

## Final Reflection

Lifelong learning is the process of actively looking for continuous personal and professional development, thereby identifying own strengths and weaknesses. Graduates who possess this continuous self-knowledge are most likely to be prepared to enter the labour market because they constantly look for improvement and adapt to different job requirements. To stimulate your continuous self-knowledge, we ask you to reflect on your strengths and weaknesses, and on the contribution of this course to your personal and professional future career.

Tick this box if you give permission to use your reflection for purposes of research and to store it for the duration of this research. This data will be only stored for the purpose of verification or the ability of the researcher to enquire for further information.

Student number: \_\_\_\_\_

1- What do you feel you learned from this course/activity?

2- How will you apply what you have learned in this course/activity in your future student and professional career?

3- Write down one strength that you found out or developed over the course/activity. Give a concrete example of how did you experience that.

4- Write down one concrete point which you would like to improve and explain why?

**Note:**

This document is licensed under a Creative Commons License, CC-BY-SA4.0, except where otherwise noted. Please attribute this work as:

CC-BY-SA4.0 PREFER Project – TU Delft – M. Leandro Cruz and G.N. Saunders-Smits