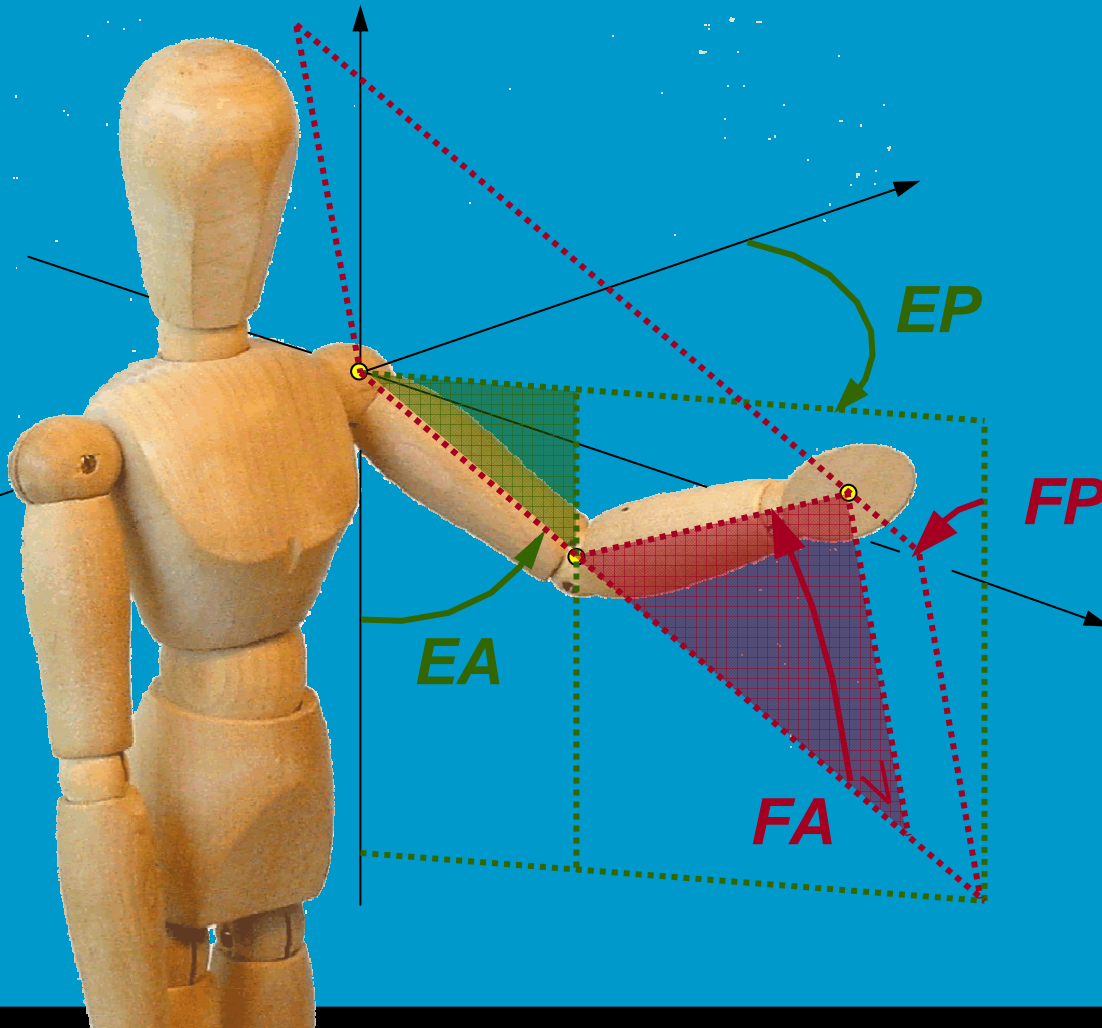
- **Independence**
 - Personal Hygiene
 - Cooking, eating
 - Computer work
- **Social activities**
 - Have dinner
 - Shake hands
- **Trunk balance**
 - Arm rest essential
- **Inconspicuous!**



"Your page turner is ready..."

Clinically driven approach

Range of motion for desired activities



EP 0 .. 135 deg

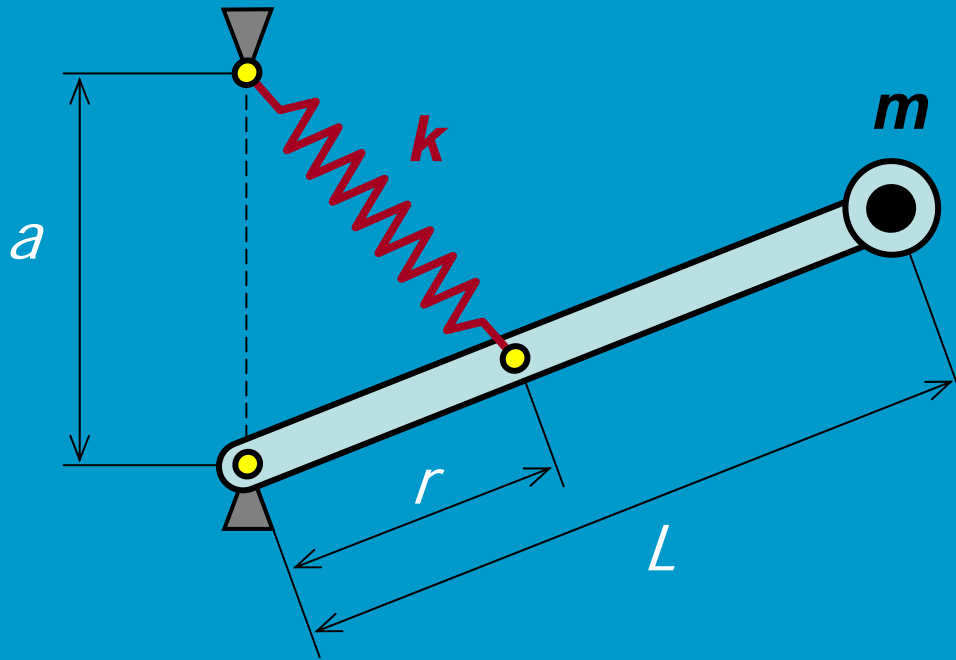
EA 0 .. 90 deg

FP 0 .. 90 deg

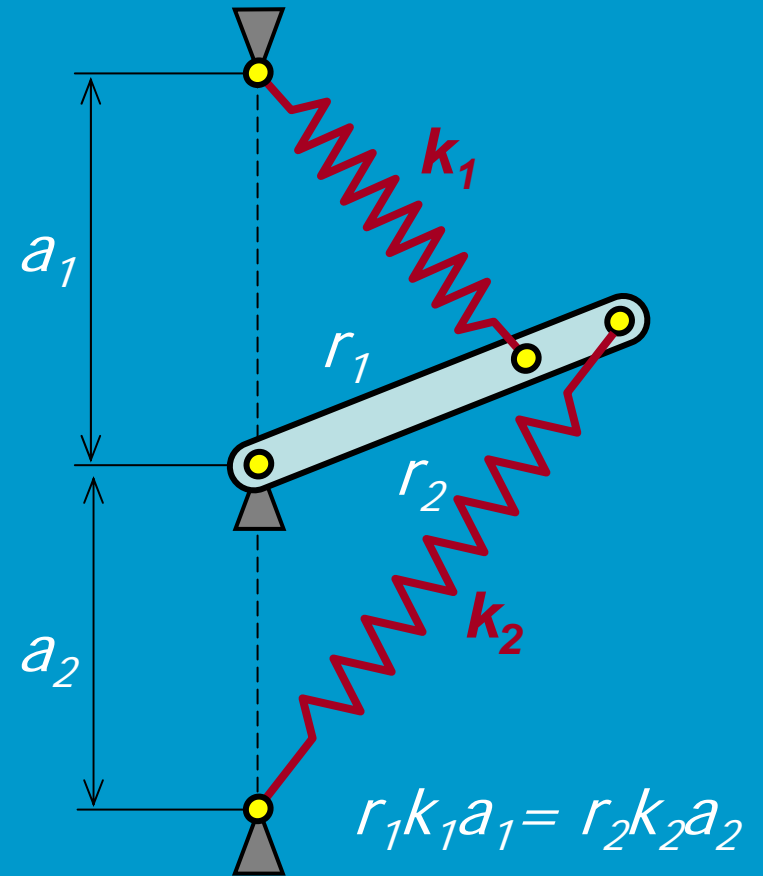
FA 0 .. 150 deg

EA and **FP** most important

Springs and masses



$$mgL = rka$$



$$r_1 k_1 a_1 = r_2 k_2 a_2$$

Conception framework

Parameter variation

Rotation

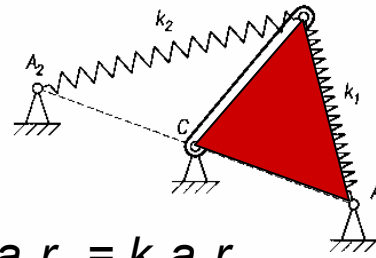
Shift

Kinematic inversion

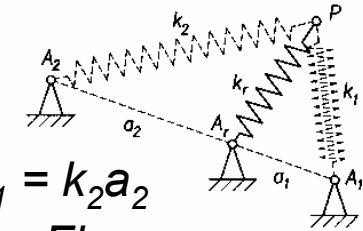
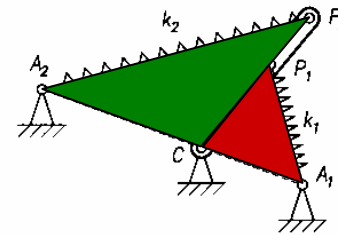
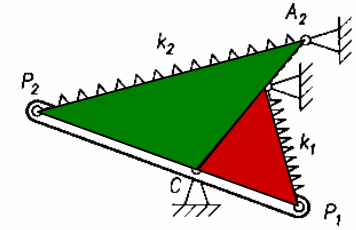
Resultant spring

Res. spring element

Similarity mass-spring

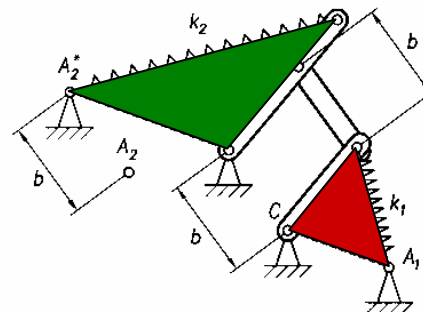
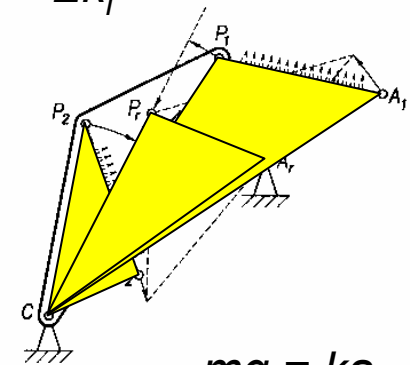
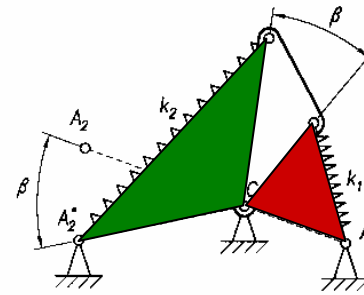


$$k_1 a_1 r_1 = k_2 a_2 r_2$$

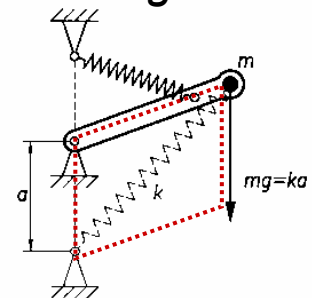


$$k_1 a_1 = k_2 a_2$$

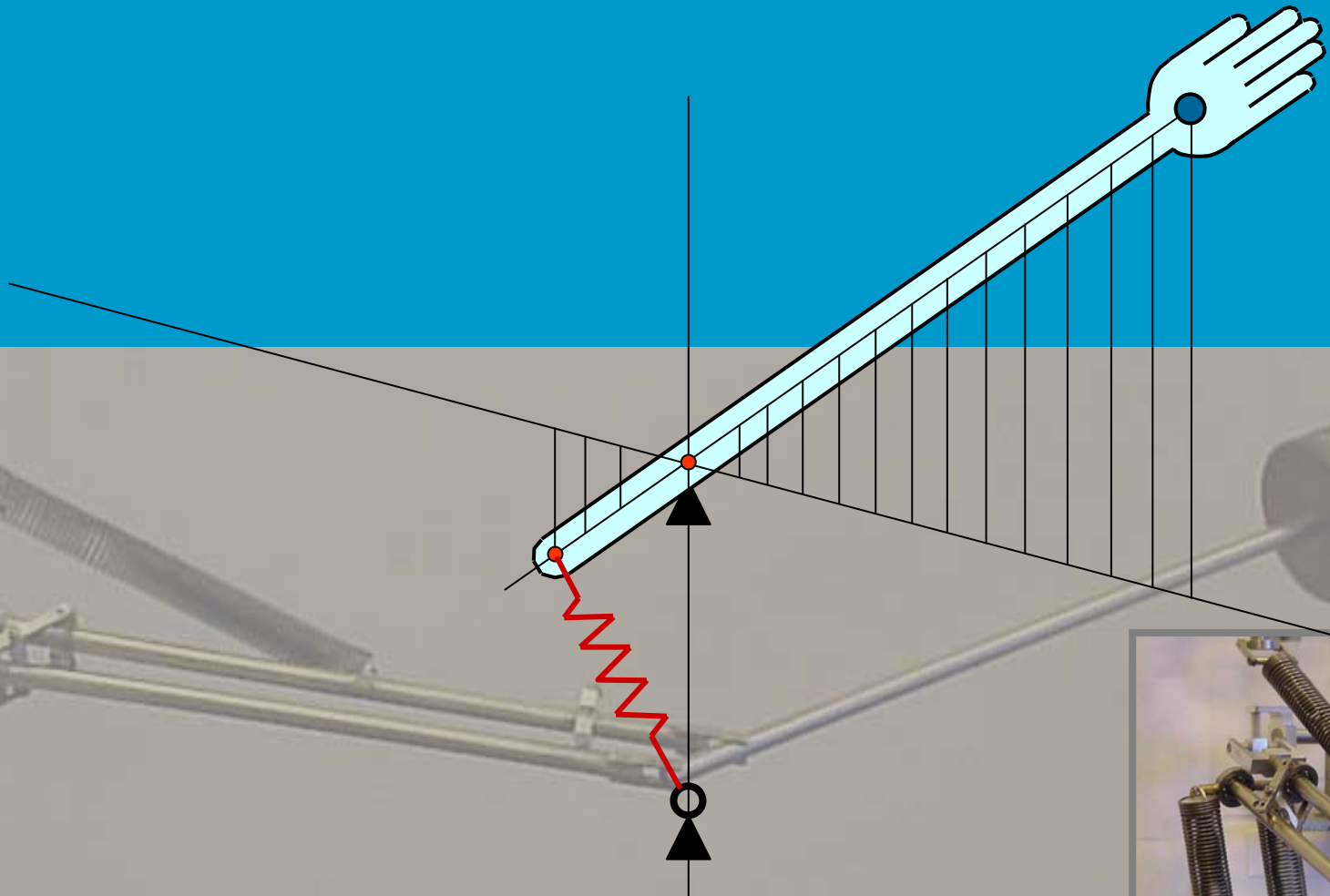
$$k_{res} = \sum k_i$$



$$mg = ka$$



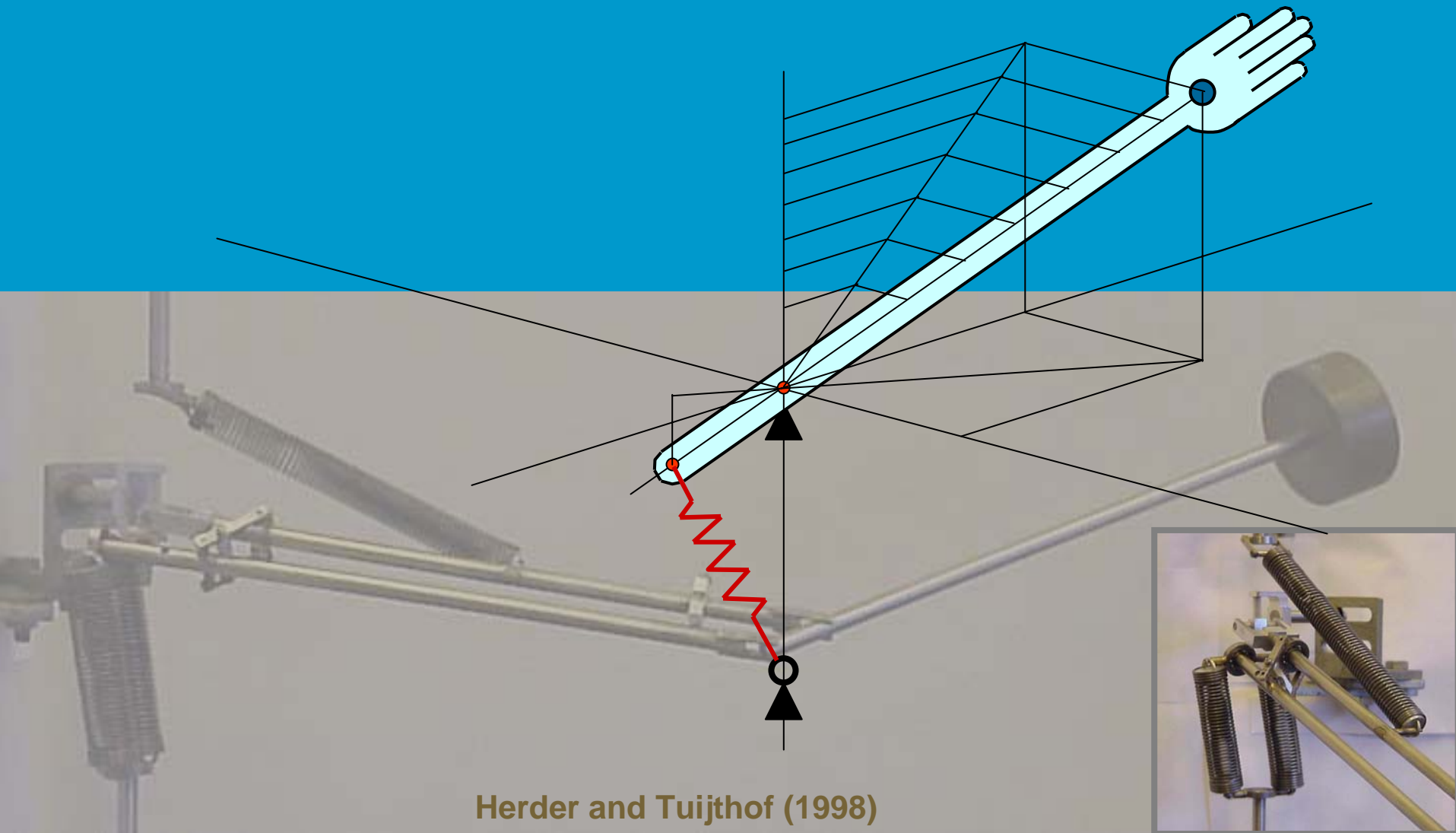
Anthropomobile balanced arm



Herder and Tuijthof (1998)

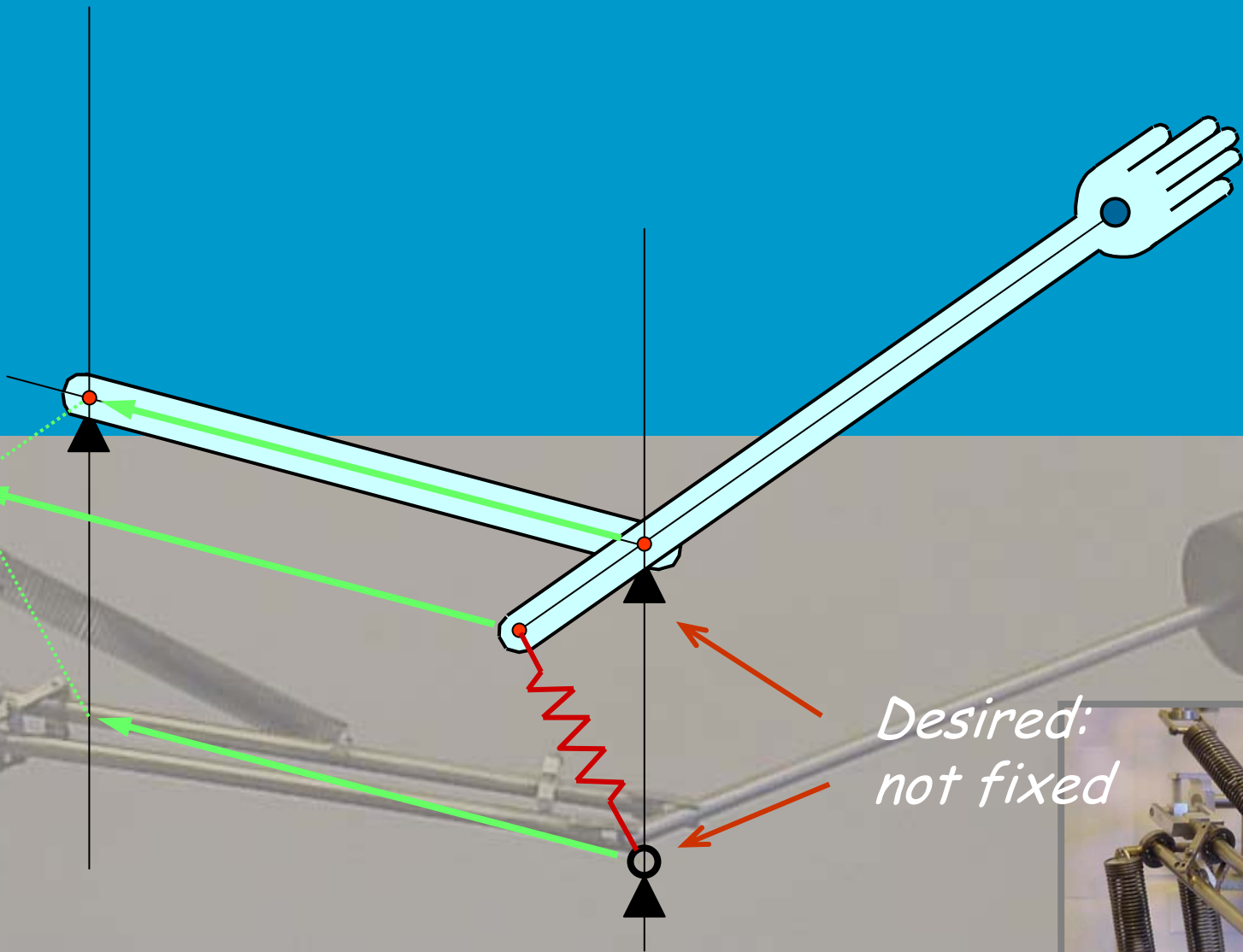


Anthropomobile balanced arm



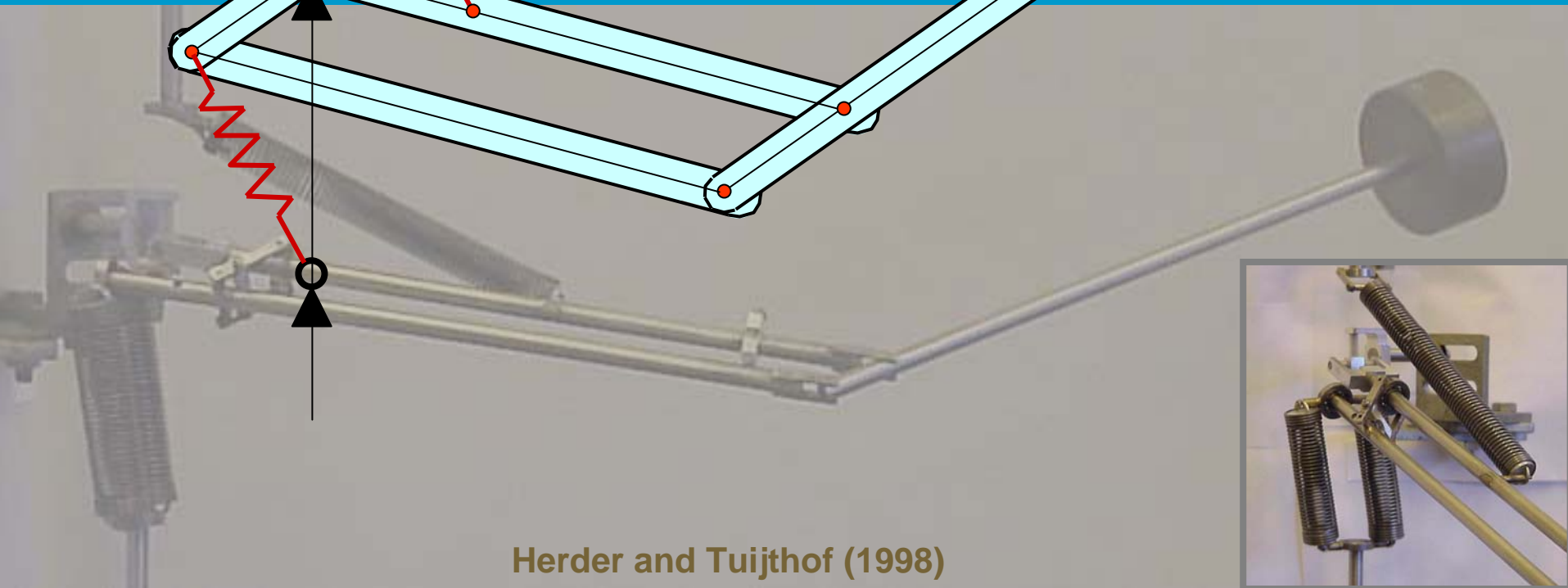
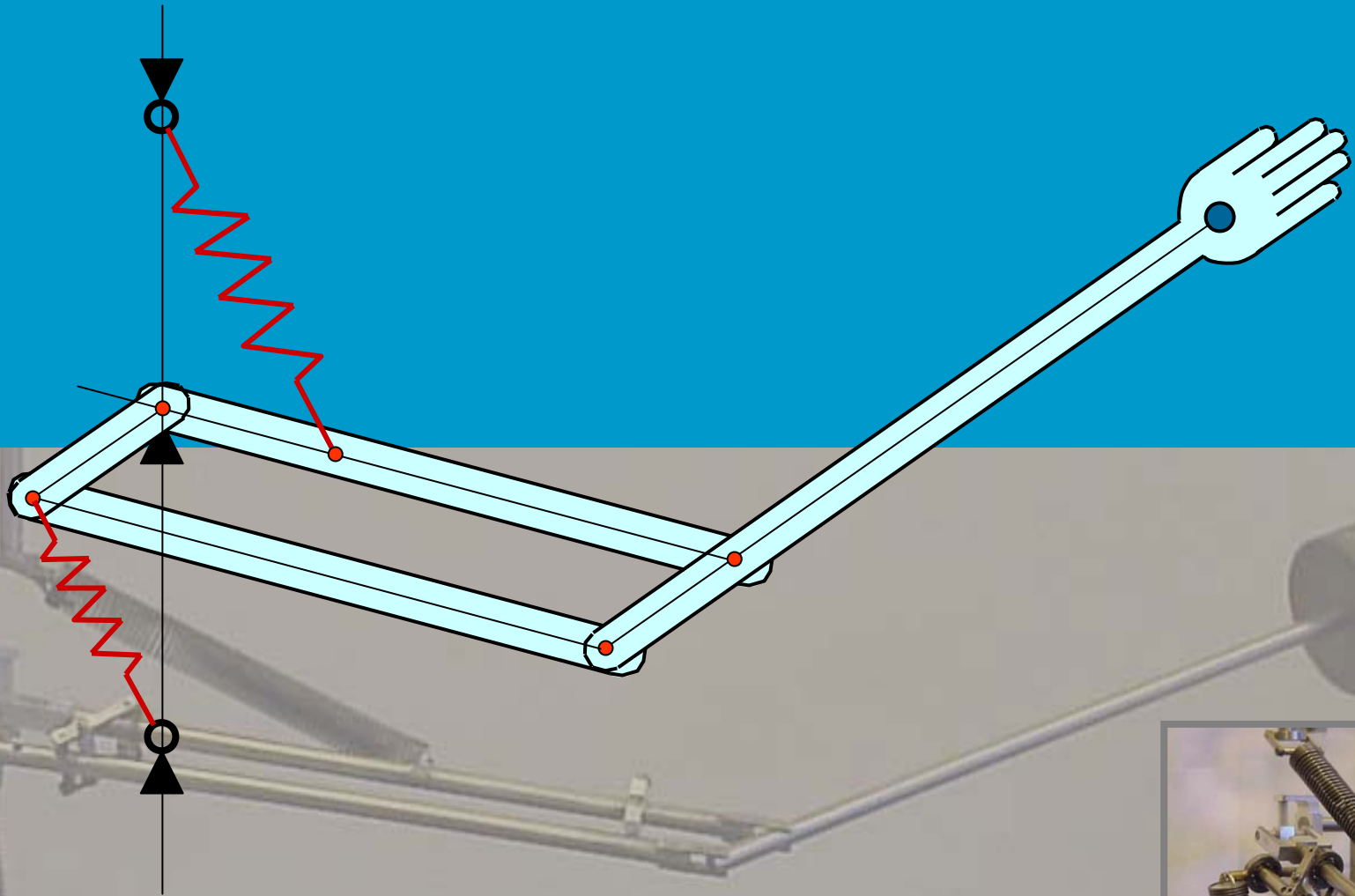
Herder and Tuijthof (1998)

Anthropomobile balanced arm



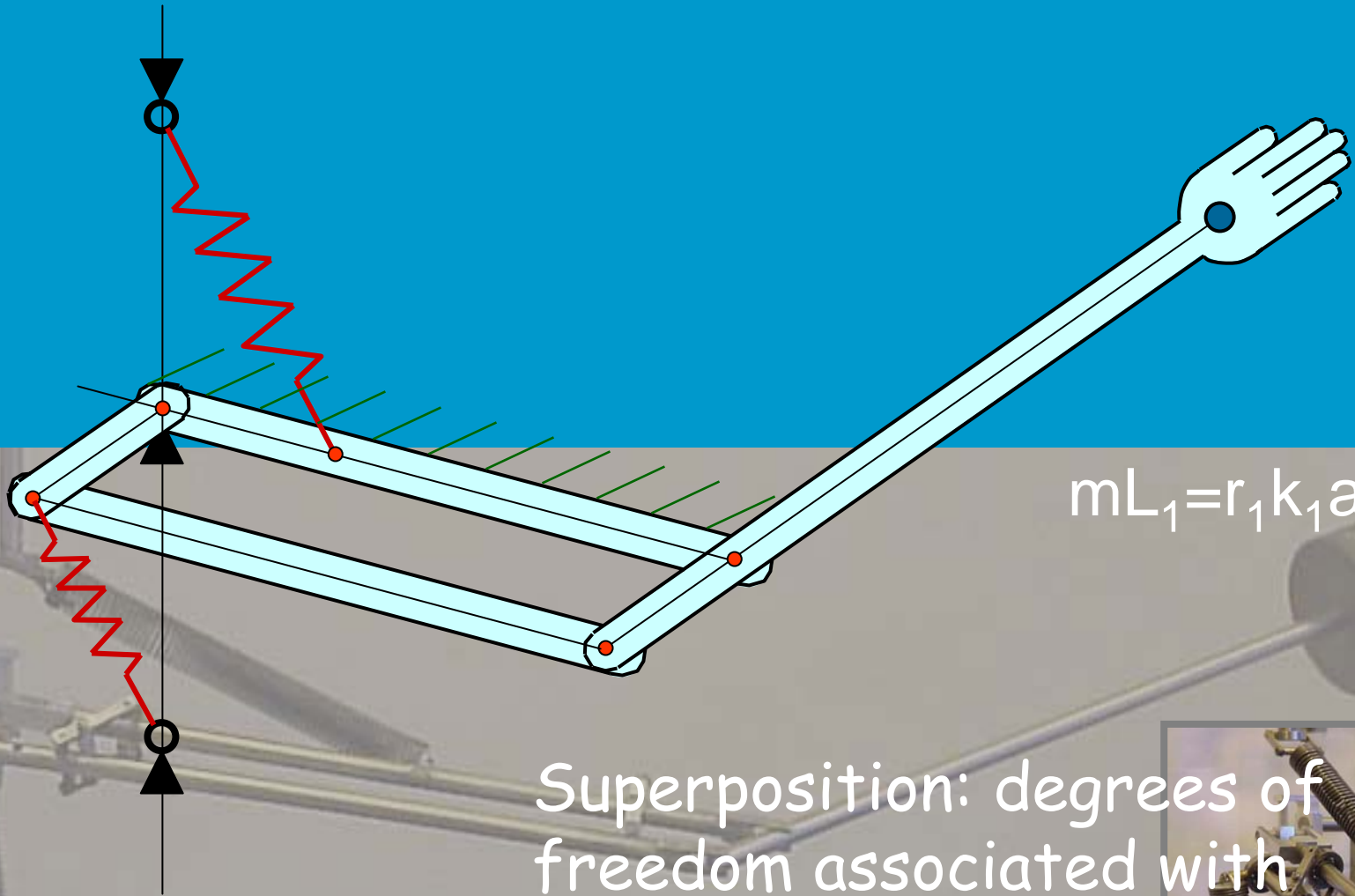
*Desired:
not fixed*

Anthropomorphic balanced arm



Herder and Tuijthof (1998)

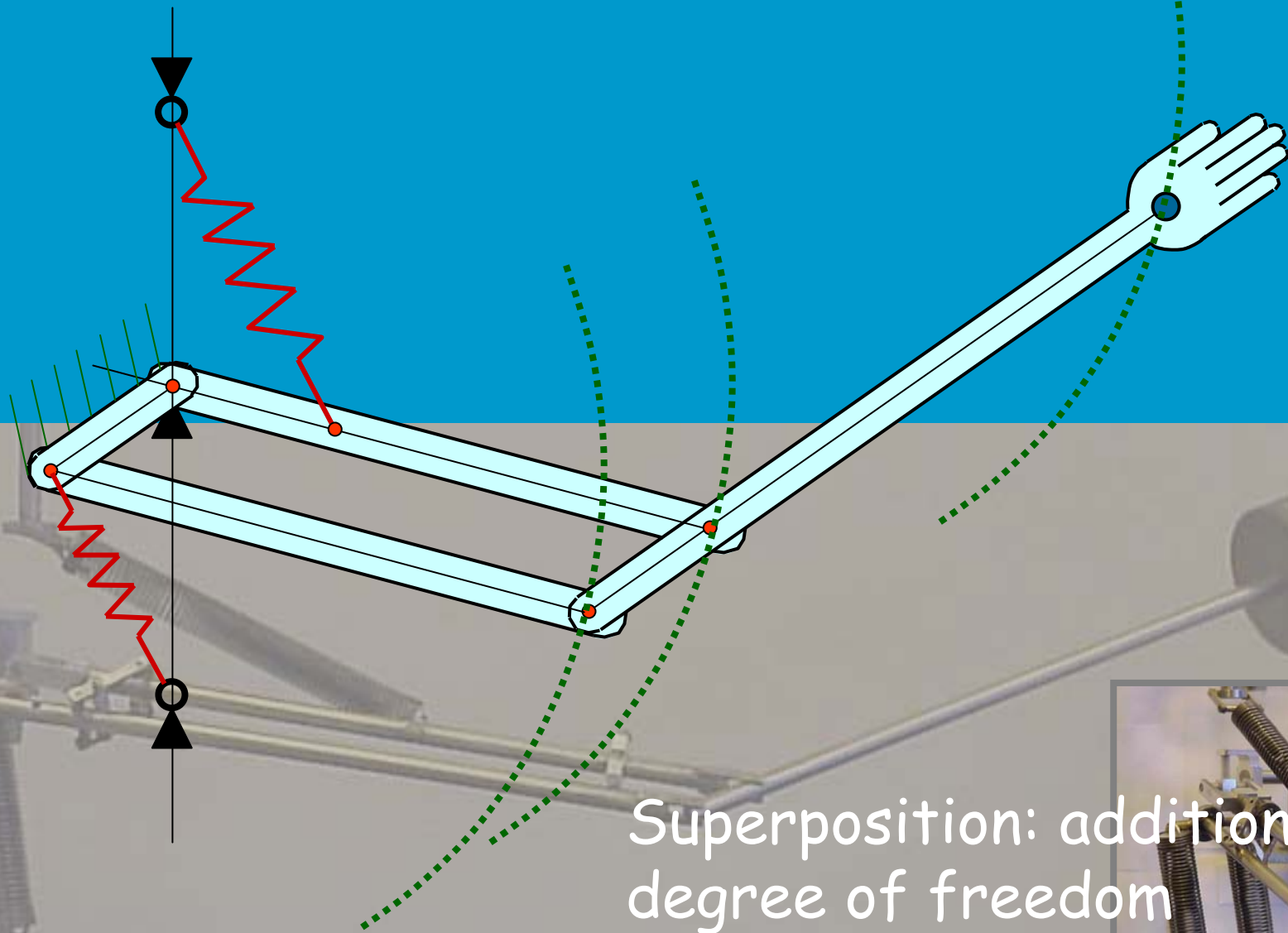
Anthropomobile balanced arm



Superposition: degrees of freedom associated with lower spring are balanced



Anthropomobile balanced arm

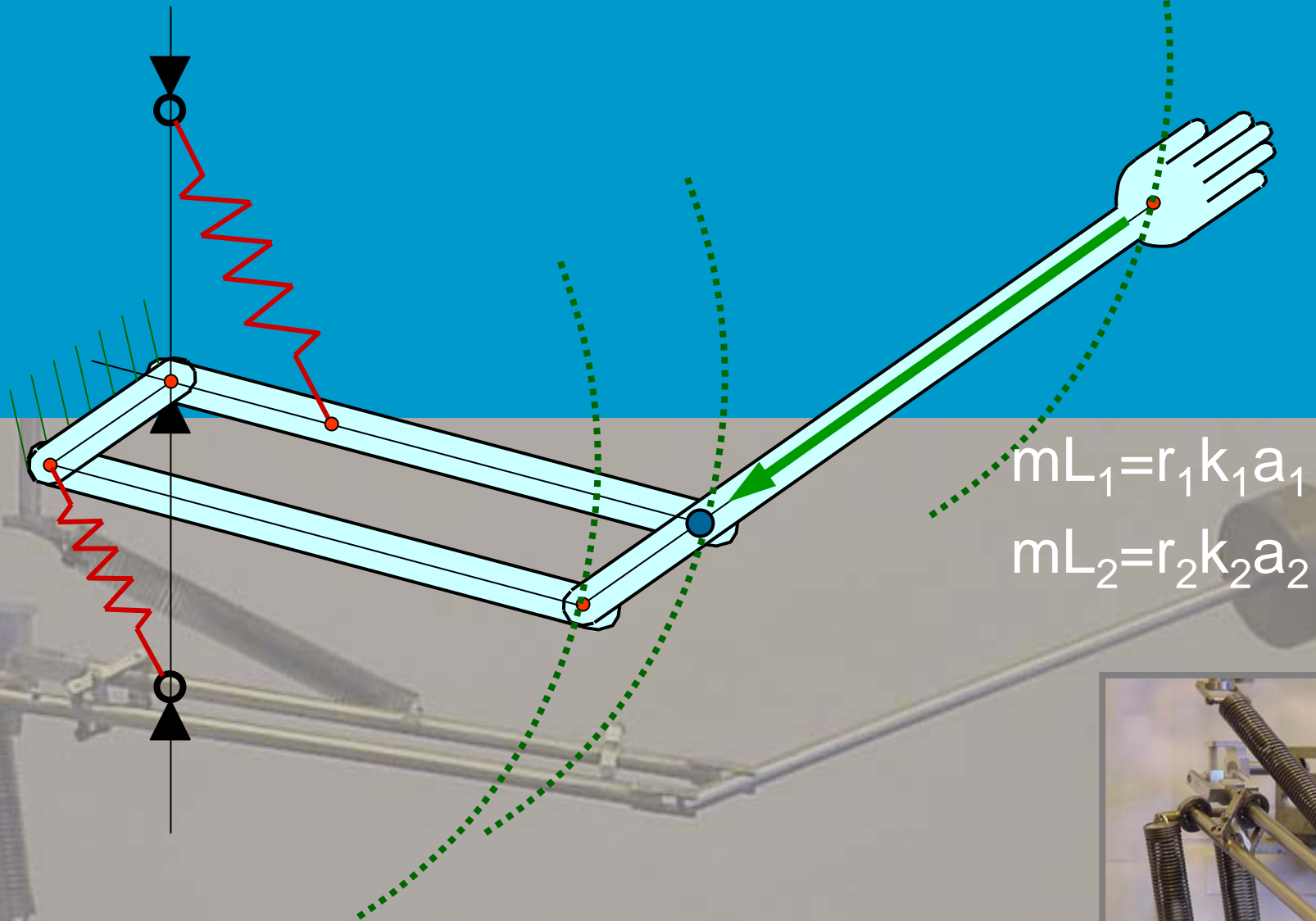


Superposition: additional degree of freedom

Herder and Tuijthof (1998)



Anthropomobile balanced arm



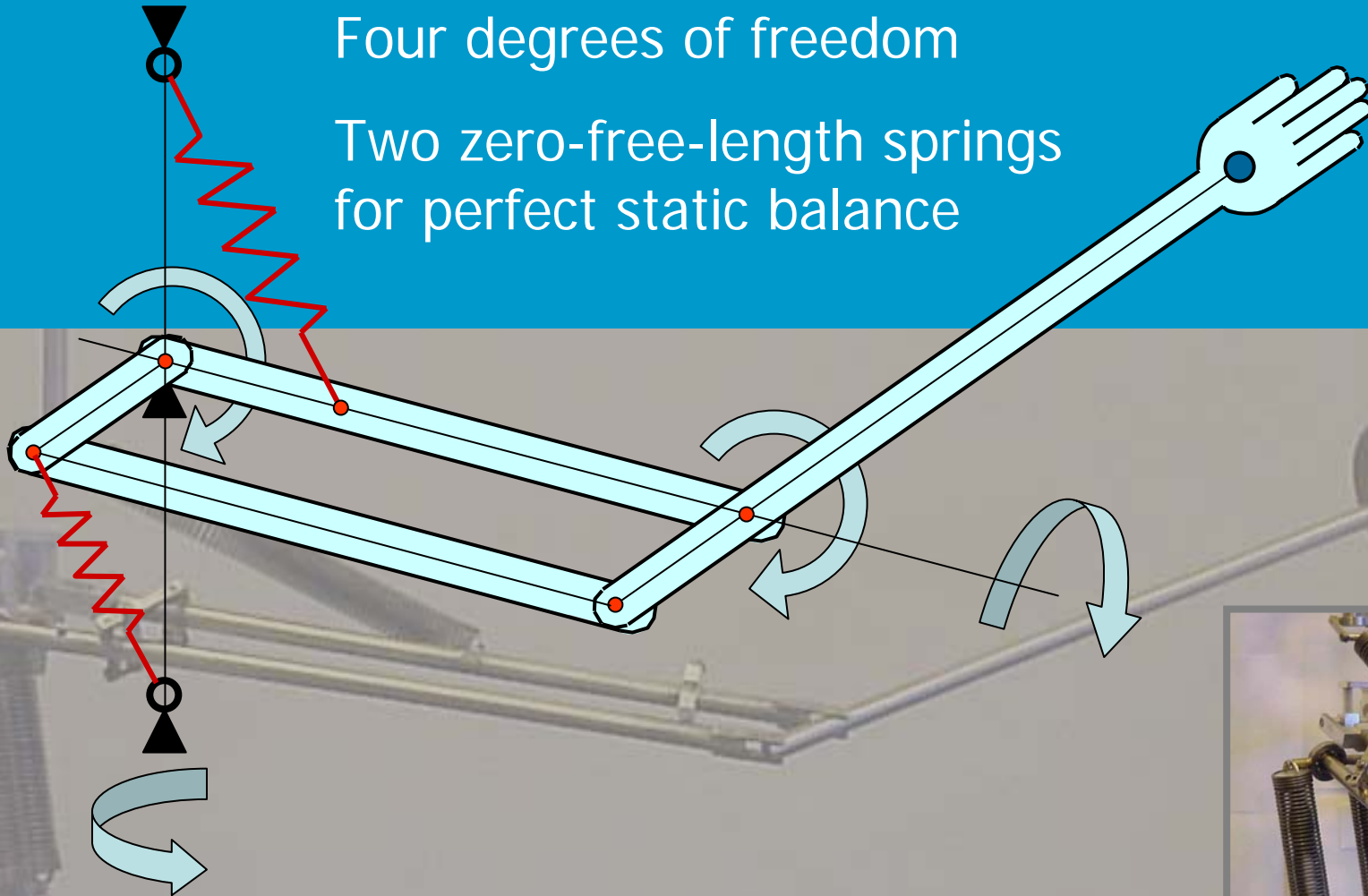
Herder and Tuijthof (1998)



Anthropomobile balanced arm

Four degrees of freedom

Two zero-free-length springs
for perfect static balance

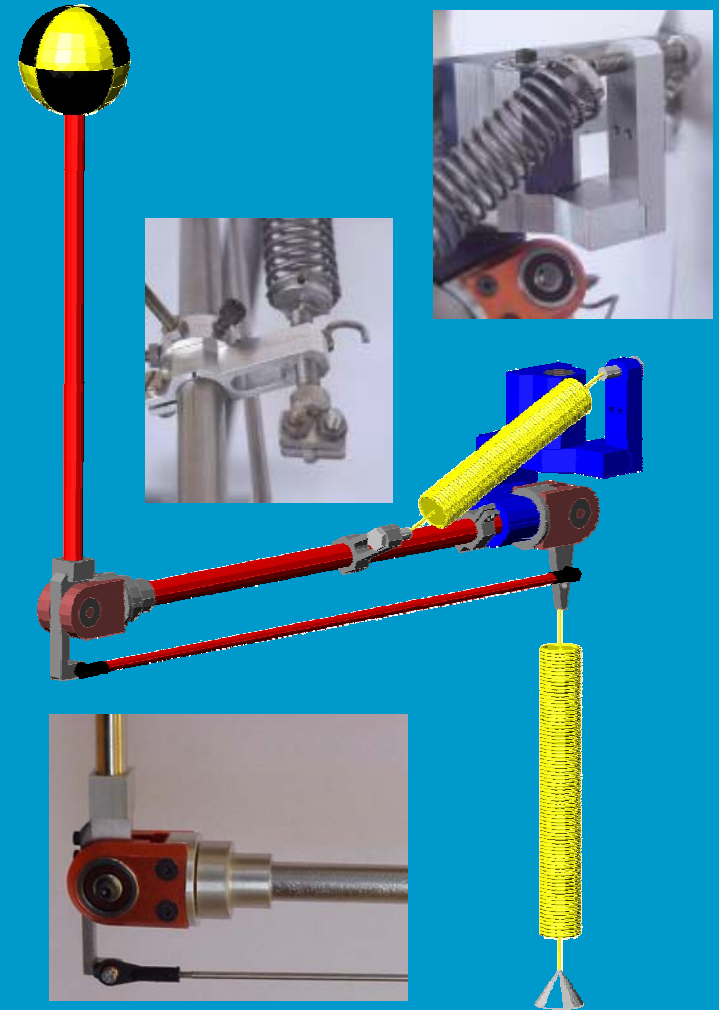


Herder and Tuijthof (1998)

Anthropomobile balanced arm

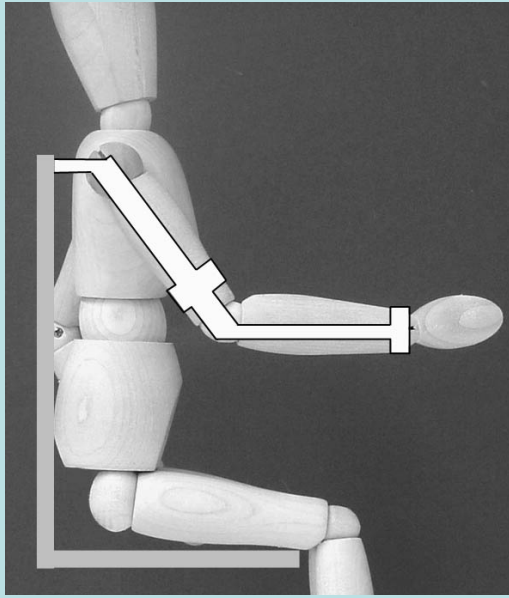


Variable stiffness control
McKibben actuators
Statically balanced
Inherently safe



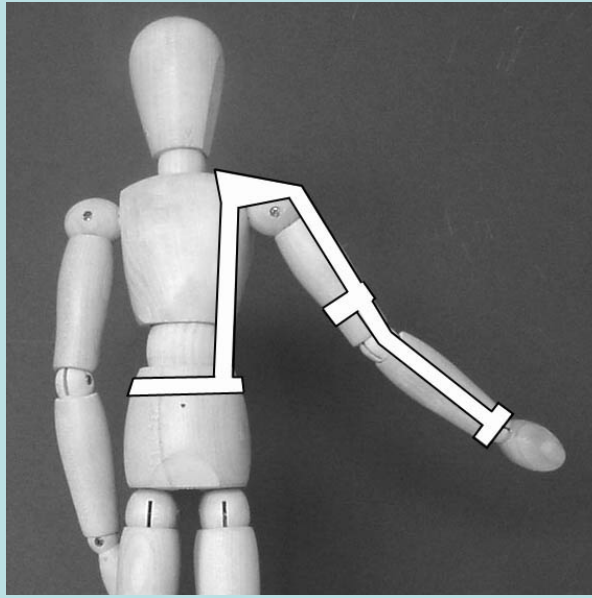
Conceptual design

Mechanism alongside the user's arm



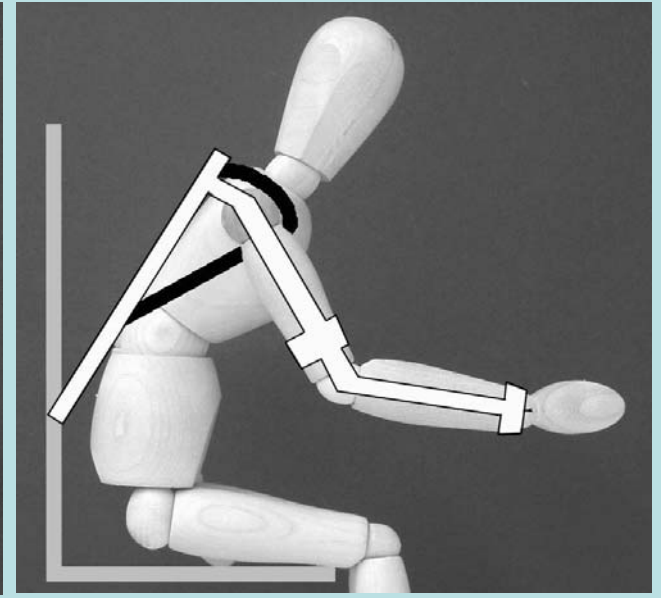
Attached to
wheelchair

**Insufficient
mobility**



Attached to the
user's trunk

**Respiratory
hamper**

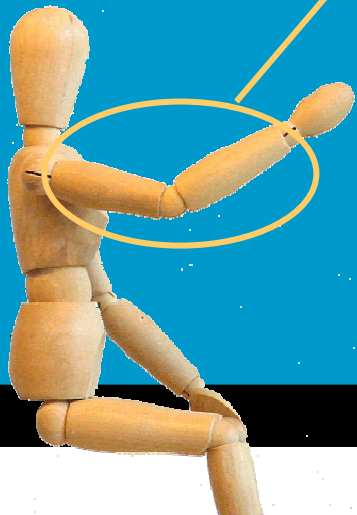
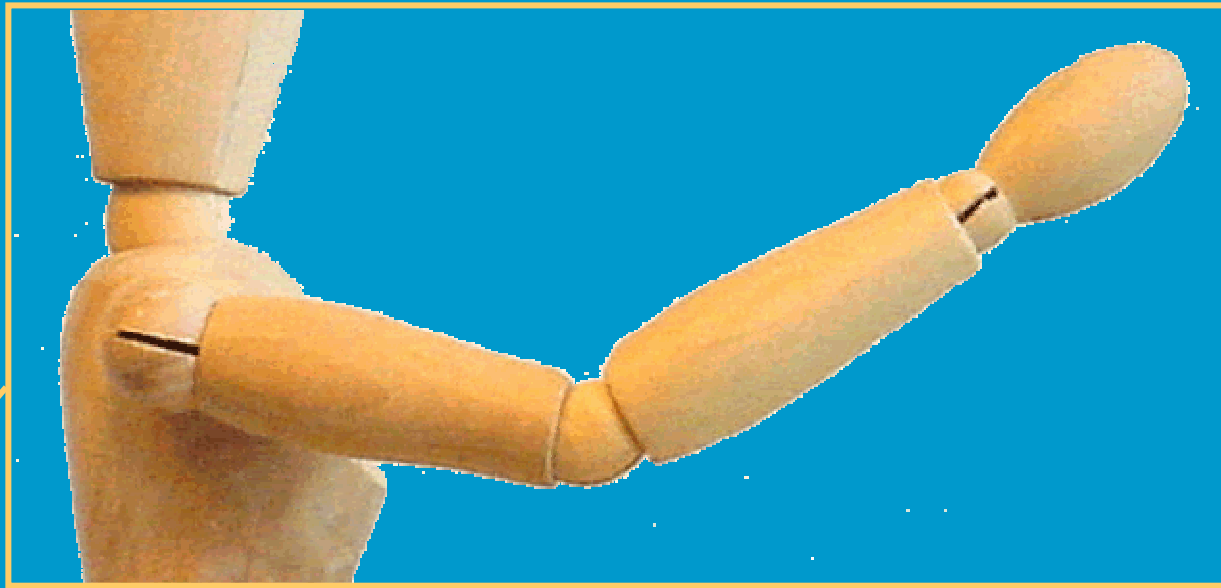


Hybrid form with
additional segment

**Excessive
complexity**

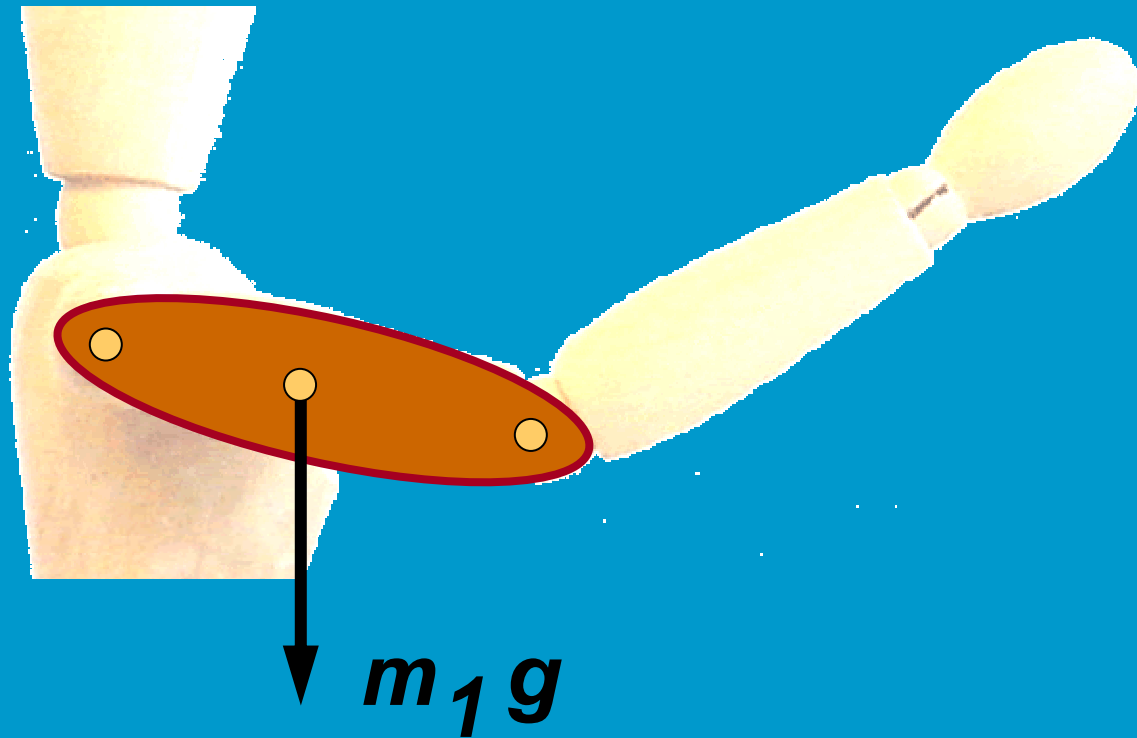
Conceptual design

Force analysis revisited



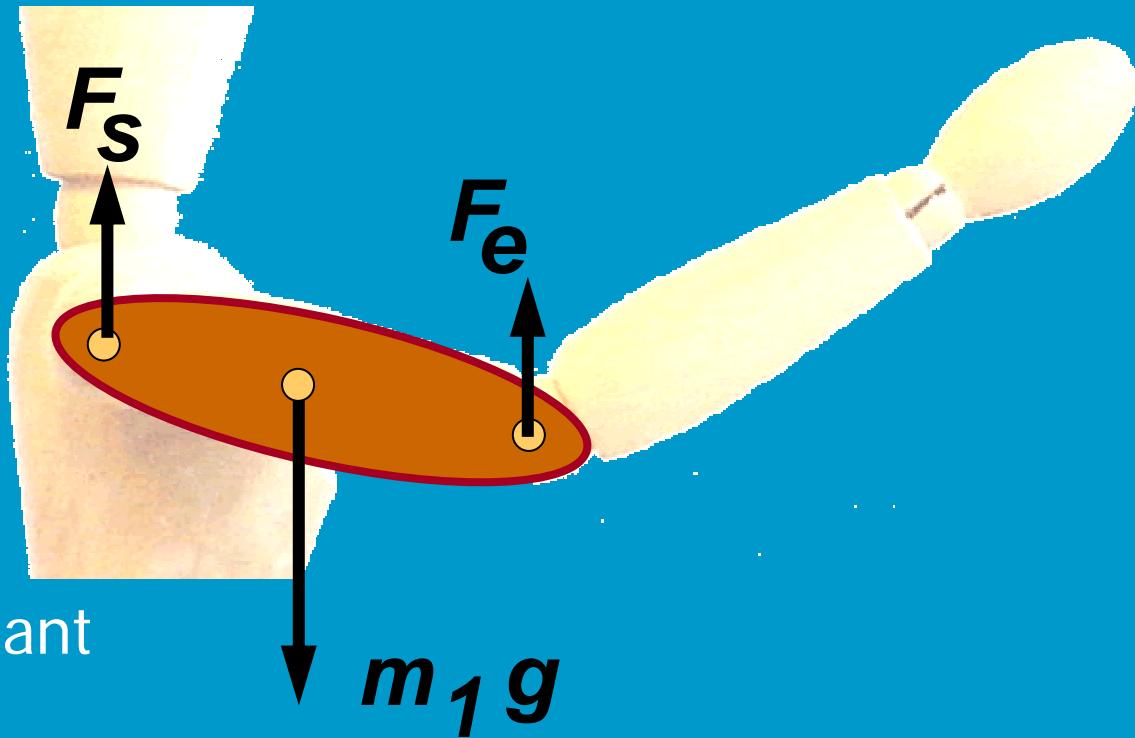
Conceptual design

Force analysis revisited



Conceptual design

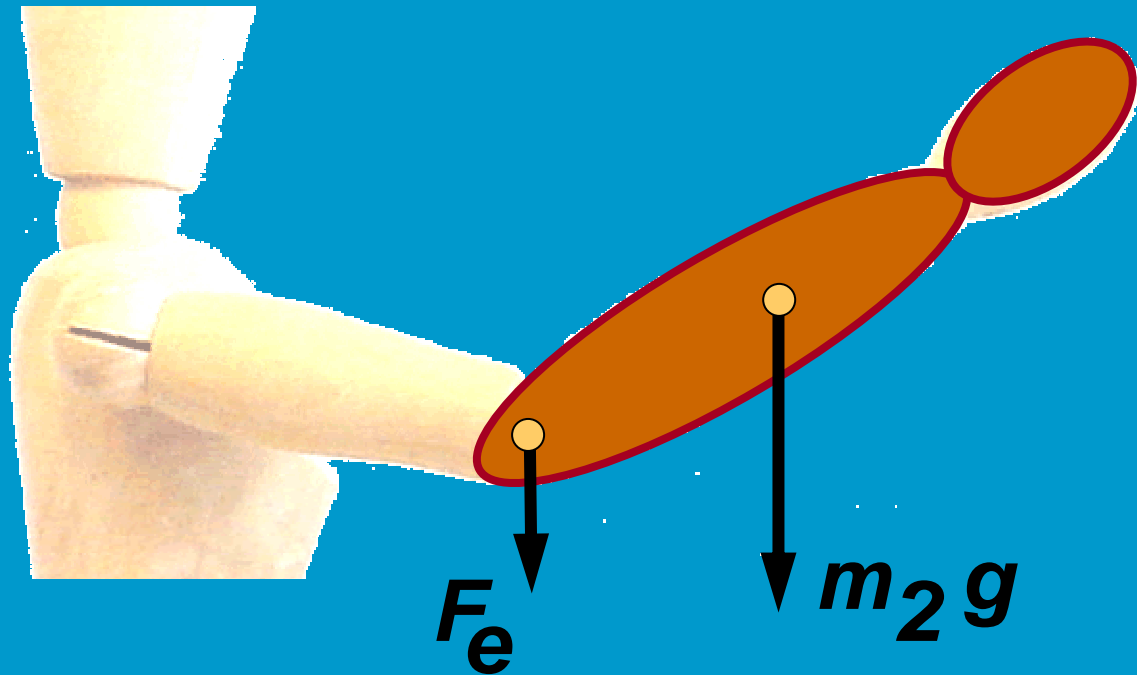
Force analysis revisited



F_e and F_s constant
 F_s by shoulder

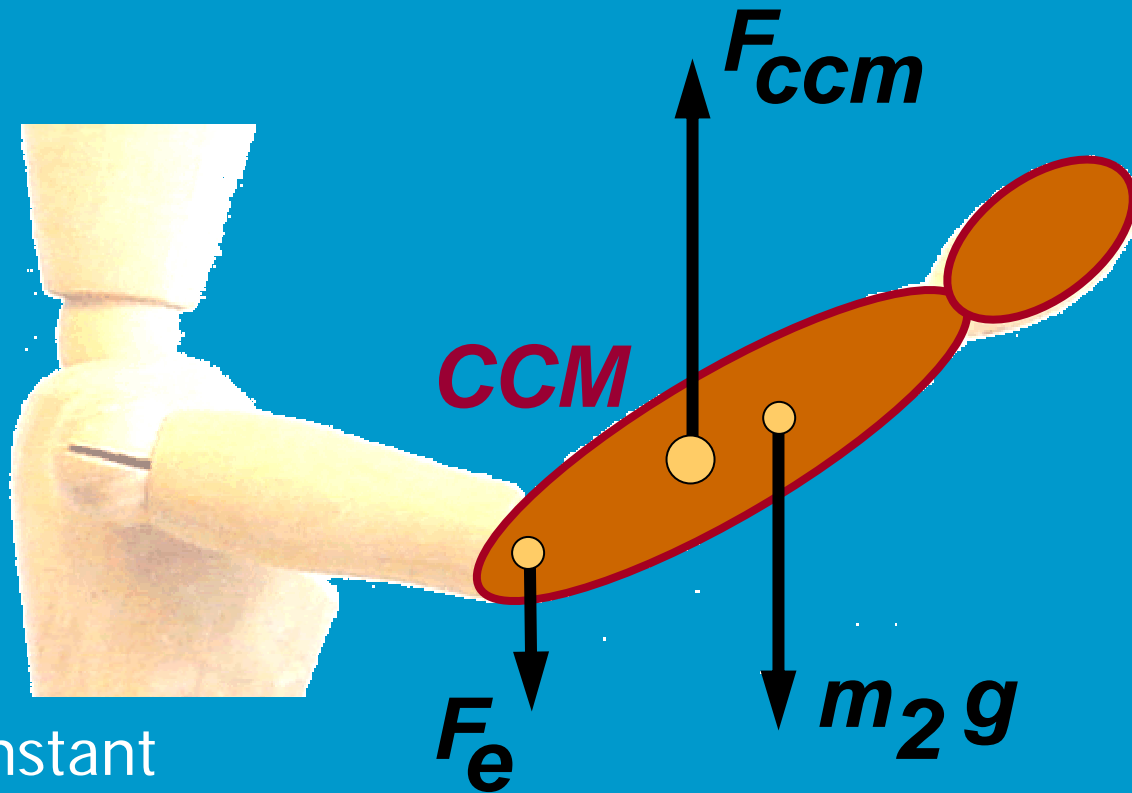
Conceptual design

Force analysis revisited



Conceptual design

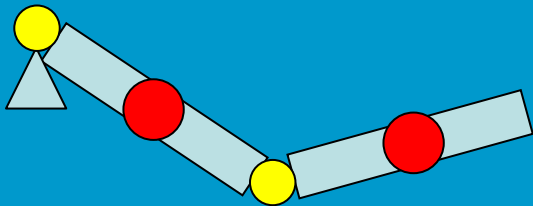
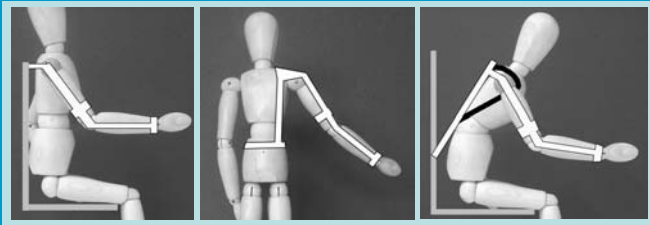
Force analysis revisited



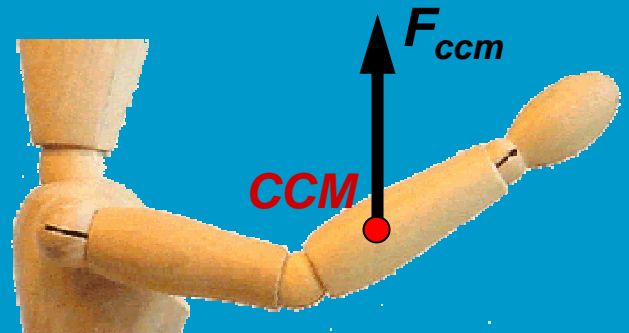
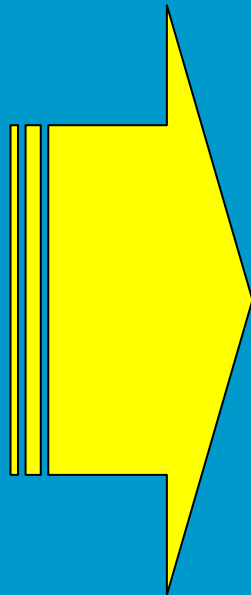
F_e and m_2g constant
 F_{ccm} for complete arm

Biomechanics

Change of Design Paradigm



Balancing 2-link 4DoF arm



CCM

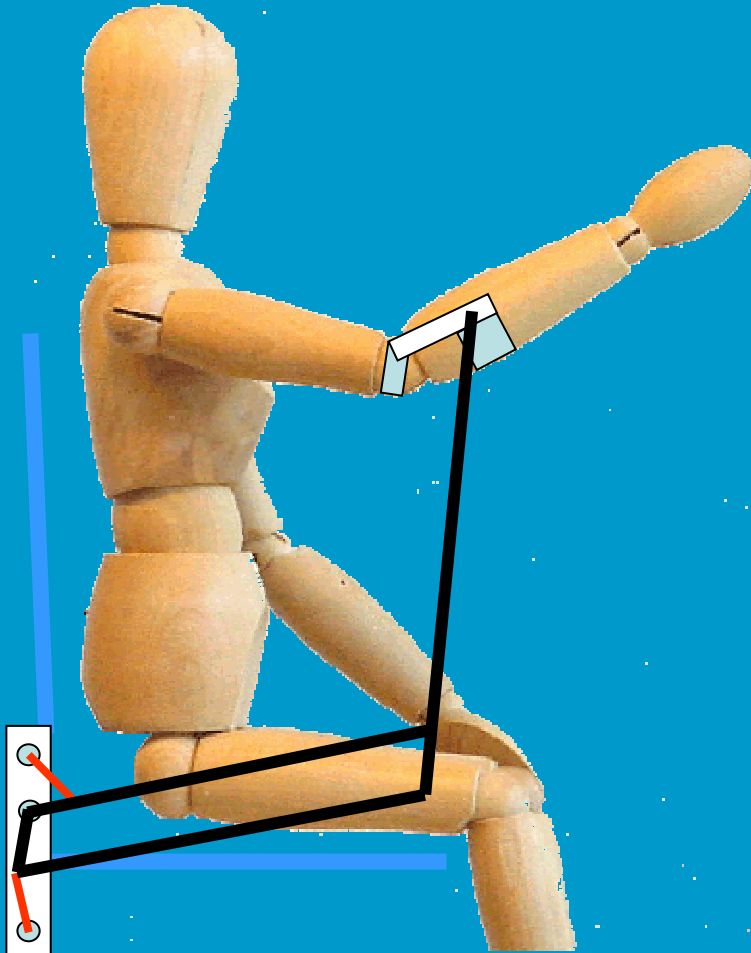
F_{ccm}



Balancing a point mass!

Conceptual design

Based on CCM principle

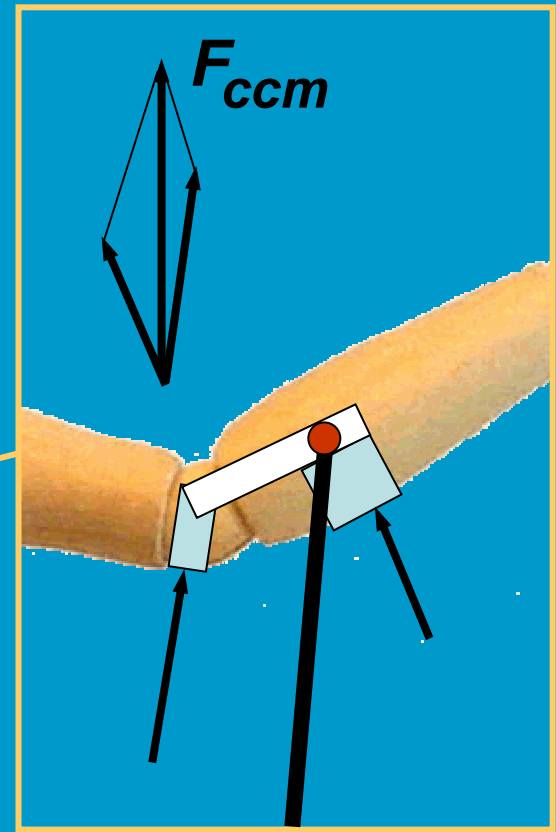
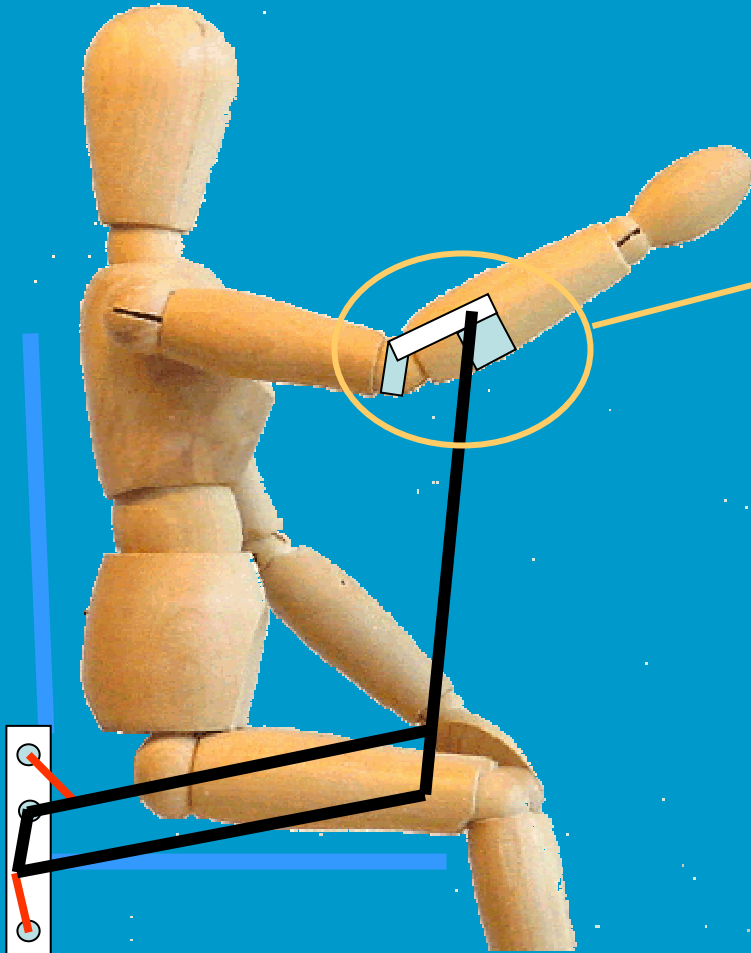


Anglepoise
Desk Lamp
(Carwardine,
1934)

No longer alongside arm
Arm rest maintained
Inconspicuous

Conceptual design

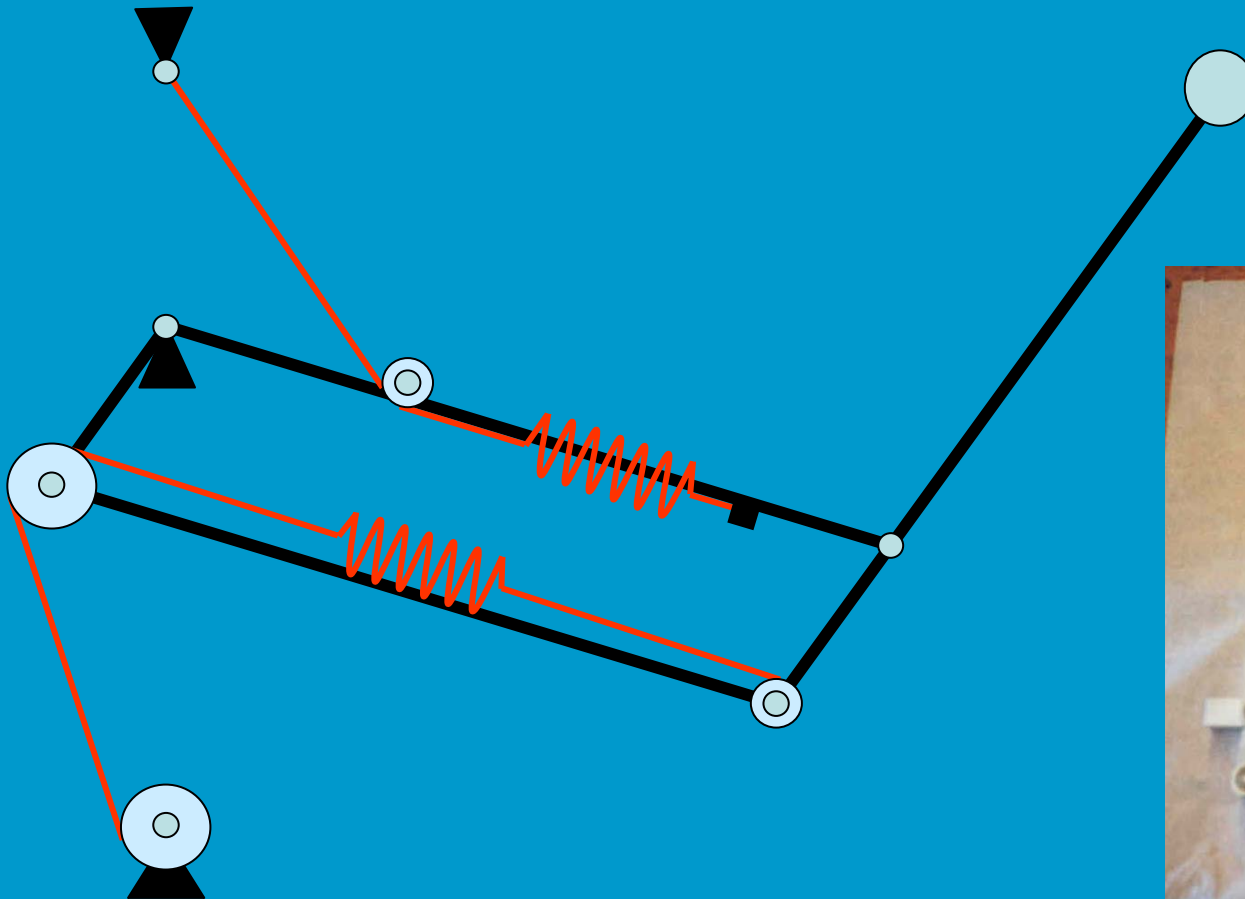
Based on CCM principle



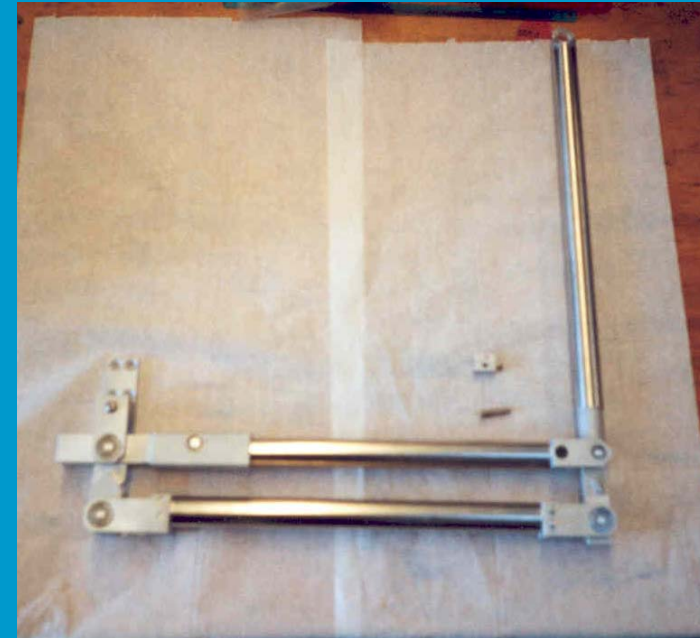
No longer alongside arm
Arm rest maintained
Inconspicuous
Single fitting
Only normal forces

Conceptual design

Working principle

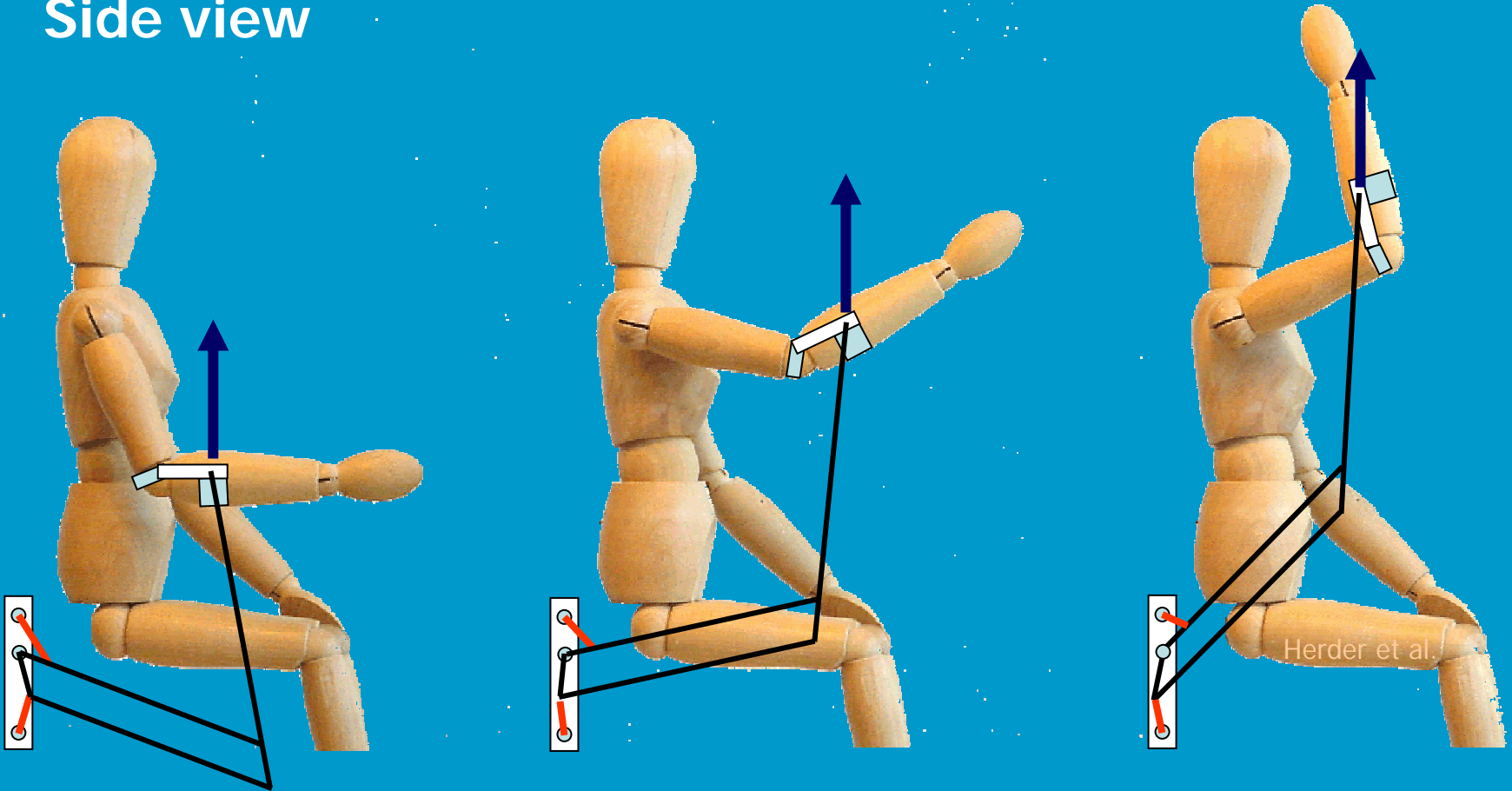


$$mL_1 = r_1 k_1 a_1$$
$$mL_2 = r_2 k_2 a_2$$



Conceptual design

Side view



Anti-gravity system rather than pick-and-place robot

Herder, Tomazio, and Cardoso, 2001

ARMON (Mark I)

Preliminary clinical testing



Herder, Tomazio, Cardoso, Gil and Koopman, 2002

Patent pending

ARMON (Mark I)

Patient performing important ADL with device



Ms B.

Jorine
Koopman



Sergio

Luis

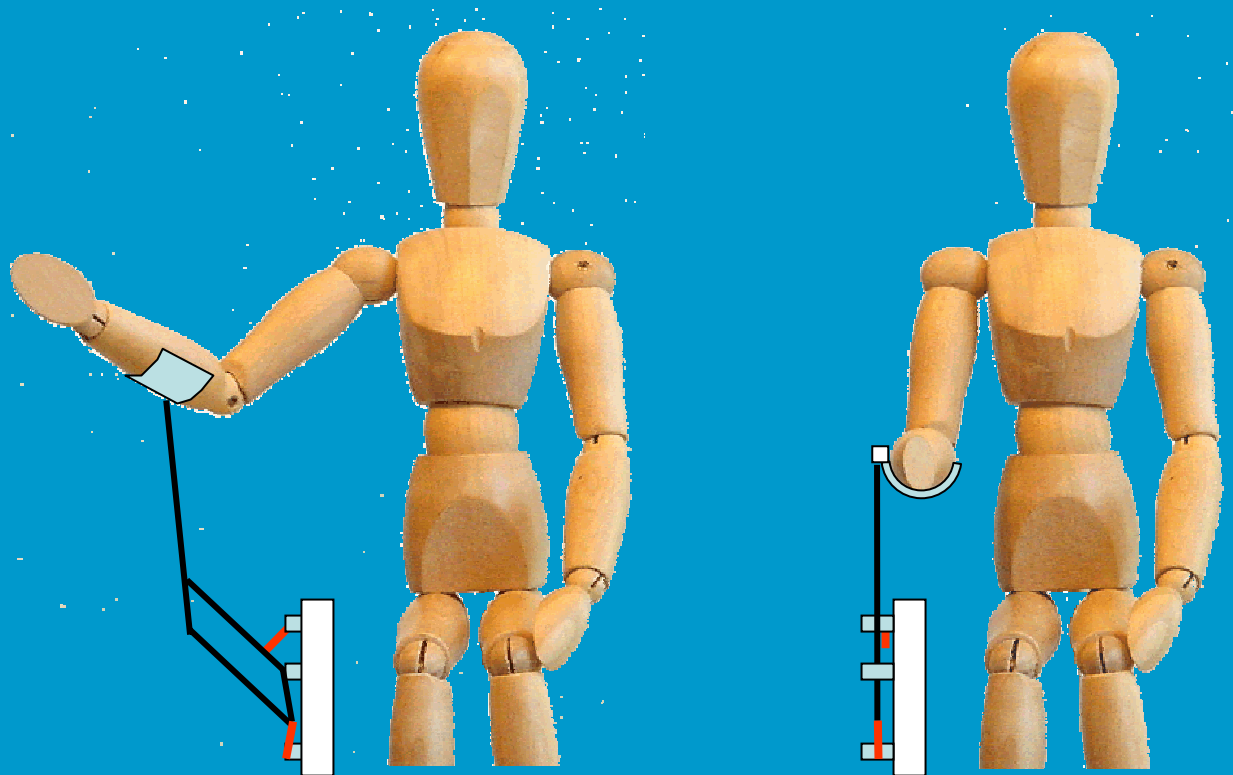
Sergio Tomazio
and Luis Cardoso
receiving the
Premio Engenheiro
Jaime Philipe
award

Herder, Tomazio, Cardoso, Gil and Koopman, 2002

Patent pending

Conceptual design

Frontal view



Preliminary clinical testing

Moving arm sideways



Herder, Tomazio, Cardoso, Gil and Koopman, 2002

Preliminary clinical testing

Moving arm sideways



Herder, Tomazio, Cardoso, Gil and Koopman, 2002

Preliminary clinical testing

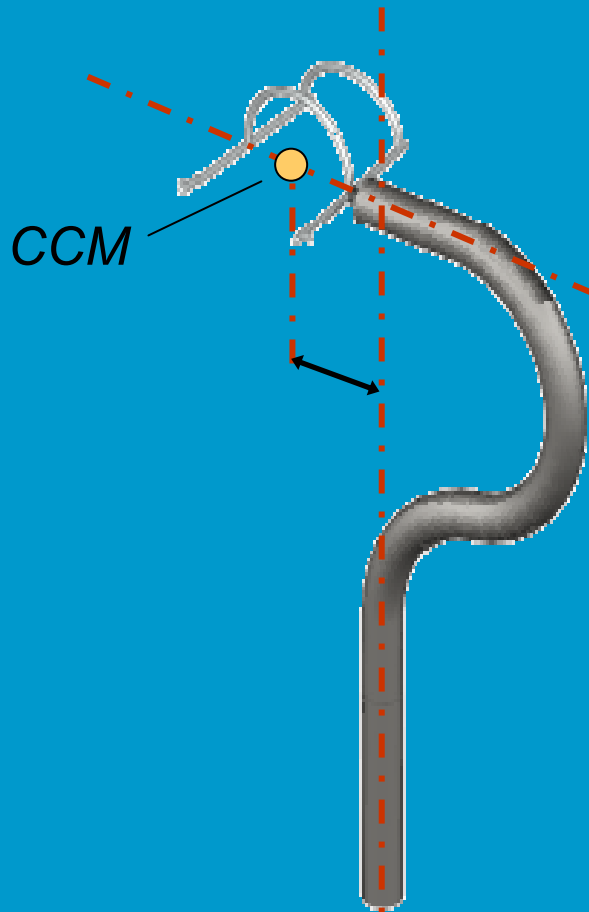
Interference with fixed arm rest!



Herder, Tomazio, Cardoso, Gil and Koopman, 2002

Preliminary clinical testing

Fitting unbalance!



Herder, Tomazio, Cardoso, Gil and Koopman, 2002

Preliminary clinical testing

When very weak: friction!



Herder, Tomazio, Cardoso, Gil and Koopman, 2002

Conclusion Arm Support

Achievements:

- CCM principle works well
- Aesthetics and control highly appreciated

Problems to be solved:

- Interference with fixed arm rest
- Fitting unbalance
- Friction

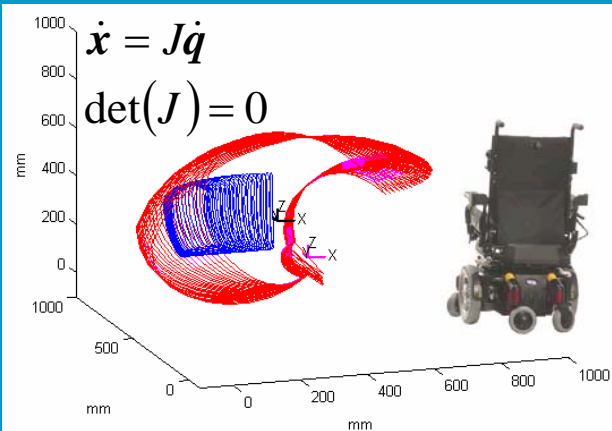
ARMON (Mark II)

Team: 2 ME and 2 IDE students

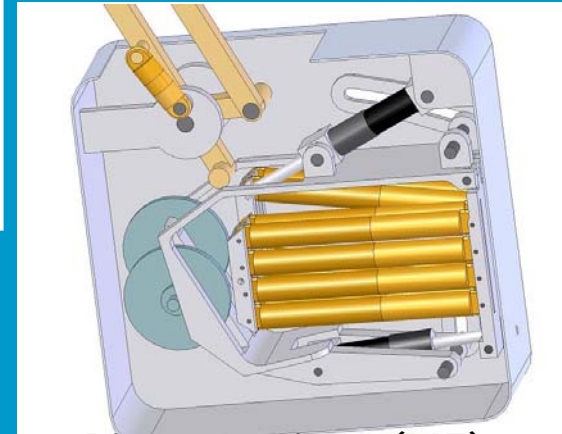


Tonko Antonides (IDE)

Sabine Gal (IDE)



Wendy van Stralen (ME)



Pieter Lucieer (ME)

ARMON (Mark II)

Complete device and close up of fitting



Herder, Stralen, Lucieer, Gal and Antonides, 2004

Patent pending

ARMON (Mark II)

Patients with the device



Herder, Stralen, Lucieer, Gal and Antonides, 2004



TU Delft

Patent pending

ARMON (Mark III)

Testing of pre-production prototype



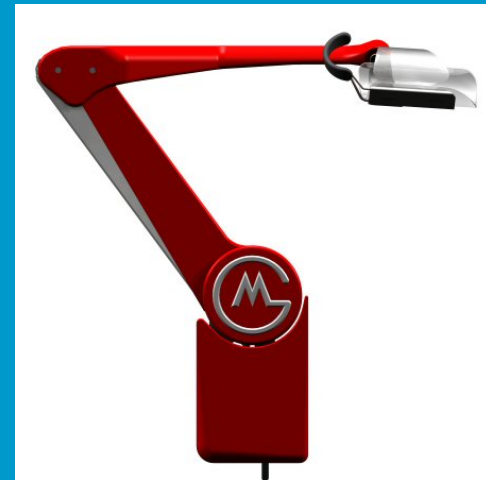
Niels Vrijlandt and Tonko Antonides at work

Herder, Vrijlandt, Antonides, Cloosterman, 2005

Patent pending

ARMON (Mark III)

First commercial product



Herder, Vrijlandt, Antonides, Cloosterman, 2005

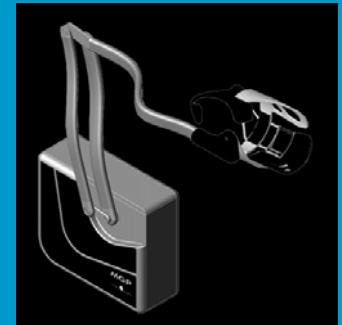
Patent pending

www.microgravityproducts.com

 TU Delft

Development of ARMON

- Mark I:
 - Proof of novel CCM balancing principle
 - Single fitting and aesthetics highly appreciated
- Mark II:
 - Improved range of motion, no interference
 - Actively adjustable gravity balancing
 - Improved appearance and fitting design
- Mark III:
 - Further improved balancing quality and reduced friction
 - Reduced box volume, general sophistication



Thank you for your attention



Eelke drinking a glass of water with ARMON Mark II

Acknowledgment

- **MSc Students:** Sergio Tomazio, Luis Cardoso, Jorine Koopman, Clara Gil Guerrero, Wendy van Stralen, Pieter Lucieer, Sabine Gal, Tonko Antonides
- **Physician:** Imelda de Groot MD
- **Patients:** In total over 12 patients tried the device
- **Patient organization:** Dutch Neuromuscular Disease Association (VSN)
- **Company:** Microgravity Products (MGP), Niels Vrijlandt, Tonko Antonides, Marijn Cloosterman, for manufacturing the prototypes and images.